2-Day Camp Teaches Food Preparation, Nutrition, and Healthy Lifestyle Choices

Kids in the Kitchen is a two-day summer day camp filled with fun and learning sure to increase your confidence related to living a healthy and active lifestyle. Youth will engage in interactive activities to boost their skills in food preparation, nutrition and healthy lifestyle choices, and goal setting. Surrounded by peers, you’re sure to have a lot of fun both in the kitchen and when playing active games. Spice up your summer with Post Rock District’s Kids in the Kitchen Day Camp!

For: Youth entering grades 6-8 in the fall
ALL youth welcome!
Participation Fee: $5
(non-refundable and payable to Post Rock Extension District by cash or check)
Meal: Provided to participants
Registration Deadline: June 2
Register Online: bit.ly/PostRockCamps

June 7 & 8
9:00 AM - 3:30 PM
Osborne County Fairgrounds
245 County Road
Osborne, KS
(785) 346-2521
kimn@ksu.edu
postrock.ksu.edu

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact, Post Rock Extension District, two weeks prior to the start of the event, May 24, 2022, at (785) 346-2521 and tiunderw@ksu.edu. Requests received after this date will be honored when it is feasible to do so.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service
K-State Research and Extension is an equal opportunity provider and employer.