4-H QUIZ BOWL STUDY GUIDE
Post Rock District | 2022-2023 4-H Year
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4-H Quiz Bowl Purpose
The 4-H Quiz Bowl provides an opportunity to learn more about the 4-H organization. While a quiz bowl is semi-competitive, the experience is designed to be a fun, educational opportunity for 4-H members!

Study Guide Directions
Spend time learning about 4-H by conducting research to complete the questions below. Next, use the questions and answers to study and prepare for 4-H Quiz Bowl. Studying can provide fun and learning. You can study individually, with a caring adult, with your friends, or with your team. You might even enjoy using this study guide to test the knowledge of your 4-H club members at a meeting!

Study Guide References
Here is a list of websites and resources to help you complete the study guide! If you have questions, reach out to your local Post Rock District Office.

Kansas 4-H Foundation: https://www.kansas4hfoundation.org/
Kansas 4-H Youth Development: https://www.kansas4-h.org/
K-State Research and Extension: https://www.ksre.k-state.edu/
K-State Research and Extension Bookstore: https://bookstore.ksre.ksu.edu/
Kansas State University – Animal Sciences and Industry: www.asi.k-state.edu/
National 4-H Council: https://4-h.org/
National 4-H Hall of Fame: http://4-h-hof.com/
National 4-H History Preservation Program: https://4-h-historypreservation.com/
Post Rock District: www.postrock.ksu.edu
Rock Springs Ranch: www.rockspringsranch4hcamp.org
USDA National Institute of Food and Agriculture: 4-H and Positive Youth Development: https://www.nifa.usda.gov/grants/programs/4-h-positive-youth-development

Study Guide Questions
1. Green is one of the 4-H colors. Say and correctly spell the second 4-H color?
2. To Make the Best Better is the 4-H ________________?
3. Which officer calls the meeting to order?
4. The 4-H program is introduced by which officer?
5. The new 4-H year begins in the month of _____________?
6. Unscramble these letters to name a 4-H project: efeb.
7. The first campers at Rock Spring Ranch stayed in what?
8. A state leader from what state wrote the 4-H Pledge and it was officially adopted in 1927?
9. What do the four H’s stand for today?
10. In the 4-H Pledge, what does Head represent?
11. Which of the following comes last in the order of business: Pledges, Roll Call, or New Business?
12. Who developed the clover pin with an H on each leaf in 1910?
13. Which officer calls roll and takes minutes?
14. What two flags should be present at all 4-H meetings?
15. If the President would like everyone to stand up, how many times should the gavel be tapped?
16. What kind of presentation shows how to do something and its purpose is to teach?
17. How many leaves did the original 4-H clover have? What did the H's stand for?
18. Unscramble these letters to name a 4-H club office: rpoterer.
19. The Vice President calls the meeting to order if this officer is not at the meeting.
20. How many times should the president tap the gavel to call the meeting to order?
21. Unscramble these letters to spell this group of adult people present at your 4-H Club: dlereas.
22. Kansas 4-H Cloverbud program is available for kids who are what ages?
23. Kansas 4-H membership is open to youth between the ages of what?
24. What is the 4-H Slogan?
25. A.B. Graham started 4-H in what year?
26. The first club was called?
27. A.B. Graham started 4-H in what city and state?
28. In what year was the 4-H pledge changed to include "my world."
29. What is the 4-H Pledge?
30. What is a 4-H Spin Club?
31. National 4-H Week is held during this month?
32. What three officers should sit at the main officer table at 4-H Club Meetings?
33. Which officer manages the club finances?
34. In the order of business what comes first?
35. What club officer should take pictures at club events and make a club scrapbook?

36. What county wide organization is made up of 4-Hers, leaders from each club and helps plan county 4-H events and activities?

37. The very first collegiate 4-H club started in 1916 at ________________ State University.

38. The first use of the term "4-H Club" appeared in 1918 on a federal bulletin written by?

39. This Kansas 4-H event is held the weekend after National 4-H Week.

40. 4-H is a youth organization whose mission is?

41. When was the first Kansas Youth Leadership Forum held?

42. Where is the location of the National 4-H Center?

43. The 4-H Color that represents "youth, life, and growth" is?

44. Approximately how many Post Rock District 4-H members are there?

45. 4-H is a program for kids who live where?

46. How many times has the motto been changed since it was adopted in 1927?

47. If a quorum is not met, what cannot take place?

48. Unscramble these letters to name a 4-H project: logeogy.

49. In the 4-H pledge what does Heart represent?

50. If there is a tie, what person can vote to break the tie?

51. What event during the summer do you enter projects locally to showcase your 4-H work?

52. Name three of the six 4-H projects or phases of projects that start with the letter R.

53. Name the event where 4-Hers visit each other's home to learn about each other's 4-H projects.

54. Which way does the 4-H clover stem point?

55. Unscramble these letters to name a 4-H project: nogetmlooy.

56. On June 16, 1959, President ________________ presided over the opening ceremonies for the National 4-H Center, which quickly became the national home for 4-H.

57. How many different projects does Kansas 4-H offer?

58. Name two things that one tap of the gavel would mean?
59. What was the last county to join the Post Rock District?
60. What is an Illustrated Talk?
61. Carrie Harrison proposed what popular 4-H saying?
62. Which presentation can only be given by 4-H members who are ages 7-12 before January 1 at District 4-H Club Day?
63. Unscramble these letters to name a phase of the shooting sports project: gnuthos.
64. As a 4-H member you can receive one achievement pin each year at the Achievement Ceremony. What is the name of the first pin you can receive?
65. Name 3 phases of the Fiber Arts Project.
66. What did the original four H's stand for?
67. Many years ago, the girls' 4-H uniform was what?
68. What is the 4-H Motto?
69. A.B. Graham started 4-H in what year and state?
70. What was the first emblem used nationally?
71. Who wrote the 4-H pledge in 1927?
72. Unscramble these letters to name a 4-H project: neeyrg aamnmtgeen.
73. The Post Rock District is made up of what counties?
74. The first use of the term "4-H Club" appeared in 1918 on a federal bulletin written by?
75. In what year was the first 4-H club formed?
76. What year was the first 4-H camp held at Rock Springs Ranch?
77. This Kansas state-wide event is held at Rock Springs Ranch in November.
78. In what year did J. Harold Johnson become the first full time 4-H agent in Kansas?
79. In what year did Kansas 4-H clubs purchase Rock Springs Ranch?
80. What year was the clover officially adopted as the 4-H symbol?
81. How many acres does Rock Springs 4-H Camp consist of?
82. Unscramble these letters to name a 4-H project: bbitrsa.
83. Who is the current state 4-H leader?
84. How much is the annual State of Kansas 4-H Program Fee for each member?
85. The fourth leaf on the 4-H clover emblem stood for hustle before it was changed to what?
86. When was the first Kansas Youth Leadership Forum held?
87. National 4-H Week is held during this month?
88. What is a Cloverbud?
89. A set of principles which 4-H members live by are incorporated in what?
90. Name at least two project areas you can learn about Kansas as a 4-H member?
91. This 4-H event allows 4-H members to showcase their talents in public speaking and arts?
92. When does the 4-H year begin?
93. There are ten phases in the shooting sports project. Name six of them.
94. What is the month and day that your 4-H age is determined by?
95. What item is used in meetings as a symbol of authority?
96. Placing a motion on the table means what?
97. How many times do you rap the gavel to have the group rise?
98. Who wrote Robert's Rule of Order?
99. In what year was the first 4-H Round-Up held at K-State?
100. Name the two officers who sign the minutes of the meeting?
101. Which of the four H's represents self-discipline and integrity.
102. There are seven 4-H projects or phases of projects that start with the letter "P". Name three of them.
103. Name the two types of talks whose purpose is to teach?
104. There are six projects or phases of the project that start with the letter "F". Name three of them?
105. What is the name of the dining hall at Rock Springs Ranch?
106. Why would you tap the gavel two times?
107. What is the Slogan of the National 4-H Marketing campaign?
108. Which officer should make sure that everyone gets to serve on a committee at some point during the year?
109. Which officer should thank the people who provide the program at the club meeting?

110. How many main motions should the chairperson entertain at a time?

111. What natural water source is found at Rock Springs?

112. What age must a 4-Her be before January 1st to exhibit at the State Fair?

113. Which land grant college is home to the state 4-H office.

114. In the 4-H pledge, hands stand for larger service. What does "health" stand for?

115. __________________________ started a youth program in Clark County, Ohio in 1902.

116. Jessie Field Shambaugh developed the clover pin with an H on each leaf in what year?

117. The 4-H __________________________ was developed in Wyoming in 1918 and later adopted nationally.

118. Unscramble these letters to name a 4-H project: nnnevtmrnia nceesi.

119. Boys and Girls Club became known as 4-H in what year?

120. Unscramble these letters to name a phase of the shooting sports project: gnuthos.

121. The 4-H name and emblem have United States federal protection under federal code 18 U.S.C. 707, passed in __________.

122. These protections place the 4-H emblem in a unique category of protected emblems, along with the U.S. Presidential Seal, and __________________________.

123. In what year did Kansas lead in the number of musical 4-H organizations with 10 orchestras and 5 bands.

124. In what year did the National 4-H Council partner with EMI Music to create "Clover County: Songs from Famous 4-H Alumni"- the first-of-its-kind country music compilation CD?

125. What year was the clover pin developed with an H on each leaf?

126. Congress passed the Smith-Lever Act in what year?

127. When Congress passed the Smith-Lever Act, they created the __________________________ ______________ at USDA.

128. The National 4-H Center near Washington D.C. operated from 1959 to __________ to assist the National 4-H Council in serving the country.

129. In 1948 a group of American young people went to Europe and a group of Europeans come to the United States on the first ________________.

130. In 1952 4-H celebrated its 50th anniversary and a __________________________ was issued.

131. 4-H members and leaders live in all 50 states and in __________ other countries around the world.
132. What is the official 4-H emblem?

133. What is a 4-H Community Club?

134. What is School Enrichment?

135. What are the four parts of a club meeting?

136. What does the President do?

137. What does the Vice President do?

138. What does the Secretary do?

139. What does the Treasurer do?

140. What does the Reporter do?

141. What does the Song Leader do?

142. What is the Danish system of judging?

143. What does the White ribbon stand for?

144. What does the Red ribbon stand for?

145. What does the Blue ribbon stand for?

146. What does the Purple ribbon stand for?

147. What is the name of the 4-H Camp south of Junction City?

148. Where are Discovery Days held?

149. How many animal science projects are there and the projects names?

150. What do these letters spell? ALRACUHTECTIR KBCLO CNOONISTTVRU.

151. Name 5 projects that start with an S?

152. What project has a $10 participation fee in the Post Rock District?

153. What project has to do with rocks?

154. What award is one of the highest honors awarded to 4-H members across Kansas?

155. What award recognizes 4-H members as they reach milestones throughout their 4-H Journey?

156. What is the 4-H event called when we see how much we can give back to our Kansas communities over the course of one weekend?
157. What is the 4-H event called when the Kansas youth learn how the state legislative process works and how their voice and participation in decision-making can make a difference in their local communities?

158. What 4-H road trip takes you across the USA stopping to see Philadelphia, Gettysburg, the Livery Bell, and more?

159. What does KYLF stand for?

160. What 4-H event is a working conference in which youth and adults, at the invitation of the Secretary of Agriculture, assist in the development of recommendations to help guide 4-H Youth Development programs nationally and in their communities?

161. What 4-H event is the annual trip for Kansas Project Award winners in a recognition, educational, cultural, and community service experience held in Atlanta Georgia?

162. What does one tap of the gavel indicate?

163. What are the four basic principles of Parliamentary Procedure?

164. What is the order of the 4-H agenda items during the business part of a meeting?

165. What do you want to include when introducing a program/presenter?

166. What does EIN stand for?

167. What is Fishbowl?

168. What are the age categories for the Kansas 4-H project record forms?

169. What are the two forms names that we use to fill out the Kansas 4-H project record?

170. What is the name of the online Record Keeping Software members can use for Kansas 4-H record keeping?

171. What four items must be submitted for county-level project record evaluation as outlined on the Kansas 4-H Project Recognition Check Sheet?

172. Achievement pin applications must be submitted at the end of the 4-H year. After review, awards are announced at what county event?

173. What website can I go to and find helpful information about Post Rock District 4-H events and activities?

174. It is important to closely read this important resource for Post Rock District 4-H members which is emailed monthly to members contact information submitted in 4-H Online.

175. What award of white, red, blue, or purple recognizes a Post Rock District 4-H community club at the conclusion of each participation year based on the events and activities accomplished throughout the year?

176. The 4-H ________________ is the only document that officially recognizes a 4-H club. It is a symbol of recognition as a 4-H club. It is a symbol of recognition as a 4-H club that subscribes to the Kansas 4-H Youth Development Program.
177. What towns are Post Rock District offices located in?

178. K-State Research and Extension is a short name for what?

179. Post Rock District was formed in what year?

180. Post Rock District is governed by elected board members representing each county in the District. How many board members serve on this governing board?

181. It is important to keep updated contact information like emails and phone numbers recorded in what database for 4-H correspondence?

182. What building on the Kansas State University campus in Manhattan is the state office of Kansas 4-H located?

183. What Kansas community hosts the annual Kansas State Fair?

184. The Kansas State Fair is a 10-day event that begins the first Friday after what holiday?

185. The values of 4-H are at the core of summer camp at this location in Kansas. These values guide all of the youth programming. It is believed the lessons learned here can create a foundation for success that will last far beyond their visit.

186. What do we call the 4-H livestock shows that are part of the Kansas State Fair?

187. What is the national, multi-species youth livestock quality assurance program recognized by Kansas 4-H?

188. KJLS stands for what?

189. This group of youth are elected by their peers from the four regions of Kansas 4-H. The elected representatives provide valuable youth voices, leadership, and assistance to Kansas 4-H events and activities throughout each program.

190. Give an example of a judging contest that can be participated in through 4-H?

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**Study Guide Answers**

1. White
2. Motto
3. President
4. Vice President
5. October
6. Beef
7. Tents
8. Kansas
9. Head, Heart, Hands, Health
10. Clearer Thinking
11. New Business
12. Jessie Field Shambaugh
13. Secretary
14. 4-H and American
15. Three
16. Demonstration
17. Three – Head, Heart, Hands
18. Reporter
19. President
20. Two
21. Leaders
22. 5 and 6
23. Between 7 and 19 by January 1 of the current year
24. Learn by doing
25. 1902
26. The Tomato Club and The Corn Growing Club
27. Springfield, Ohio
28. 1973
29. I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service, and my Health to better living, for my club, my community, my country and my world.
30. A special interest club has four or more young people ages between 7 and 19 by January 1 of the current year gather with a volunteer, for at least six sessions to focus on the special interest topic.
31. October
32. President, Vice President, Secretary
33. Treasurer
34. Roll Call
35. Historian
36. 4-H Council
37. Oklahoma
38. Gertrude L. Warren
39. 48 Hours of 4-H
40. Engaging youth to reach their fullest potential while advancing the field of youth development.
41. 2001
42. Chevy Chase, Maryland
43. Green
44. 400
45. farms, small towns, cities
46. 0 zero
47. Voting
48. Geology
49. Greater Loyalty
50. President
51. County Fair
52. Reading, Rabbits, Recreation, Robotics, Rocketry, Rug Making
53. 4-H Club Tour
54. Right
55. Entomology
56. Dwight D. Eisenhower
57. 36
58. The end of the meeting, the completion of a business item, or members can be seated.
59. Smith
60. Tells how to do something
61. 4-H Motto
62. Project Talk
63. Shotgun
64. Membership Pin
65. Crochet, Knitting, Needle Arts, Patchwork & Quilting, Rug Making, Spinning, Weaving, Ethnic Arts, Macramé
66. Head, Heart, Hands, Hustle
67. Green dress trimmed in white
68. To make the best better
69. 1902 in Ohio
70. The Three-Leaf Clover
71. Otis Hall
72. Energy Management
73. Jewell, Lincoln, Mitchell, Osborne, and Smith
74. Gertrude L. Warren
75. 1902
76. 1946
77. Kansas Youth Leadership Forum or KYLF
78. 1927
79. 1945
80. 1908
81. 735
82. Rabbits
83. Sarah Maass
84. $15.00
85. Health
86. 2001
87. October
88. A 4-H member who is 5 or 6 years old. Engage as a participant (no competition) to experience positive youth development and learn about 4-H opportunities.
89. 4-H Constitution
90. Wildlife, Citizenship, Environment Sciences, Geology, and Plant Science
91. 4-H Days
92. October
93. BB, Air Pistol, Archery, shotgun, Hunting Skills, Muzzle Loading, Small Bore Rifle, Small Bore Pistol, Western Heritage
94. January 1st
95. Gavel
96. That it will be discussed later
97. Three
98. Henry Robert
99. 1923
100. President & Secretary
101. Heart
102. Performing Arts, Pet, Photography, Plant Science, Poultry, Power of the Wind, Patchwork
103. Demonstration & Illustrated Talk
104. Family Studies, Family, Food & Nutrition, Fiber Arts, Forestry, Field Crops
105. Williams Dining Hall
106. To call the meeting to order
107. 4-H Grows Here
108. President
109. Vice President
110. One
111. Spring Water
112. 9
113. Kansas State University
114. Better Living
115. A.B. Graham
116. 1910
117. Creed
118. Environmental Science
119. 1912
120. Shotgun
121. 1939
122. Smokey the Bear
123. 1930
124. 2008
125. 1902
126. 1914
127. Cooperative Extension System
128. 2021
129. International Farm Youth Exchange
130. US commemorative stamp
131. 82
132. The four-leaf clover
133. A group of youth with adult leaders under the sponsorship of K-State Research and Extension. Clubs hold monthly meetings with a planned program. Club activities can include demonstrations, project work, community service, and social events.
134. A learning experience presented or coordinated by extension personnel with school officials as part of school classroom activities.
135. 1) Opening: Call to Order, Pledge of Allegiance, and 4-H Pledge 2) Business: Roll Call, Secretary's Report, Treasurer's Report, Committee Reports, Old Business, and New Business 3) Education:
Program, Demonstrations, and Guest Speakers

4) **Fun:** Recreation, Songs, Skits, Refreshments, and Entertainment

136. Preside over the business meeting, keep members involved and discussions organized.
137. Vice President leads in the president's absence, introduces guests, and is the program chair.
138. The secretary writes meeting notes, keeps attendance records, maintains the secretary's book, and keeps track of all communications.
139. The treasurer takes care of the club's money, pays bills, keeps and an accurate account of the club's financial review.
140. The reporter sends news stories to local newspapers and/or radio stations and plans social media platforms.
141. The song leader leads the group in singing.
142. It is the method of evaluation in which a 4-H exhibit or process is evaluated against a set of standards and awarded on the degree to which the standard has been met.
143. Fair, denotes much improvement needed and fails to meet minimum standards.
144. Good, some improvements are needed and meets minimum standards.
145. Excellent, minor improvements are needed, exceeds minimum standards.
146. Superior, outstanding on all standards.

147. Rock Springs Ranch
148. Kansas State University campus in Manhattan
149. 12: Beef, Dairy Cattle, Dairy Goats, Dog Care and Training, Horse, Meat Goats, Pet, Poultry, Rabbits, Sheep, Swine, and Veterinary Science
150. Architectural Block Construction
151. Shooting Sports, Sport Fishing, Sheep, Swine, Self-Determined, and Small Engines
152. Shooting Sports
153. Geology
154. Kansas 4-H Key Award
155. Achievement Pins
156. 48 Hours of 4-H
157. Citizenship in Action
158. Citizenship Washington Focus
159. Kansas Youth Leadership Forum
160. National 4-H Conference
161. National 4-H Congress
162. Members need to find a seat to begin the meeting, it signals the completion of a motion and announces adjournment.
163. 1. Justice and courtesy for all 2. One thing at a time 3. Majority rules 4. Allow the minority to be heard
164. Call to order, Pledge to the U.S. and 4-H flags, Roll Call, Reading of the minutes, Approval of the minutes, Correspondence, Treasurers report, Other officer reports, Committee reports, Unfinished (old) business, New business, and Adjournment
165. The presenter's name, a little about his or her background, and the title or subject matter of the presentation.
166. Employer Identification Number
167. A few club members are to sit in a circle of chairs in the middle of the room and talk about things they would like to do or accomplish in 4-H
168. Junior, Intermediate, and Senior
169. General Report Form and Animal Report Form
170. ZBOOKS
171. Record Book Check Sheet, Personal Information Page, Kansas 4-H Project Record form, Kansas 4-H Permanent Record
172. Achievement Celebration or Achievement Ceremony
173. Post Rock District - www.postrock.ksu.edu
174. Post Rock District 4-H Newsletter
175. Club Seal
176. Charter
177. Beloit, Lincoln, Mankato, Osborne, and Smith Center
178. Kansas State University Agricultural Experiment Station and Cooperative Extension Service
179. 1994
180. 20 or 4 from each county
181. 4-H Online
182. Umberger Hall
183. Hutchinson
184. Labor Day
185. Rock Springs Ranch
186. The Grand Drive
187. Youth for the Quality Care of Animals (YQCA)
188. Kansas Junior Livestock Show
189. Kansas Youth Leadership Council