State & District 4-H News

4-H ONLINE ENROLLMENT OPEN
It is time to enroll in 4-H for the October 1, 2020-September 30, 2021 program year! You need to do so through 4-H Online by following the renewal or new family steps in the Family Enrollment Guide. Complete enrollment from a computer to minimize errors. Returning members will need to re-enter their club and any projects previously taken. You are welcome to come use a computer at any of our offices. Reach out if you have any questions. Enroll by November 1st to avoid missing out on any opportunities!

CLUB COMMUNICATIONS PROJECT—SIGN UP BY OCTOBER 9
Kansas 4-H Youth Development specialists will offer a series of webinars to train club volunteers to utilize six lesson plans with their 4-H members. One curriculum booklet (National 4-H Council’s 4-H Communications Curriculum, Module 1) will be provided for each participating 4-H club. Club leaders and other club volunteers will be strongly encouraged to facilitate lessons during their monthly club meetings as part of their educational program time. This will enhance and ensure hands on learning, youth engagement and communications skill building for all club members. Post Rock District 4-H Staff will also provide support to participating clubs.

Review the Communications Project Leader Position Description for details such as time required, dates, and more on the Kansas 4-H website. Register online at https://kstate.qualtrics.com/jfe/form/SV_5hxQG7BJ1c0S7hH by October 9.

KANSAS YOUTH LEADERSHIP FORUM—VIRTUAL EXPERIENCE
The dates for the Kansas Youth Leadership Forum (KYLF) are Saturday, November 21 and Sunday, November 22. Components will include a speaker, election of the new council, workshops, small groups, and some fun! Sessions are planned as follows: Saturday 9 a.m. to noon session; Saturday 1:45 p.m. to 4 p.m. session; Sunday 1:30 p.m. to 4:30 p.m. session. Register by November 10 at the Kansas 4-H website.

48 HOURS of 4-H—OCTOBER 10-11
Join Kansas 4-H in a statewide effort to give back to our communities on October 10-11! The weekend after National 4-H Week is the perfect opportunity to setup a service project. Invite your friends, clubs, adult volunteers and 4-H Alums too! Please register your projects and then follow up with a report so we know about all the great things that happened across the state. Register at the Kansas 4-H website under What’s Hot.

OFFICER TRAINING—VIRTUAL EXPERIENCE
Nora Rhoades is working on a virtual opportunity this fall to train 4-H Club Officers. Information will be shared soon at PRD 4-H Insider Experience. Be sure to join the district-wide Facebook group for all the details!
CLUB CORNER—RESOURCES FOR LEADERS
Kansas 4-H has a lot of great tools and resources to support you in your role as a club leader and volunteer. We appreciate you creating a rich and vibrant 4-H club experience for members and their families. Check out the 4-H Club Corner under resources on the Kansas 4-H website.

4-H DOG CONFERENCE and QUIZ BOWL—VIRTUAL EXPERIENCE
The 2020 State 4-H Dog Conference and Quiz Bowl will be hosted as a virtual event on November 6, 7, and 8. Participants in the event will have the opportunity to engage with experts on dog care and training through live presentations and question and answer sessions. Content will also be available in recorded form after the event. Registration will be opening soon through the Kansas 4-H website. Participation is free. During registration youth may choose to take part in a 4-H Dog Quiz which will be done on an individual basis instead of the traditional team quiz bowl.

4-H AMBASSADORS—COMING TO PRD IN 2021!
We are excited to share that the Post Rock District will soon have an amazing district-wide leadership opportunity for older youth... 4-H Ambassadors! Through this experience, 4-H Ambassadors will have the opportunity to learn, practice and prove leadership, communication and career skills. Nora Rhoades is developing the program with plans to kick-off in 2021. Watch for details in future newsletters.

SHOOTING SPORTS
The Post Rock District’s shooting sport program follows the policies and practices outlined by Kansas 4-H. (Your 4-H age must be 8 or older to enroll in Shooting Sports.) Currently, youth are only eligible to enroll in the shotgun discipline within the Post Rock District because we do not have certified instructors in any other disciplines. If you are interested in other disciplines, reach out to Nora Rhoades to discuss participation options. Remember that all Post Rock District shooting sports participants have a $10 fee due to the extension office after enrolling in at least one discipline on 4-H Online. This fee covers annual certification expenses of the District’s program.

If you know of an adult interested in completing the certification training to become an instructor, contact Nora Rhoades as soon as possible. There is a Kansas 4-H shooting sports instructor training scheduled this fall, so it is important to begin the comprehensive certification process soon. Kansas 4-H has the following disciplines that an instructor can become certified in: archery, BB, hunting skills, muzzleloader, air pistol, smallbore pistol, air rifle, shotgun, and western heritage. Not all disciplines are offered at the fall training.

CELEBRATE YOUR PASSION FOR 4-H ON SOCIAL MEDIA DURING NATIONAL 4-H WEEK OCTOBER 4 – 10
National 4-H Week provides the opportunity to promote and share the far reaching and life-long impact of 4-H on youth and their families. Post Rock District 4-H is encouraging parents, leaders, members, alumni and supporters to share your passion for 4-H and 4-H experiences through social media accounts during National 4-H Week, October 4 – 10. Encourage your 4-H friends and family to do the same and consider sharing a photo or story during the week that highlights how 4-H has impacted your life. Let’s show our pride nationwide and get that clover out there for the world to see. Please engage with your personal social media (Facebook, Snapchat, Twitter, Instagram, etc.). Each day of National 4-H Week has a daily theme. Refer to the infographic (included in this newsletter) with the theme for each day. Use the hashtags #PostRockDistrict4H and #KS4H when sharing your memories through social media. Visit http://www.kansas4-h.org/resources/marketing/national4hweek.html for resources including a Facebook profile frame, Facebook and Instagram graphics and sample social media messaging. Let’s have some fun and spread the word about the incredible experiences and fun through 4-H for youth and families!

PROJECT SELECTION GUIDE
Exploring your interests through 4-H project work is an excellent way to discover new skills and potential careers. The Kansas 4-H Project Selection Guide offers a starting point for understanding 4-H projects as you approach enrollment.
Post Rock District Social Media Challenge

Celebrate National 4-H Week with us by uploading pictures and sharing your 4-H story on Facebook, Snapchat, Instagram, Twitter, etc.

Thankful Sunday – October 4th -
recognize those who have helped you in 4-H

Memories Monday – October 5th -
highlight a favorite 4-H memory or throwback

Spirit Tuesday – October 6th -
model your favorite 4-H gear

What’s Your Project Wednesday – October 7th -
spotlight an exciting 4-H project

Tell a Friend Thursday – October 8th -
encourage a friend to join you in 4-H

Family Friday – October 9th -
celebrate your 4-H family

Service Saturday – October 10th -
share how you are making a difference through 4-H

#PostRockDistrict4H
#KS4H
**4-H ONLINE ENROLLMENT**

4-H Online will be open to process enrollments on Thursday, October 1st. This is the date when everyone enrolls for the new 4-H year. All returning 4-H families be SURE to choose CHECK in the payment option. Jewell County 4-H Council will be responsible for paying this fee. All new 4-H families will pay the fee, but you will receive credit at the 4-H food stand in the summer if you are current 4-H members. You will not be asked to pay a fee for Cloverbuds. If you have any questions, please call the extension office at 785-378-3174. Everyone should be enrolled before November 1st.

**STATE FAIR PROJECTS**

*Congratulations to all State Fair exhibitors!*

Grace Ayers: Photography – Blue // Greta Ayers: Photography – Blue

Jayce Cady: Crops, Alfalfa – Purple; Foods – Red; Photography – Red

Elaine Cockroft: Crops, Wheat – Blue; Food Preservation – White; Photography - Red

Haylee Cockroft: Fiber Arts, Quilting – Purple; Foods – Red; Photography – Red


Faith Reinert: Fiber Arts, Needle – Blue // Abbey Schleifer: Foods – Blue; Photography – Blue; Photography Judging – 50th; Visual Arts – Multi

Aaron Underwood: Photography – Red // Jacob Underwood: Photography – Blue

Nelson Underwood: Foods – Red; Photography – Blue; SpaceTech – Red; Visual Arts - Multi

Sam Underwood: Photography – Blue // Lenden Worm: Energy Management – Blue

**WELCOME NEW CLUB LEADERS**

The 4-H Club Leaders for Mankato Eager Beavers are Karen Cockroft and LaRae Colson. The 4-H Club Leaders for Webber Wide Awake are Sara Fuller and Jillian Worm. Thank you for volunteering!

**WELCOME TONIA UNDERWOOD** as the new 4-H Program Coordinator! Tonia can be reached at tiunderw@ksu.edu or by calling the office at 785-378-3174.

**4-H COUNCIL OFFICERS**

President: Jake Underwood
Vice President: Lenden Worm
Secretary: Aaron Underwood
Treasurer: Jayce Cady

**FAMILY FUN DAY** is postponed until next spring!

**SAVE THE DATE: NOVEMBER 1st ACHIEVEMENT PROGRAM**

This year's Achievement Program will be November 1st, 2020 at 2:00 p.m. at the Ute Theater in Mankato. The 4-H Council will supply a drink and popcorn. The 4-H families are asked to show up and enjoy the show. Awards will be handed out before the show.

4-H ENROLLMENT
4-H enrollment will be done again this year by using 4-H Online beginning on October 1st. 4-H Online allows families to manage their enrollment using a web-based system.

November 1st is the deadline to enroll. An e-mail message with instructions on how to enroll was sent to all 4-H families. A 4-H member must re-enroll each year using 4-H Online. If you need help navigating the system, please contact our office. When enrolling, please use an e-mail address that is checked often so messages are not missed.

ACHIEVEMENT CEREMONY
Mark Your Calendar: The Lincoln County Achievement Ceremony will be hosted by the Jr. Sunflower Club on November 14th at 6:00 p.m. The location has not yet been determined.

STATE FAIR PROJECTS
Congratulations to all State Fair exhibitors! Results for the 2020 Kansas State Fair can be viewed at this link: https://www.kansas4-h.org/events-activities/fairs/kansas-state-fair/index.html

NEW CLUB OFFICERS
Club leaders – please submit your newly elected 4-H club officers and your program book to the Extension Office. This will assist our office in getting organized for the new 4-H year.

2020-2021 4-H COUNCIL OFFICERS
President: Jaden Huehl
Vice President: Tyra Meyer
Secretary: Isaak Jordan
Treasurer: Nick Koster
Reporter: Eli Schultz
STATE FAIR PROJECTS

Congratulations to all State Fair exhibitors. We saw lots of great projects submitted virtually this year. Great job!

NEW CLUB OFFICERS

Club leaders please submit your newly elected 4-H club officers and your program book to the Extension Office. This will assist our office in getting organized for the new 4-H year.

MITCHELL COUNTY 4-H COUNCIL

The next Mitchell County 4-H Council meeting will be held on Monday, October 19th at 7:00 p.m. at the First Bank of Beloit Meeting Room. This is an important meeting and we need all the representatives from the clubs to attend. We will be electing new officers and making plans for the upcoming year.
NEW 4-H YEAR PROVIDES #OPPORTUNITY4ALL
October 1, 2020 is the beginning of a new 4-H year. I challenge each 4-H club and all Osborne County 4-H members to take advantage of this new 4-H year to imagine and explore new opportunities. Start by setting some goals for projects and new things to do and learn through your 4-H experiences. Refer to the attached guide to get started!

KANSAS 4-H ONLINE REENROLLMENT AND ENROLLMENT FOR THE 2020-2021 4-H YEAR UTILIZING 4-H ONLINE VERSION 2.0

- 4-H ONLINE opens at 8am on Thursday, October 1, 2020
- Enroll new members, reenroll existing youth and volunteers
- Updated version 2.0 website address – https://v2.4honline.com
- Save this new web address in your browser and/or bookmark
- Check your email inbox for updated reenrollment instructions.
- Log in to your existing 4-H ONLINE account. DO NOT create a new account. If you have forgotten your email address used for 4-H ONLINE, contact Kim by email or text.
- Need assistance? Contact Kim.

Osborne County News

Celebrate National 4-H Week 2020 by promoting and sharing the fun we have in Osborne County 4-H through your personal social media (Snapchat, Facebook, Twitter, Instagram, etc.). Each day of the week has a theme. Use #PostRockDistrict4H, #KS4H, and #Opportunity4All. Themes for this year are listed below:

- **Sunday, October 4 – Thankful Sunday** – Recognize those who have helped you in 4-H
- **Monday, October 5 – Memories Monday** – Highlight a favorite 4-H memory or throwback
- **Tuesday, October 6 – Spirit Tuesday** – Model your favorite 4-H Gear
- **Wednesday, October 7 – What’s Your Project Wednesday** – Spotlight an exciting 4-H project
- **Thursday, October 8 – Tell a Friend Thursday** – Encourage a friend to join you in 4-H
- **Friday, October 9 – Family Friday** – Celebrate your 4-H Family
- **Saturday, October 10 – Service Saturday** – Share how you are making a difference in 4-H

OSBORNE 4-H CLUBS AND MEMBERS ENCOURAGED TO GIVE BACK TO OUR COMMUNITIES THROUGH “OPERATION GRAND FRIENDS”
In the 4-H pledge, we pledge our hands to greater service. The kickoff month of our new 4-H year is a great time to give back to our communities. Osborne County 4-H Council is encouraging clubs and members to engage in “Operation Grand Friend”. Visit with your club leader and council members to learn more about this important and fun way to lift up others!
Upcoming Dates:

October 1 ~ Record Books, Pin, and KAP Applications due to the office by 5pm.
~ Registration for 4-H Online opens today; it will look new.

October 12-17 ~ National 4-H Week – Video presentations to elementary students.

October 11 ~ Solomon Valley 4-H Club Meeting 6pm.
~ Busy Bees 4-H Club Meeting.

October 18 ~ Heart of America 4-H Club Meeting 5pm.

October 25 ~ 4-H Council Meeting 4pm.
~ Achievement Celebration 5pm – Smith County Fair Grounds – We will be having a BBQ (hotdogs). Please RSVP to your club leaders by the 18th or your October meeting. HOA – Drinks, BB – dessert (SMORES supplies), SVB – Salads/Chips. Come and enjoy the celebration and hangout as 4-Hers.
Dates to Remember

October 1: 4-H Online Enrollment/Re-enrollment begins
October 4-10: National 4-H Week
October 9: Club Communications Project deadline
October 10-11: 48 Hours of 4-H
November 1: 4-H Online Enrollment/Reenrollment deadline
November 6-8: Kansas 4-H Dog Conference & Quiz Bowl Virtual Experience
November 10: KYLF registration deadline
November 21-22: KYLF Virtual Experience

Wishing everyone a great 4-H year!!

Post Rock District 4-H Program Coordinators

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