4HOnline ENROLLMENT DEADLINE
The deadline for all families to complete enrollment online is November 1. If enrollment is not complete by November 1, all mail/email will not be sent, including this newsletter. You can find the link to the guides for Returning Families and for New Families on the Post Rock District website at: http://www.postrock.k-state.edu/4-h/join/. All families that have not enrolled, please enroll today.

POST ROCK DISTRICT QUIZ BOWL
The Post Rock District team has made the difficult decision not to organize a quiz bowl during the 2020 winter months. Once the District's vacant positions are filled and professionals are settled into their new roles, we will work with the 4-H Councils in each county to determine how to move forward with the district-wide quiz bowl experience. If you have questions, please contact your local office.

POST ROCK JR. LEADER TRIP
The Post Rock District team has made the difficult decision to cancel the plans for a Junior Leader Trip during the 2020 4-H Year. We understand some 4-H members have worked hard to begin fundraising for this experience. We do not want your efforts to go to waste, and have agreed to allow your fund-raised money to be used toward the registration fees associated with another Kansas 4-H experience during the 2020 4-H year! If you have questions, please contact your local office.

POST ROCK DISTRICT YQCA CERTIFICATION TRAINING
ALL 4-H/FFA exhibitors planning to show livestock at the 2020 Kansas State Fair Grand Drive and/or Kansas Junior Livestock Show are required to have YQCA (Youth for the Quality Care of Animals) certification. YQCA is a national, multi-species youth livestock quality assurance program. It focuses on food safety, animal well-being and character development. Learning modules are different every year. Youth may obtain their YQCA certification using one of the following methods: Instructor-led Training - $3/youth or the Online Course - $12/child. Post Rock District 4-H is planning to offer training(s) this winter. Please contact your local Extension Office by December 1st, 2019 if you will be needing to complete certification so we have an idea of the number of youth desiring certification and can plan accordingly.

NEW AGENT OPPORTUNITY AT POST ROCK DISTRICT
We're Hiring! K-State Research and Extension is accepting applications for a District Director/4-H Youth Development Agent to serve the Post Rock District. Learn more about the career opportunity at https://www.ksre.k-state.edu/jobs/.
2020 4-H HORSE PANORAMA
The 4-H Horse Panorama has been scheduled for January 24-26 at Rock Springs 4-H Center. Registration and contest rules for Horse Panorama will be posted to the Kansas 4-H web site soon on the Horse Events page.

SHOOTING SPORTS FEE
For all youth who have enrolled in any of the shooting sports classes, remember to pay the $10 shooting sports fee to your local extension office. This fee covers instructor training, renewal fees, equipment insurance, target stands, rental fees for building or shooting range use, food stand purchases for fund raising, and any other expenses that may occur.

KANSAS 4-H SCHOLARSHIP APPLICATIONS DUE IN EARLY 2020
Get an early start on your application for the 2020 Kansas 4-H Scholarship. They will be due in your local Extension Office in late January 2020. Current college students and graduating seniors are eligible to apply. A list of scholarships available to apply for will come out closer to the end of the year.

GET INSPIRED TO BAKE SOME CHOCOLATE COOKIES/BARS FOR THE 2019 ALTON ANNUAL CHOCOLATE FESTIVEAL COOKIE CONTEST
The Annual Alton Chocolate Festival will be held on Saturday, December 7. There is a class for cookies and a class for bars. Age divisions for the two classes are: youth under age 17 and adults – 18 and older. Entries are due at The Front Porch (previously known as the Alton Café) on Saturday between 2:00 p.m. and 2:45 p.m. Each entry must include 15 cookies, at least one chocolate ingredient in the recipe, and a copy of the recipe. Judging will take place from 3 p.m. to 5 p.m. Contestants may submit multiple entries. Cash prizes will be awarded to 1st, 2nd, and 3rd place for each class and age division. There will be lots of activities in Alton following the Cookie contest including a soup supper from 5 p.m. to 7 p.m.at the American Legion Hall and Santa will be visiting the Alton Firehouse as well. Call 785-984-2341 for more information. Follow the Alton Pride’s Facebook page for updates on this fun event.

POST ROCK DISTRICT 4-H CLUB DAY
Save the Date for Club Day - Saturday, February 8th in Beloit! The Post Rock District will only be hosting one district-wide club day in 2020, so start planning your entries now! The December 4-H Newsletter will include complete details about the event.

REMINDER: HEAD, HEART, HANDS, HEALTH T-SHIRTS
The order form for the Head, Heart, Hands, Health T-shirt is in this newsletter. Orders are due November 25 and will be shipped December 16. Orders go directly to NZone, but proceeds will benefit the Kansas 4-H Youth Leadership Council.

4-H VOLUNTEER APPLICATION AND RENEWALS
Each year new 4-H volunteers must apply for a Volunteer Service certification, or in the case of a returning volunteer, renew their status through a renewal form. This system is in place for the safety of both 4-H members and adults. A link to both forms is available from the Extension Office and online at http://www.postrock.k-state.edu/4-h/forms-resources. Renewal forms are due to the extension office by December 15. Contact your local office if you have questions.

OFFICES WILL BE CLOSED
All district extension offices will be closed on November 11 for Veteran’s Day and November 28 and 29 for Thanksgiving. Happy Thanksgiving to all!
Unisex CVC Jersey Tee
4.2 oz., 50/50 AirLume combed and ringspun cotton/polyester, 32 singles
Athletic Heather is 90/10 airlume combed and ringspun cotton/polyester
Unisex sizing
Coverstitched collar and sleeves
Shoulder-to-shoulder taping
Retail fit, side seams
Tear-away label

HD Cotton Youth Short Sleeve T-Shirt
5 oz., pre-shrunk 100% cotton
Athletic Heather is 90/10 cotton/polyester
High-density fabric for exceptional print clarity
Seamless 1x1 ribbed collar
Shoulder-to-shoulder taping
Double-needle stitched sleeves, bottom hem and front neck
Quarter turned
CPSCA compliant tacking label
Tear-away label

$16

Customer Information
Name ____________________________
Address ____________________________
Address 2 ____________________________
City ____________________________ State __________ Zip __________
Email ____________________________
Phone # ____________________________

(Youth) Quantity
S M L XL Total

Color: ____________________________

(Adult) Quantity
S M L XL *2X *3X Total

Color: ____________________________

*ADD $1.50 FOR 2XL; ADD $3 FOR 3XL

☐ Ship UPS
Shipping charges: 1-12 shirts: $12
24-36 shirts: $15
over 36: call for quote

☐ Pick-Up

Total

Send orders and payment to: N Zone Sportswear
9083 Green Valley Dr, Manhattan, KS 66502
Questions? 800-784-3234 Ext 205

Orders due by November 25th
Orders will be shipped by December 16th
Post Rock District
YQCA In Person Trainings

We will be having YQCA training this winter. Please call your local extension office to let us know that you would like in person training.

Registration: Please register with your local extension by December 1

Cost: $3 per child

Instructor: Risa Overmiller Smith County 4-H Coordinator
785-282-8111 cell 785-282-6823 office
The Jewell County 4-H Achievement Program will be held on Sunday, November 3, at the Webber United Methodist Church, Webber, KS. The afternoon of fun will begin at 5:00. 4-H Council is supplying the meat, and each family is to bring a side dish or dessert. See you this Sunday!

**4HOnline ENROLLMENT**

If you have not yet enrolled, please do so immediately. All returning 4-H families be SURE to choose ‘a local sponsor has agreed to pay my fees’ in the payment option. Jewell County 4-H Council will be responsible for paying this fee. All new 4-H families will pay the fee, but you will receive credit at the 4-H food stand in the summer if you are current 4-H members. You will not be asked to pay a fee for Cloverbuds. If you have any questions or need help, please call the extension office at 785-378-3174.

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**AMERICA’S FARMERS GROW COMMUNITIES**

2019 America’s Farmers Grow Communities winner was Jim & Lesa Peroutek. They chose the Jewell County 4-H Council as the recipient of $2,500. It will be used for fairground improvements. A big thank you to them for choosing the 4-H Council and also to Monsanto for their generosity in giving back to the community.

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Mankato Eager Beavers 4-H Club walking in the Jewell Corn Show Parade during National 4-H Week.

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Some of the 4-H members who helped at this year’s Family Fun Day.

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Thank you, Sheila Lawrence, for your hard work to help raise money for Jewell County Alumni!!

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4-H Volunteers are not paid; not because they are worthless but because they are priceless. Thank you for sharing your time and talents!
HERE TO HELP
Ashley Svaty is Post Rock District’s Nutrition, Food Safety and Health Agent. She works primarily out of the Lincoln Office and is happy to help our 4-Hers with any questions or concerns. The Lincoln Office number is 785-524-4432 and Ashley’s email is asvaty@ksu.edu.

ACHIEVEMENT CELEBRATION
The Lincoln County 4-H Achievement Awards Night will be held Saturday, November 9th at the Bethlehem Lutheran Church Parish Hall in Sylvan Grove. The evening will begin at 6:30 p.m. with a potluck, followed by the presentation of awards. All Lincoln County 4-H Clubs and the Fair Board are invited to attend.

LINCOLN OFFICE WILL BE CLOSED
All district extension offices will be closed on November 11 for Veteran’s Day and November 28 and 29 for Thanksgiving. Happy Thanksgiving to all!

LINCOLN COUNTY 4-H COUNCIL
The Lincoln County 4-H Council meeting will be held at Noon on December 27th at the Post Rock District, Lincoln Office, located at 108 W. Lincoln Ave. Below are this year’s 4-H Council Officers.

2019-2020
President: Jaden Huehl
Vice President: Kyle Frederking
Secretary: Rylee Noyes
Treasurer: Maddie Dobrinski
Reporter: Molly Heller

4-H CLUB ANNUAL FINANCIAL REPORTS
Annual financial reports are due November 1st. All 4-H Clubs need to submit an annual financial report, so if you have not turned yours in, please do so after your November Club meeting.

LINCOLN COUNTY 4-H CLUBS & LEADERS
If you would like to join a 4-H club, give one of these leaders a call.

Bullfoot Creek / Sylvan Hustlers
Heather Meyer (785) 829-1665

Hometown Helpers
Lorelei Dohl (785) 531-2982
Jennifer Huehl (785) 658-5764

Jr. Sunflower
Rachel Bell (785) 822-2338
Jeremy Rosebrook (785) 658-7923

Hunter Huntsman
Sarah Heller (785) 341-3684
Andrea Jordan (785) 738-8416

Salt Creek
Katie Good (785) 524-6001
Nicole Weber (785) 893-2583
MITCHELL COUNTY 4-H COUNCIL

OFFICERS

President: Addison Emmot
Vice President: Norah Ellenz
Secretary: Kayden Trimble
Treasurer: Kiran Elam
Reporter: Jamie Sporleder

Adult Advisors: Kim Ellenz & Heather Weston

MITCHELL COUNTY COMMITTEE REQUESTS

If you are looking to take on a leadership role and help with a County activity or event, your club leader will have the County Committee signup sheet at your next club meeting. Become involved and sign up to help with the 4-H Day, Fashion Revue, etc.

4-H ENROLLMENT

Fun Fact: The most popular project in Mitchell County last year was Foods & Nutrition with 60 participating members. Don’t forget to enroll in 4-HOnline to begin adding projects and in order to continue to receive communication from the Extension Office. The deadline to enroll or re-enroll was November 1st but it’s not too late. The instructions and link to enroll online are located at https://www.postrock.ksu.edu/4-h/join/

BELOIT OFFICE IS HERE TO HELP!

Cassie Homan pictured with one of this year’s fair champion awards. Cassie wants you to know she is happy to help our 4-H’ers. Cassie, Horticulture Agent, and Shannon, Beloit Office Professional, are available to help with any questions or concerns. The Beloit Office number is 785-738-3597. Cassie’s email is choman@ksu.edu. Shannon’s email is shrogers@ksu.edu.

GOT NEWS TO SHARE?

Do you have a club activity or event you would like to spotlight on Post Rock District 4-H social media? We love to see and share what you are doing in the community and as clubs. Please submit photos or video to Shannon at shrogers@ksu.edu.
OSBORNE COUNTY 4-H GROWS WITH NEW MEMBERS

Please join us in welcoming new Osborne County 4-H members: Gauge Billings, Paul Burroughs, Sophie Mans, Kody, LaRosh, Kaleb LaRosh, Kayla LaRosh, Linden Rhodes and Webber Schreuder. We are excited about their participation and involvement in Osborne County 4-H in the upcoming years!

RAISE YOUR HAND AND VOLUNTEER TO SERVE ON COUNTY WIDE COMMITTEES

We need your help! 4-H activities and events do not magically “happen”. 4-H activities require the assistance from both adult and youth volunteers. 4-H members working to earn 4-H Membership Achievement Pins and KAP’s will want to sign up for a committee. See the attachment which includes a list of committees and responsibility for each committee. Our goal is to have sign up completed by November 25. We start holding committee meetings in November to facilitate upcoming events and activities.

LOOKING FOR SOME 4-H’ERS WHO LOVE CREATING TO HELP WITH 4-H TREE

Do you like to create and want to have some fun? Then, we need your help with the Osborne County 4-H tree for the 2019 McFadden Tree Forest at the Osborne Public Library. Our tree must be on display by November 20th. Contact Kim by email or text message if you are interested in helping.

TENTATIVE UPCOMING OSBORNE COUNTY 4-H COUNCIL EVENTS

November 25 – Rules Committee Meeting, 6:30pm; 4-H Council, 7:30pm

OCTOBER 2019 OSBORNE COUNTY 4-H INSPIRED ACTIVITIES

Osborne County 4-H members had a blast painting Osborne green on Spirit Day during National 4-H Week.

Eager Beaver Club officers leading the October meeting

The Sunflower Club celebrated National 4-H Week with a potluck dinner and cleaning-up the planters in downtown Osborne.

Osborne County 4-H members got busy with a 48 Hours of 4-H community service project by planting daffodils and creating a paver walking path in the Osborne Courthouse flowerbeds.

Osborne County 4-H sponsored the OES Story Hour at the October 14th Literacy Night by volunteering to read books.

SAVE THE DATE – 2020 OSBORNE COUNTY FAIR

2020 Fair Theme! July 22-25

HEROES IN THE HEARTLAND

4-H PROGRAM FEE DUE TO STATE 4-H OFFICE

Please remember to submit a check to the State 4-H Office if you selected pay by check. Checks should be mailed to Kansas 4-H Youth Development, 201 Umberger Hall, 1612 Claflin Road, Manhattan, KS 66506.
Smith County News

NEEDED:

4-H T-Shirt Designs — Create a design for fair t-shirts and submit to the 4-H council for final choice approval. Designs Due Jan. 5th to Overmiller@ksu.edu

“Inspire Kids to DO” | NATIONAL 4-H WEEK | October 6-12

Thank you to all the kids and leaders who helped get kids organized and to the schools to present.

Kansas 4-H Enrollment and Reenrollment

**Begins October 1st**

New and returning 4-H members will be able to access their [www.ks.4honline.com](http://www.ks.4honline.com) online enrollment account beginning October 1, to enroll for the 2019-2020 program year. If your child(ren) belonged to 4-H this year, you already have a family account. Do **NOT** use the “I need to set up a profile” link, this will create a new account. If you have troubles accessing your account, please contact the Extension Office at 282-6823.

ACHIEVEMENT CELEBRATION

Sunday | November 3rd | 4:00 PM | Srader Center | Smith Center

Heart of America—Greeters | Busy Bees—Decor | Solomon Valley—Food and Drink

Please be in contact with your Club Leader for your specific responsibilities.

Smith County 4-H Council

Sunday, December 8th | Courthouse Basement Meeting Room | 2:00 pm

**Foods Class — November 25th — Pies 4pm at Smith Center FACS Room.**

Cost is $5.00  RSVP by Nov. 22nd to the extension office 282-6823 or Risa at overmiller@ksu.edu

Thank you to all the kids and leaders who helped get kids organized and to the schools to present.
Dates to Remember

November 1:   Deadline for 4HOnline Enrollment/Reenrollment
              Kansas 4-H Shooting Sports year-end reports & renewal forms due
              KYLF and KVF Leadership Weekend registration due
November 11:  Veteran’s Day, all extension offices are closed
November 23-24:  KYLF & KVF Leadership Weekend, Rock Springs 4-H Center
November 25:  Kansas 4-H T-shirt orders due to NZone
November 28-29:  Happy Thanksgiving, all extension offices are closed
December 7:  Chocolate Festival, Alton
January 24-26:  4-H Horse Panorama, Rock Springs 4-H Center
February 8:  4-H Day, Beloit

Post Rock District 4-H Program Coordinators

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