State & District 4-H News

Call and Schedule Appointments at Extension Office – NO WALK-INS!

Call your local Post Rock District Office to make an appointment prior to visiting. Our offices are open, yet appointment scheduling allows necessary health and safety expectations to be followed by both the public and employees. When visiting the office you must practice physical distancing, practice good hygiene, and use a face covering when physical distancing cannot be met. Please use our curbside, virtual or distance appointment options if you are unable to meet these expectation, or if you are experiencing illness symptoms. Thanks for helping keep our communities safe. Updates to our office operations will be posted on our social media platforms and on the Post Rock District website.

4-H and Extension In-Person Ban through July 4, 2020

In alignment with current K-State Research and Extension state-wide restrictions, local and district programs, meetings, events, and activities regardless of group size cannot meet face-to-face through July 4, 2020. This includes but is not limited to 4-H club meetings, council meetings, and committee correspondence. This also includes project-based learning, shows, events, and activities directed toward 4-H Youth Development and other Extension audiences.

All non-fair related Post Rock District 4-H Youth Development events and activities taking place after the KSRE in-person ban ends shall abide by current KSRE, Kansas 4-H, State of Kansas, and local county health and safety restrictions and guidelines. This includes district, county and local events such as 4-H club meetings, 4-H Council meetings, committee meetings, project workshops, day camps, etc. Please contact your local Post Rock District office for assistance planning safe events and activities after July 4.

Welcome Our 4-H Interns!

Kylie Rahmeier and Caleigh Hewitt will be serving the Post Rock District through our 4-H Program Internship. Kylie will be assisting with managing the Lincoln County 4-H Program and Caleigh will be helping manage the Mitchell County 4-H Program. We are excited they will be helping extend the Kansas 4-H mission across the Post Rock District this summer!
**State & District News Continued**

**4-H Camp Lives On**
In lieu of attending camp in person this year, follow along as Kansas 4-H celebrates our favorite parts of the 4-H camping experience. In June, there will be some great camping experiences shared, and you can join in the fun from home! We’ll be sharing the camp excitement in the PRD 4-H Insider Experience Facebook Group, on Post Rock District 4-H Snapchat, and at the Post Rock District Website.

**4-H Campference Virtual Experience**
Kansas 4-H is excited to share the opportunity to be together digitally for an experience June 23-24, 2020. Campference is for 4-H youth ages 12-14 who are ready to grow in their leadership and 4-H careers. This year, Campference takes aspects of 4-H camp and the learning components of a conference and combines them to create a fun, educational opportunity for middle school 4-H youth. It will include many of our favorites in a new way, like a talent show, a campfire, camp groups and a camp craft. Delegates will also be a part of a community conversation and participate in a skill building workshop with the Kansas 4-H Foundation. Registered participants will receive a 4-H Campference packet in the mail, which will include craft supplies, a detailed schedule, a few camp type surprises and other items needed for most activities. Kansas 4-H Youth Leadership Council Members serve as counselors for this event. Find all the details and register at [https://www.kansas4-h.org/events-activities/](https://www.kansas4-h.org/events-activities/).

**Insect Spectacular**
The Kansas 4-H Insect Spectacular will take place in June through a series of webinars. Each webinar will begin at 7:00pm. Beginners – June 15; Advanced – June 17; Notebooks & Displays – June 19. Find all the details and register at [https://www.kansas4-h.org/events-activities/](https://www.kansas4-h.org/events-activities/).

**County Fair Update**
You can find 4-H related county fair updates at the Post Rock District website, by following 4-H events on Facebook, and by reading 4-H emails from your local office team!

Each county fair is governed by a local Fair Board, yet the 4-H Youth Development events and activities which take place in alignment with the county fair are governed by the Post Rock District Board. The Post Rock District is committed to providing 4-H members with an equitable opportunity to exhibit project work to a judge, receive constructive feedback to guide experiential learning, earn ranking to recognize county-level achievement, and provide Kansas 4-H State Fair qualification opportunities. The Post Rock District Board has approved 4-H Youth Development events and activities to continue in an in-person format when the state-wide K-State Research and Extension ban of in-person programming ends after July 4. That said, when it comes to the complexity of a county fair experience and the ongoing COVID pandemic, there will be many changes in place to protect the health and safety of all involved, including judges, participants and volunteers. Please know that the Post Rock District Team is taking our risk management responsibility seriously as we define what these in-person 4-H events and activities will look like in alignment with each fair. Together we can make the 4-H related fair events happen in a safe, healthy and educational manner. Thank you for your support and cooperation!

**Emerald Circle**
The Kansas 4-H Foundation is excited to announce that you will have an opportunity to meet this year’s state Kansas Award Portfolio (KAP) winners from the comfort of your home! This virtual series will be held June 11 and June 18 at 7pm. We look forward to virtually celebrating youth exhibiting 4-H’s core values of mastery, independence, generosity, and belonging. For more information, please contact Anna Ramsey at aramsey@kansas4hfoundation.org.
State & District News Continued

**State Livestock Nominations Due June 15**
Livestock Nominations for participation in the Kansas State Fair and the Kansas Junior Livestock Show must be received at the state office by June 15. This includes: Commercial Heifer, Swine, Sheep, and Meat Goat. Do not wait to complete the nomination steps, which includes signatures from the appropriate representative at your local Post Rock District Office. A complete nomination does NOT constitute show entry, as that is a separate process for the respective show. State exhibitors are also required to be YQCA certified. Find nomination information at https://www.asi.k-state.edu/research-and-extension/youth-programs/.

**State Wheat Expo on August 6**
The Kansas 4-H State Wheat Expo is an educational, fun day showcasing all things wheat. The annual event is scheduled for Thursday, August 6th from 9:00 am- 3:00 pm at the Sedgwick County Extension Education Center. It is open to all 4-H family members, 4-H leaders, and Extension staff. There will be eight contests open to youth members with cash prizes and ribbons awarded. There will be tours. Registration will go live on or before June 15, 2020. Pre-registration will be required by Monday, July 27th to ensure an accurate meal count and tour divisions. For more information about the wheat expo, visit http://www.kansas4-h.org/events-activities/conferences-events/wheat/index.html.

**2021 Kansas 4-H/FFA Wheat Variety Plot Enrollment Open**
As wheat harvest approaches it is time to enroll or re-enroll in the Kansas 4-H and FFA Wheat Variety Plot program. The program begins fall of 2020 and goes through September 2021. The enrollment form and program details are currently available. Visit: http://www.kansas4-h.org/events-activities/conferences-events/wheat/wheat-variety-plots/index.html. Members are asked to contact their local Extension Office by July 10 if you plan to participate.

**Virtual UAS Program for Teens Offered by Kansas State Polytechnic in June**
K-State Polytechnic is providing teenagers fascinated by drones with a new learning opportunity this summer that is social distance-friendly. From June 22-26, the campus is offering an online unmanned aircraft systems program called the UAS Virtual Academy for ages 14 to 17. The academy invites participants to explore the world of drones by learning foundational aviation skills, flight maneuvers, safety procedures, and photography and videography basics, as well as receiving mentorship from K-State Polytechnic's expert staff and students. The weeklong program costs $49 and participants must provide their own drone.

After registering and before the start of the academy, participants will be sent an instruction kit that includes essentials such as a logbook and landing pad to support the experience. Registration for the UAS Virtual Academy closes at noon June 15. To sign up, visit polytechnic.k-state.edu/uas-academy. For additional questions, contact professional education and outreach at 785-826-2633 or profed@k-state.edu.

**4-H Shooting Sports Virtual Quiz Bowl**
This virtual opportunity is June 22-26 for Individual and Team play for youth enrolled in 4-H Shooting Sports. Age divisions are juniors (8-13 years of age) and intermediate/seniors (14-19 years of age). Registration opens June 8 at 12:00 p.m. This is a national activity. Official rules and study resources available at: https://4-hshootingsports.org/.

**Flat Friends and Pen Pals**
Keep sending photos of your adventures and your Pen Pals! If anyone else would like to join in the Pen Pal fun, please contact Nora Rhoades at nrhoades@ksu.edu.

**NOTE:** To get to any underlined website, hold the control key and then click on the website.
The next Post Rock District Newsletter will be published in September, 2020.

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact at a Post Rock District Office two weeks prior to the start of the event. Requests received after this date will be honored when it is feasible to do so. More information is available at: https://www.postrock.k-state.edu/

Dates to Remember

June 15: State Livestock Nominations due
Beginners Insect Spectacular webinar, 7:00 p.m.
June 17: Advanced Insect Spectacular webinar, 7:00 p.m.
June 18: Emerald Circle, 7:00 p.m.
June 19: Notebooks & Displays Insect Spectacular webinar, 7:00 p.m.
June 22-26: UAS Virtual, Kansas State Polytechnic
4-H Shooting Sports Virtual Quiz Bowl
July 9-12: Jewell County Fair
July 15-18: Lincoln County Fair
July 16-20: Smith County Fair
July 21: Post Rock District 4-H Dog Show, Osborne County Fairgrounds
July 22-25: Osborne County Fair
July 23-25: Mitchell County Fair
August 6: State Wheat Expo, Wichita
October 10-11: 48 Hours of 4-H

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