State & District 4-H News

4-H CAMP REGISTRATION DUE APRIL 7
We are hopeful 4-H Camp will play a pivotal role in the summer experience for our Post Rock District 4-H members! We look forward to camp being an opportunity to connect socially, learn dynamically, and bring the 4-H mission to life alongside caring adults and peers. The Great Northwest 4-H Camp is scheduled for June 1-4 at Rock Springs Ranch. We understand times are uncertain, yet we want to remind you that the deadline for Post Rock District 4-H members to register for camp is April 7 at the end of the business day. Please mail or email your registration. Registration forms for each county are available at: https://www.postrock.k-state.edu/4-h/postrock-district-events/index.html.

DISCOVERY DAYS REGISTRATION DUE APRIL 15
Are you ready for Discovery Days? Put May 27-29, 2020 on your calendar to be in Manhattan on the K-State campus. This year's theme is "2020 A Vision for the Future." Discovery Days offers classes and tours about 4-H projects, careers, hobbies, community service and more! Are you ready to dance? Are you ready for some Call Hall ice cream? Are you ready for some great speakers and all the other possibilities in your future? Discovery Days registration is open! All youth between the ages of 13-18 (as of Jan. 1, 2020) are invited! Register early to have preferred selection of classes. Registration opened March 16 and closes April 15. To register, visit https://www.kansas4-h.org/events-activities/conferences-events/discovery-days/index.html.

PRD 4-H INSIDER EXPERIENCE
We have a new place to interact with your Post Rock District 4-H Family. There is now a private Facebook group called "PRD 4-H Insider Experience". You can find it from the public page for Post Rock District 4-H. The Insider Experience is the place for members and families to ask questions, share ideas, and get insider details about 4-H opportunities. If you are interested in giving a virtual project talk or demonstration to the whole District, this is a great place to do so. Let us know if you have questions! Come join the fun!

4-H PROGRAM INTERNSHIPS – LOCAL JOB OPPORTUNITIES
The Post Rock District 4-H Program Internships are responsible for assisting with the planning and implementation of the Post Rock District 4-H Youth Development Program. We are looking to hire student professionals to serve through this unique role in paid summer positions. One position will be located in Beloit and the other in Lincoln. Visit postrock.ksu.edu for responsibilities, qualifications and application procedure. Positions are open until filled. K-State Research and Extension is an equal opportunity provider and employer.

If the COVID 19 public health risk causes a Kansas 4-H event or activity to be cancelled, refunds will be processed.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service
COVID-19 CONTINUITY OF OPERATIONS AT POST ROCK DISTRICT

Post Rock District programs, meetings, events, and activities will not take place in a face-to-face format, regardless of group size, until further notice. The current date set for reconsideration of face-to-face programming is May 16. This applies to anything facilitated by staff, volunteers, partners, and directed toward KSRE target audiences. This includes but is not limited to 4-H club meetings, council meetings, and committee correspondence. This also includes project-based learning, shows, events, and activities directed toward 4-H youth development and other extension audiences. The Post Rock District Team will make reasonable efforts to extend the mission of KSRE to local constituents and to conduct regular business through digital delivery.

Until it is safe for regular face-to-face interaction, the Post Rock District Offices will be implementing a soft closure. This means there will be no walk-in traffic to the offices, and doors will remain locked. Office visits will be granted by appointment only, with social distancing and other relevant health precautions taken into consideration. Additionally, all traffic in and out of the office will be documented, collecting names of all parties and contact phone numbers.

Please visit the Post Rock District website at postrock.ksu.edu for local and district event updates. We are also using email, newsletters, Facebook, Twitter and Instagram to keep you informed. Contact a local office by phone to access the Post Rock District Team. Complete contact information, including staff emails, can be found online at https://www.postrock.ks-state.edu/staff/.

4-H CAMPERENCE REGISTRATION OPEN SOON!

4-H Campference participants will experience the feel of a conference, while enjoying the 'camp' activities Rock Springs 4-H Center has to offer. This is a great transitional opportunity, as tweens go from being a camper to attending educational conferences. 4-H Campference will feature workshops about opportunities in the 4-H program and how to better interact with others. 4-H Campference is for youth ages 12-14 (before Jan. 1, 2020), and will be held June 22-25 at Rock Springs 4-H Center. Detailed information will be on the State 4-H Website in early April. Delegates are encouraged to register early as the space will fill on a first come basis, and Campference was full the last five years! Register online by May 15 (or earlier, it will close when it is full) and payment must be in the local Extension Offices by May 15. If the COVID-19 public health risk causes the event to be cancelled, refunds will be processed.

PEN PAL EXPERIENCE

Join the PRD 4-H Pen Pal Experience! Nora Rhoades, District Youth Development Agent, will partner you with another Post Rock District 4-H member as Pen Pals! We hope you enjoy this experience to build a 4-H friendship across the District as you share about your 4-H experience and project work. Pen Pal Matches will be assigned the first week of April, but you can join anytime. Participants will be emailed their "match details", so you can start building friendships through postal mail and email! Sign up online at: https://forms.gle/GR1kgPPDqJdn7ZqE9.

4HONLINE DROP/ADD PROJECT DEADLINE IS MAY 1

If you have not completed changes in 4HOnline to be enrolled in a project, you will not be eligible to exhibit the project in the 4-H Division at the fair. You cannot complete an enrollment or project drop/add in 4HOnline after May 1st.

HORSE ID PAPER DEADLINE IS MAY 1

Horse Identification papers are due to the office on May 1st. This includes a completed form with pictures and signatures. If you do not meet this deadline you will not be able to exhibit your horse in the 4-H division at the county fair or participate in district and state 4-H shows for the horse project. This year, please mail or email your forms to avoid non-essential travel. We will return a signed copy to you as needed.

ADULT CHAPERONES AT 4-H CAMP

Adults interested in serving as volunteer chaperones at the Great Northwest 4-H Camp can contact District Youth Development Agent Nora Rhoades to learn about the unique responsibilities and expectations of this role. Adults must be 19 years or older and more than one year out of 4-H membership. In addition to a chaperone interview and screening, you are required to complete the Kansas 4-H Volunteer Screening Process to be considered.
LIVESTOCK OWNERSHIP & TAGGING DEADLINE EXTENDED TO JUNE 1
The livestock ownership & tagging deadline for the 2020 4-H year is extended to June 1 by the end of the business day for all Post Rock District counties. The extended dates are in response to current recommendations from KSRE, Kansas 4-H, and the State of Kansas relating to COVID-19 risks. By the deadline, all animal project exhibits are to have verified ownership by the appropriate Post Rock District Staff Member in your county, in order to be eligible to compete in the 4-H Division at the member's Post Rock District County Fair. 4-H members should contact their local Extension Office by phone or email to order appropriate tags and schedule a pick-up procedure in compliance with the Post Rock District's Continuity of Operations Plan and current health and safety recommendations. Any mailed tags are at the expense of the 4-H member. Within 7 days from the date of tag pick-up, and not after the established deadline, the 4-H member needs to submit a picture of the tag in the animal's ear. The photo should easily show the tag number and other animal verification characteristics. Weigh-ins for livestock projects must be cancelled, or conducted in alignment with the most current COVID-19 safety recommendations from KSRE, Kansas 4-H, and the local Public Health Official. Exhibition in regional, state, or other shows must comply with the deadlines and processes outlined by the respective show. This timeline extension is only applicable to the Post Rock District.

HOST A VIRTUAL 4-H MEETING
The Post Rock District Staff has access to a variety of digital platforms to assist your 4-H Clubs, Committees, Project Groups, and Fair Boards during this unique time. Please contact a staff member to discuss how we can help you remain connected and making a difference in your communities! Platforms include, but are not limited to Zoom Video Conferencing, Google Suite, Adobe Creative Cloud, Social Media, and more.

KANSAS 4-H PROJECT GUIDE
Not sure what projects are available to 4-H members? Wanting to get started on your project work? Looking for some new ideas? Ready to start your project record keeping? Visit the project guide for helpful information: https://www.kansas4-h.org/projects/. You can also contact your Post Rock District Team and we can connect you with curriculum resources available at our offices and through National 4-H.

2021 YOUTH IN ACTION APPLICATIONS
2021 Youth in Action applications are now open! National 4-H heard from Extension professionals and students that spring is a better time for youth to apply for scholarships, so we’ve shifted our application season to better support 4-H’ers and professionals alike! From January 29 - April 27, youth can share their stories of developing passion, finding purpose and inspiring others by applying for the 4-H Youth in Action Awards for a chance to earn a $5,000 scholarship and a trip to Washington, DC! Find the information at this link: https://bit.ly/2yenXi5.

JOIN "PAY IT FORWARD" WITH JOANN
Now through April 30, encourage your network to visit your local JOANN store and purchase a $1 or $4 “Pay It Forward” tear away at the register and help us to inspire a child’s creativity through 4-H.

SCIENCE OF AGRICULTURE CHALLENGE TEAMS NOW FORMING
Kansas 4-H is looking for youth who want to explore agricultural related topics and share their problem-solving ideas. Youth do not need to be in 4-H already to join this challenge. The challenge is a hands-on learning experience to inspire the next generation of agriculture leaders in Kansas. Teams of two to five youth in grades 6-12 work with volunteer coaches and mentors to create projects and build solutions. The team will identify agriculture-related issues in their community, develop solutions and share the projects with the community. Each year, teams present their ideas to a panel of industry expert judges at a state competition. Each member of the top three teams will receive a scholarship to use at the university, college or trade school of their choice. For more information, contact Anissa Jepsen at ajepsen@ksu.edu or visit https://www.kansas4-h.org/projects/science-engineering-and-technology/science-of-agriculture/.
PLAN a GROUP SERVICE PROJECT

In the spirit of the 4-H Pledge, encourage your kids to pledge their hands to larger service. This April, as part of National Volunteer Appreciation Month, 4-H will hold its annual True Leaders in Service initiative, inspiring kids to make positive contributions to their communities. It’s vital to teach kids the importance of giving back to their community. Giving back not only helps those in need but also teaches kids to show compassion towards others.

Organize a Clothing Drive Kids outgrow clothes quickly, so they certainly have items they no longer wear. Gather family members and your kids’ friends and collect clothes that no longer fit. You can then donate them to a local charity to help families in need. Aim to include at least a few seasonal items.

Knit Scarves for the Homeless Sometimes kids need a reminder of how fortunate they are. A great way to teach this lesson is by encouraging them to do something kind for those in a more difficult position. By knitting simple scarves for people experiencing homelessness, your kids can learn empathy and provide comfort and warmth for others. There are great online tutorials that teach knitting, 4-H’s guide to giving back includes this project and more for your kids to try. It doesn’t matter if the finished scarf isn’t perfect. In this case, it really is the thought that counts.

Start a Giving Jar Build a lifelong habit of generosity by teaching children to invest their money back into the community. Each time they get an allowance, encourage them to deposit a portion into the jar for others. As the total grows, decide as a family how or where you’d like to use it. You could purchase pet food for the local animal shelter, donate to cancer research, or purchase flowers for a local nursing home. Older kids can research charitable organizations and present ideas for the family to vote on.

Garden for the Greater Good A key part of maintaining a healthy life is nutrition. However, not everyone has access to healthy foods—especially fruits and vegetables—to add to their daily diets. Many 4-H members have started gardens to help provide those experiencing food insecurity access to fresh produce. Plant a garden where your kids can learn how to grow their food and donate it to those in need. An extra row can make a big difference!

Care for the Elderly Show kids all the ways they can lighten the load and brighten the day of older community members. Kids can rake leaves, plant flowers, or mail handmade cards to elderly neighbors.

5 WAYS TO KEEP KIDS ENGAGED AND LEARNING AT HOME

As communities across America experience the impact of school closures it can be stressful for parents and families to find resources available to maintain a sense of normalcy and make sure kids don’t get off track in their daily development. We have gathered together five sources to share with your clubs, kids and communities to keep kids busy and learning at home!  

KSU YOUTH HORSE JUDGING CAMP

The K-State Horse Judging Team will host two camps this summer. A beginner’s day camp is scheduled for June 8 in Call Hall. Registration is limited to the first 30 students and is $40 per person. The Advanced Camp will be hosted June 9-10 in Weber Hall. Registration is $130/participant. The registration deadline for both camps is May 10. Participants will receive a Horse Judging Manual and a Pizza Party. More information may be found under “K-State Judging Camps” on the KSU Youth Livestock Program website.

NEW HORSE SHOW RULE BOOK

The newly revised 4-H Horse Show Rule Book is now available and can be found on the state horse project page at https://www.kansas4-h.org/projects/animals/horse.html.

NOTE: To get to any underlined website, hold the control key and then click on the website.
SMALL ANIMAL TAGGING DEADLINE EXTENDED

Families need to plan on self-tagging their small animals and breeding stock this year. You will call the office and let us know how many tags you need for each species, and we will make an appointment time during office hours when you can pick the tags up. You will have seven days to insert the tag and send the office two pictures of the animal: one of the tag in the ear, and one of the animal for identification. This all needs to be completed before Monday, June 1st, so the tags need to be obtained before May 25.

PIN APPLICATIONS

We realize that circumstances have prevented 4-H clubs from having normal meetings, and that extracurricular 4-H activities may not be available. Your yearly pin applications and club seal applications will take into consideration these changes.

WORK ON YOUR PROJECTS!

We hope you are taking advantage of all of this extra time to work on your 4-H projects! If you need any help, just give us a call!

MAKE A VIDEO

You have an opportunity to show the district your projects by making a video that will be posted on our new Facebook page *PRD 4-H Insider Experience*.

HORSE & RABBIT ID PAPERS DUE MAY 1st! Please mail or email!

Send us an email to let us know…

Across the country, communities are facing unforeseen challenges due to the impact of the coronavirus (COVID-19). For 4-H, our network of 500,000 volunteers and 3,500 4-H professionals have had to quickly understand the impact of COVID-19 and respond with swift action to support our young people and communities. While this time of uncertainty has presented new obstacles to navigate, our commitment to positive youth development is unwavering and 4-H remains present to support the six million young people we serve in every county and parish and all kids who need educational resources, mentorship and a sense of belonging in this time.

Through our community of more than 100 universities and America’s Cooperative Extension System, 4-H is working diligently to continue to fulfill our mission because our work is too important, especially now, as communities across America experience the impact of school closures. We recognize it can be stressful for parents and families to find resources available to maintain a sense of normalcy and make sure kids don’t get off track in their daily development. And while some schools are implementing a virtual learning plan, others don’t have the resources to continue student lessons. 4-H is committed to providing free and low-cost online and print educational resources to support 4-H’ers and families while schools and clubs remain closed.

We will continue our work to ensure young people and communities have the resources to stay connected and engaged throughout this time. We don’t know what the coming weeks will bring, but what we do know is that Cooperative Extension’s 4-H program is prepared to rally around our young people. Working together we will get through this and our young people will thrive. —Jennifer Sirangelo, President & CEO, National 4-H Council
MAKE APPOINTMENTS TO THE EXTENSION OFFICE
You must call the Lincoln Office IN ADVANCE to schedule an appointment. The Post Rock Extension District is currently in soft closure due to COVID-19, and walk-in traffic is not available. Additionally, the Lincoln Office is short staffed, and Ashley will need advanced notice to schedule an appointment. Call the Lincoln Office at 785-524-4432 or email Ashley at asvaty@ksu.edu.

MAIL YOUR REGISTRATIONS
Since the Lincoln Office is currently closed to walk-in traffic, please mail your registrations and correspondence as possible. If you mail something close to a deadline, please call the office to let us know what is on the way through the postal service. Our mailing address is: PO Box 8 Lincoln, KS 67455.

FAIR THEME IDEAS
The 4-H Council is accepting 2020 Lincoln County Fair THEME IDEAS! Submit your ideas online by April 10 for consideration at: https://forms.gle/nT59FTxeawVGhX6e6.

SMALL ANIMAL WEIGH-IN
The 4-H Council has postponed small animal weigh-in for sheep and goats. They will reevaluate the COVID-19 situation at the April 4-H Council Meeting, to set a new weigh-in date. The weigh-in is needed for the rate-of-gain contest at the fair.

LIVESTOCK OWNERSHIP & TAGGING DEADLINE IS EXTENDED TO JUNE 1
Any animals that don’t get tagged and verification of ownership by June 1 cannot exhibit in the 4-H division of the fair. Tags must be picked up BY APPOINTMENT ONLY at the Lincoln Extension Office. Contact Ashley Svaty to order your tags. See District page article for further details.

APRIL 4-H COUNCIL MEETING
The 4-H Council will meet on April 16, 2020 at 6:30 p.m. via Zoom. Representatives will be emailed Zoom connection information prior to the meeting.

DROP/ADD PROJECT DEADLINE IS MAY 1
If you have not completed changes in 4HOnline to be enrolled in a project, you will not be eligible to exhibit the project in the 4-H Division at the fair. You cannot complete an enrollment or project drop/add in 4HOnline after May 1st. Here's a tip sheet on how to drop/add projects: https://www.kansas4-h.org/resources/4-h-online-family-resources/docs/How%20to%20Edit%20or%20Delete%20a%20Project.pdf.

4-H PROGRAM INTERNSHIPS – LOCAL JOB OPPORTUNITIES
The Post Rock District 4-H Program Internships are responsible for assisting with the planning and implementation of the Post Rock District 4-H Youth Development Program. We are looking to hire student professionals to serve through this unique role in paid summer positions. One position will be located in Beloit and the other in Lincoln. Visit postrock.ksu.edu for responsibilities, qualifications and application procedure. Positions are open until filled. K-State Research and Extension is an equal opportunity provider and employer.

LOCAL 4-H SCHOLARSHIPS
The deadline for all local scholarships to be submitted to the Extension office is May 1. If you would like more information or application forms, please email asvaty@ksu.edu. In Lincoln County this would include the Booster, Walker and Cattleman scholarships.
LOCAL 4-H SCHOLARSHIPS
The deadline for all local scholarships to be submitted to the Extension Office is May 1st. If you need more information or application forms, contact your local office. In Mitchell County this would include the Cordel, Houghton, Walker and Theron Wilson Scholarships.

HORSE PAPERS – MAY 1ST DEADLINE
If you plan to show your horse at the Fair this Summer you must update your Horse ID paper by May 1st. There will be no exceptions for missing the deadline.

MITCHELL COUNTY 4-H COUNCIL UPDATE
We will not be having a rate of gain contest for swine, sheep, and goats. This means there is no small animal weigh-in on April 22. We will work with the 4-H families on a time that they can come to the office to pick up tags. The dates will be sent out to families enrolled in those projects.

4-H PROGRAM INTERNSHIPS – LOCAL JOB OPPORTUNITIES
The Post Rock District 4-H Program Internships are responsible for assisting with the planning and implementation of the Post Rock District 4-H Youth Development Program. We are looking to hire student professionals to serve through this unique role in paid summer positions. One position will be located in Beloit and the other in Lincoln. Visit postrock.ksu.edu for responsibilities, qualifications and application procedure. Positions are open until filled. K-State Research and Extension is an equal opportunity provider and employer.

We couldn’t be more proud of our 4-H’ers, families, and volunteers for standing strong and staying positive in the face of challenges! #postrockdistrict4hstrong
We encourage families to mail Great NW camp registrations and payments, horse ID papers and so forth. Here is the address of Osborne County Extension office:

113 North 1st Street, Osborne, KS 67473.

CHECK PROJECT ENROLLMENT THROUGH 4HONLINE
Last day to Add/Drop Projects through 4HONLINE is **May 1**.
If you are not enrolled in project by May 1, you **WILL NOT BE ELIGIBLE** to exhibit the project in the 4-H division at 2020 Osborne County Fair.
You cannot complete an enrollment in 4HONLINE after May 1st.
Here is link with instructions on how to Add and/or Drop Projects:
https://www.kansas4-h.org/resources/4-h-online-family-resources/docs/How%20to%20Edit%20or%20Delete%20a%20Project.pdf.

ANIMAL VERIFICATION DUE BY JUNE 1
- All animals for 4-H projects including **Beef, Bucket Calves, Sheep, Swine, Goats, Dogs, Cats, Rabbits, Hand Pets and Poultry** must be identified and properly verified by June 1 to show at the 2020 Osborne County Fair 4-H Division.
- Tags must be purchased on or before **May 25**. Photo(s) showing a clear whole body picture of each animal with tag in animal’s ear must be emailed to kimn@ksu.edu by **June 1**. The purchasing and picking up of tags is an **APPOINTMENT BASIS** only. Please contact 785-346-4471 to make an appointment.

GREAT NORTHWEST CAMP REGISTRATION INFO AND DEADLINE
2020 Great Northwest Camp Dates: June 1 – 4
Registration form and payment for campers is **due in Osborne office April 7th**.
Information in March 2020 Post Rock District newsletter or Post Rock Extension website
https://www.postrock.k-state.edu/4-h/postrock-district-events/
The link with instructions on how to Add and/or Drop Projects:
https://www.kansas4-h.org/resources/4-h-online-family-resources/docs/How%20to%20Edit%20or%20Delete%20a%20Project.pdf.

HORSE ID PAPERS DUE IN OSBORNE EXTENSION OFFICE MAY 1ST
Horse ID papers are due in the Osborne Extension Office by May 1st. Horse project members must identify each horse on Horse ID paper that they plan to show at the Osborne County Fair, NW District Horse Show or other District 4-H Horse Show and Kansas State Fair 4-H Horse Show.

ON-LINE 2020 4-H FOOD STAND SIGN UP OPENS UP SATURDAY, APRIL 18
We will be using an online service, SIGN UP GENIUS.COM, to sign up for 2020 Food Stand slots. The link will be emailed and texted to all families on Saturday, April 18. If you have questions, email kimn@ksu.edu.

NEW FAIRENTRY SYSTEM WILL BE USED FOR 2020 FAIR ENTRIES
4-H Council voted at the October 2019 Council meeting to approve renewing the 2020 license for the FAIRENTRY system. All entries will be completed in 2020 online. Watch for “how to” videos and help sheets as fair approaches.

APRIL 4-H COUNCIL MEETING
Our current plan for April 4-H Council meeting will be **Monday, April 27, 2020, 7:30 p.m. via ZOOM**. Council representative and adult representatives will be provided with link to join meeting.
April Dates:
April 3rd – Camper Applications for Camp Due.
April 26th – 4-H Council Zoom meeting 4p.m.

May Dates:
May 1st – Last day to Drop and Add 4-Her’s or 4-H Projects.
May 21st – Day Camp at the Park from 1-4p.m.; open to ages K-6th grade.

June Dates:
June 1st – Animals must be tagged and pictures to office.
June 1st – 4th – Rock Springs Camp

Beef Weigh In 2020
**Dates to Remember**

April 3: State Art Contest for Pesticide Safety Education deadline  
April 7: Great NW Camp registration deadline  
April 15: Discovery Days registration deadline  
April 27: Kansas Dog Conference T-Shirt Design deadline  
April 30: Pay It Forward with Joann Stores deadline  
May 1: 4HOnline project changes deadline  
May 15: Horse ID papers deadline  
May 27-29: Campference registration deadline  
June 1: Livestock ownership & tagging deadline (pictures emailed to your local office)  
June 1-4: Great Northwest Camp, Rock Springs 4-H Center  
June 7-9: State Geology Trips, Belleville & Rosalia  
June 8: Beginner’s Horse Judging Day Camp, Call Hall, Manhattan  
June 9-10: Advanced Horse Judging Camp, Weber Hall, Manhattan  
June 22-25: Campference, Rock Springs 4-H Center  
July 21: Post Rock District 4-H Dog Show, Osborne County Fairgrounds  
October 10-11: 48 Hours of 4-H