REMINDERS!!

Northwest Area KAP Screening is January 10th in Hays. A 4-H member must be 14 years of age and a county-level winner to send their book to Area Screening. Your KAP must be turned in early so staff can coordinate getting all KAPS to the screening. Adult KAP Screeners are also needed at the event. Please contact your local office if you can help screen.

Kansas 4-H Scholarship is due in your local office January 15. The 2020 application and scholarship opportunities can be found at https://www.kansas4-h.org/resources/4-h-library/awards-and-recognition/scholarships.html.

Horse Panorama will be held January 24-26 at Rock Springs. The registration link is http://www.event.com/d/2hq4br. The deadline for registration is January 15th.

4-H Day Online Entry Deadline is January 27th. The Post Rock District 4-H Day will take place February 8th in Beloit. You can access the online registration form at: https://forms.gle/iEFqjQnHzYe66. 4-H Day guidelines, entry category descriptions, and the virtual entry policy were in the December newsletter.

CITIZENSHIP IN ACTION REGISTRATION

NOTE: The December newsletter had the wrong dates in this article. Dates have been corrected! Registration and information for Citizenship In Action is posted at www.kansas4-H.org under Events. Youth who are 13-18 by January 1 of the current year are eligible to attend. CIA is February 16-17 and registration is by February 1.

KANSAS JUNIOR PRODUCER DAYS

Junior Producer Days are one-day educational programs for youth, parents, and project leaders. Junior Beef Producer Day is scheduled for Saturday, February 29. The early registration deadline is February 7. The Junior Sheep Producer Day will be hosted on Saturday, March 14, with registration being due February 21. Registration is $15 per person and is now open for both events! Participants may sign up online at http://bit.ly/ksuasiregister, or by completing and mailing the bottom portion of the flyer posted at https://www.asi.k-state.edu/research-and-extension/youth-programs/. All attendees must register, including youth and adults. Participants must sign up by the appropriate deadline to be guaranteed a t-shirt. For more information about either program, please contact Lexie Hayes adhayes@ksu.edu or 785-532-1264.

4-H THEMED BOGS BOOTS ARE AVAILABLE

The Midway Coop Feed Mill in Osborne will be taking pre-orders in February for a special 4-H themed Bogs boots. The boots will feature the 4-H logo. Boots will be available October 2020. In addition, the Bogs Boots company will donate $5.00 to the National 4-H Foundation and $5.00 to the local 4-H Council for each pair of boots sold. More information will be coming in the February newsletter.
NORA RHOADES, NEW DISTRICT DIRECTOR
Nora Rhoades has been hired to serve as the District’s Director and Youth Development Agent. Since 2014, Nora served the Post Rock District as a Family and Youth Development Agent, and before that she served as the Smith County 4-H Program Coordinator. She is excited to continue to serve north central Kansas through her new role. As the District Youth Development Agent, Nora will work to implement a comprehensive youth development program that includes but is not limited to 4-H. You can reach Nora by calling your local Extension Office or by emailing nrhoades@ksu.edu. Watch the Post Rock Extension and Post Rock District 4-H Facebook Pages for updates as we work to fill vacant positions in the Post Rock District.

HORSE PROJECT CHANGES
The 4-H Horse Action Team in collaboration with Kansas 4-H, Extension Agents, and Volunteers has been discussing several issues the past few years concerning the Kansas 4-H Horse Program. The team has been in the process of revising the rule book that is to be released during the 4-H Horse Panorama. One change has to do with the District 4-H Horse Show: 4-H members may participate in their county/district designated District Horse Show plus one additional District Horse Show of their choosing. Before entering the Kansas State Fair, 4-H members must indicate which District Horse Show. There will be no picking classes from each district, only results from one of the districts attended will be used. Watch for other changes to be announced.

LIVESTOCK COUNTY FAIR MANAGEMENT CLINICS
Livestock County Fair Management Clinics are biennial programs held in even years. The clinic is designed for county fair board members, extension agents and volunteers involved in local livestock fair management and leadership. This professional development opportunity consists of an activity filled day to increase awareness, knowledge, and provide a forum for open communication for individuals working with livestock at their local fairs. K-State faculty and staff will facilitate discussion directly related to livestock activity at local livestock fairs in Kansas. The program is geared towards the input and participation of county fair board members, superintendents, and extension agents. Two clinics are hosted to accommodate travel and participation, but the same topics will be covered both days. The first clinics will be held on April 7, 2020 at the Sedgwick County Extension Office in Wichita, with the second being held in Oakley at the Logan County Fairgrounds. A flyer with a detailed schedule is linked to each event listed on the homepage for the KSU youth livestock program. Registration is $15/person and is due by March 27, 2020. A flyer and complete details are available at https://www.asi.k-state.edu/research-and-extension/youth-programs/.

CAMPERENCE 2020
Registration and detailed information will be on the State 4-H Website in March. Register online by May 15. Register early as the space will fill on a first come first serve basis, and Campference was full the last 6 years! Payment is due to your local Extension Office by May 15.

SHARE YOUR STORY on the POST ROCK DISTRICT 4-H FACEBOOK PAGE
We would love to share your 4-H experience on the District’s 4-H Facebook Page. If you have a picture of your club learning, serving, celebrating, or making a difference please email the photo and a caption to your 4-H Program Coordinator or Marci Metz mmetz@ksu.edu!

4-H DAY PRESENTATIONS
4-H Communication Fact Sheets can be helpful in preparing and giving project talks, demonstrations, illustrated talks and public speaking presentations. This fact sheet series can be downloaded free from the Kansas 4-H web site. Visit: http://www.kansas4h.org/p.aspx?tabid=551.

NOTE: To get to any underlined website, hold the control key and then click on the website.
NW AREA KAP SCREENING
Northwest Area KAP Screening will be January 10th in Hays. Adult volunteers are needed to assist with screening. If you are interested, please contact the extension office or Daphne Manning.

4-H COUNCIL MEETING
The next 4-H Council meeting will be held on January 6th, 7:00 p.m., at the courthouse meeting room. If you cannot attend, please let the extension office know and send an alternate from your club.

FAIR BOARD MEETING
The Fair Board will meet on January 27, 7:00 p.m., at the courthouse meeting room.

ANIMAL WEIGH IN/TAGGING DAYS
Market Beef weigh in and tagging will be Sunday, February 23rd at 3:00 p.m. at the Mankato Sale Barn.

The small animal (bucket calves, goats, sheep & swine) weigh in and tagging will be announced next month. Swine will not be weighed in. Breeding beef can be tagged on either date. Please let the extension office know if you cannot make it to either date.

S.P.I.N. CLUBS PHOTOS
Cooking with Kids
Lincoln County News

FAIR DATES

July 7  Lincoln & Mitchell County Fashion Revue @ Lincoln
July 15  Foods Judging
July 16  Photography Judging
July 15 – 18 Lincoln County Fair

WELCOME NEW LINCOLN COUNTY 4-H MEMBERS

Max Diehl  Lucile Koster  Kenneth Steinborn
Julia Diehl  Adelyn Mills  Allie Thrush
Bradee Fern  Alison Rosebrook  Harley Thrush
Cameron Fern  Austin Rosebrook  Ryler Wacker
Carter Fern  Marissa Rosebrook

KANSAS 4-H SCHOLARSHIP APPLICATIONS DUE TO LOCAL EXTENSION OFFICE BY JANUARY 15TH!

4-H DAY ENTRY DEADLINE IS JANUARY 27TH

To register for 4-H Day in Beloit, please submit an Online Entry at: https://forms.gle/iEfqjxQSWnHzkYE66. Registration closes January 27th. For 4-H Day Guidelines and Model Meeting Guidelines visit https://www.postrock.k-state.edu/4-h/postrock-district-events/index.html. All Post Rock District 4-H Members are encouraged to participate.

VOLUNTEER SCREENING

To complete the volunteer screening process please follow these steps:

- Register online at https://ks.4honline.com/. If you already have a family account, login to your family and add yourself as a new family member if you don’t have an adult profile. If your family has never used 4HOnline, you will need to create a new family account before creating an adult profile for yourself.
- Complete the Kansas 4-H Volunteer Orientation available through Kansas 4HOnline.
- After completing the Kansas 4-H Volunteer Orientation, notify the local Extension Office about completing the Kansas 4-H Volunteer Orientation and schedule an interview appointment.
- Upon completing the Interview, Extension Office will provide information for the required background checks.
- Local extension office will compile information and submit applicant’s packet for approval.
- Extension office will send a letter concerning volunteer status and appointment for 4-H work and update status within the Kansas 4-H Online system.
MITCHELL COUNTY 4-H COUNCIL

The next 4-H Council meeting will be on Monday, January 20\textsuperscript{th} at 7:00 p.m. at First Bank in Beloit. If you cannot attend please send an alternate from your club.

BEEF WEIGH-IN

Wednesday, February 19\textsuperscript{th}

4:00-6:00 p.m.

Solomon Valley Vet

FAIR DATES

July 23\textsuperscript{rd} – July 25\textsuperscript{th}

4-H DAY ENTRY DEADLINE

Entries for 4-H Day in Beloit are due January 27\textsuperscript{th}. The entry guidelines and online registration are posted on our website at: https://www.postrock.k-state.edu/4-h/postrock-district-events/index.html

HAPPY NEW YEAR!

We wish you a wonderful 2020! It’s the perfect time to set your project goals. Kansas 4-H has a great form to help you achieve your goals:

POST ROCK DISTRICT 4-H DAY BOOSTS 4-H MEMBERS CONFIDENCE
Deadline for 4-H Day registration is January 27. Questions or need some inspiration, contact Kim. Here is the link to the registration form:  https://forms.gle/iEfqjxQSWnHzkYE66  Follow this link for 4-H Day packet: https://www.postrock.k-state.edu/4-h/postrock-district-events/index.html

OSBORNE COUNTY 4-H COUNCIL MEETING and COMMITTEE MEETINGS; JANUARY 27
The following meetings will be held on January 27th at the Osborne Extension Office:
- RECOGNITION & AWARDS COMMITTEE – 6:30 P.M.; Committee Members – Baetz Family, Heise Family, Heller Family, Darcy & Emma McNeal, Kate & Abby Rigney
- FAIR RULES COMMITTEE – 6:30 P.M.; Committee Members – Baetz Family, Becker Family, Andrea & Lainey Kendig, Sheri & Raylyn Paget, Amanda Schultze Family, Stull Family
- 4-H COUNCIL – 7:30 P.M.

2020 LIVESTOCK TAGGING AND WEIGH IN DATES
If you are planning on entering your livestock in the Rate of Gain class at the 2020 Osborne County Fair, you MUST weigh and tag your livestock at the respective weigh in dates listed below. REMINDER: All beef, sheep, swine and goats must be tagged and verified by a Post Rock Extension staff member by May 1, 2020 to exhibit in the 4-H division of the 2020 Osborne County Fair. Rabbits needing tattoos can be brought to Small Animal date.

- Beef (Market Steers & Commercial Heifers) | February 22nd
  9:00 – 11:00 A.M. | Osborne Sale Barn | Osborne

REMINDER – WE NEED VOLUNTEERS TO SERVE AS A 4-H FAIR SUPERINTENDENT
Please give consideration to volunteering as a 2020 4-H Fair Adult and/or Junior Superintendent. Deadline to sign up is January 31. Sign up this year is through a free online software tool. An email and text message with the link will be sent to all 4-H families in early January.

2020 OSBORNE COUNTY FAIR
JULY 22 – 25, 2020 | Fair Theme - “Heroes in the Heartland”

Osborne County 4-H participated in the 2019 McFadden Tree Forest at the Osborne Public Library.

Sumner 4-H Club members spread holiday cheer by caroling in Alton for the December club meeting.

The Eager Beaver 4-H Club members played holiday games at the December club meeting.

Sunflower 4-H Club had a mounted entry in the 2019 Osborne Lighted Christmas Parade. Iva and Daniel Maier represented the Sunflower Club.
Smith County News

Smith County 4-H Council
Sunday, January 26th | FACS Room | 2:30pm meeting and bake cookies

January 6th – Sewing class has a limited number. We will be making a 9-patch 4-H pillow. The cost for the class is $10.00. Please contact the Post Rock Extension District office in Smith Center at 785-282-6823 or email overmiller@ksu.edu.

January 27th – Club Day Entries Due online!

January 31st – Valentine Cookie Sales Due to Office.

Valentine Cookie Sales ~ $5.00 for 1 X-Large Cookie ~ order via a 4-Her or call the extension office at 282-6823. See the order form below.

February 2nd – 4-H Council will bake cookies for Valentine cookie sales.

February 8th – County Club Days in Beloit at United Methodist Church.

February 9th – 4-H Council will decorate Valentine cookies.

Save the Date
Beef Tagging and Weigh-in | Smith Center Vet Clinic | March 7th 9-11am

Valentine’s Day Cookie Sale

$5.00 each proceeds go to Smith County 4-H

5” X 5” Cookie with message. Also comes with a note with a personalized message.

Sold By: ____________________________

Paid: CHECK# ___________ CASH ___________

CARD MESSAGE: ____________________________

DELIVER TO: Location or Address: ____________________________ Phone: ____________________________

Choose a message to be written on the cookie:

Please circle one: LOVE  BE MINE  I LOVE YOU!  XOXO  HAPPY  HEART DAY

THANK YOU!  LOVE U  ♥
Post Rock District 4-H Program Coordinators

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Mankato, KS 66956
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Osborne, KS 67473
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kimn@ksu.edu

Dates to Remember

January 1: Happy New Year!
January 15: State 4-H Scholarships due in local extension offices
January 24-26: Horse Panorama, Rock Springs 4-H Center
February 8: 4-H Day, Beloit
February 16-17: Citizenship in Action, Topeka
February 29: Kansas Junior Beef Producer Day, Manhattan
March 6: State 4-H Horse Judging Contest, Salina
March 8: Kansas 4-H Day with Wildcat Women’s Basketball vs. KU
March 14: Kansas Junior Sheep Producer Day, Manhattan
May 27-29: Discovery Days, Manhattan
June 1-4: Great Northwest Camp, Rock Springs 4-H Center
June 22-25: Campference, Rock Springs 4-H Center