LEADERSHIP, A JUNGLE OF FUN!

Kansas 4-H Leadership Weekend is on the web and in the Cvent Registration system. The Forums will be held November 23-24 at Rock Springs 4-H Center. KYLF is for youth ages 14-18 by December 31, 2019 and KVF is for all Kansas 4-H Volunteers. KYLF will feature leadership workshops, Youth Council Elections, and opportunities to learn and have fun. The Kansas 4-H Volunteer forum will feature workshops and information to help volunteers be more effective and learn from each other. Registration deadline is October 15 for both events at an early bird rate or before November 1 at the regular rate. There will also be an option for coming in Friday evening and having breakfast Saturday morning for those coming from a distance.

48 HOURS of 4-H—OCTOBER 12-13

Every Extension Unit is encouraged to join in this fall in seeing just how much we can give back to our communities! Invite your friends, clubs, adult volunteers, potential 4-H members and 4-H Alums too! This year you can even follow us on a Facebook Event to keep up to date! For more information, go to: http://www.kansas4-h.org/events-activities/conferences-events/48-hours-of-4-h/.

4HOnline ENROLLMENT DEADLINE

4HONLINE Enrollment opens October 1. You can find the link to the guides for Returning Families and for New Families on the Post Rock District website at: http://www.postrock.k-state.edu/4-h/join/. Scroll down to the bottom of the page. The Kansas 4-H Participation Form is online and enrollment is not finished until it has been completely filled out. Do not leave any blanks empty; if you do not have any information to put in the blank field, type ‘none’. The deadline for all families to complete enrollment online is November 1. If enrollment is not complete by November 1, all mail/email correspondence will not be sent, including this newsletter.

OpiEnd™ YOUTH CHALLENGE

The OpiEnd™ Youth Challenge invites kids to “be the change”. They will learn the facts about opioids, use what they learn to create a poster, and take action to solve the national epidemic. Kids can create a 8.5" x 11" or 17" x 22" poster and make a difference by becoming part of the solution to the opioid crisis! Youth 9-14 years old can create an impactful poster to bring awareness and understanding to their peers. Posters can be submitted online or as a mail-in entry by November 1st. There is a chance to win a prize. For more information, go to: http://opiendyouthchallenge.com/.
POST ROCK DISTRICT 4-H DOG PROJECT MEETINGS

Wanting to learn more about your canine companion or thinking about adding a new dog or puppy to your pack? Then, enroll in the Dog Project this new 4-H year. Whether your dog is fully trained or if you have a puppy you are wanting to get on the right track, the Dog Project meetings are a great opportunity to train your dog, meet other Post Rock District 4-H members and have a doggone good time. Dog Project meetings will be held October 6, 13, 20 and 27th at 4:00 p.m. We are going to start out on October 6th working on Rally Dog Obedience. The location for project meetings this fall is the Osborne County Fairgrounds. Please plan to join a great pack! Kelli Burrus, 4-H and Dog Project alumni, is our Post Rock District Dog Project Leader and an amazing “Dog Whisperer”. If you have questions, you can contact Kelli at 785-534-2360 or send her an email at mrsbmusic1@hotmail.com.

2019 4-H DOG CONFERENCE and QUIZ BOWL

The Kansas 4-H Dog Conference and Quiz Bowl will be October 19-20 at Rock Springs 4-H Center. The theme is “Rock Star 4-H Dogs”. Cost is $125.00 for full-time participants, $75.00 for Saturday only and $50.00 for Sunday only. The fee for full-time registration covers all educational sessions, speakers, dog presentations, quiz bowl, skill-a-thon, lunch, dinner and breakfast, breaks, and one night’s lodging at Rock Springs 4-H Center. Part-time registration costs are less for fewer educational programs and services provided. T-shirts and hoodies may be ordered on-line for an additional cost. Registration will close October 7th, 11:59 p.m. There is a $25.00 cancelation fee once participants have registered on CVent. To register, visit: http://www.kansas4-h.org/events/index.html. Full registration information is posted on the Kansas 4-H Dog web site. Visit: http://www.kansas4-h.org/events-activities/conferences-events/dog/index.html. Resources for the Dog Quiz Bowl can be found at: http://www.kansas4-h.org/projects/animals/dog.html.

4-H EQUINE EXTRAVAGANZA

The 4-H Equine Extravaganza, Saturday, November 9, Rock Springs brings together novice and professional horsemen in a one-of-a-kind setting for cross learning from beginning to advanced techniques, skills and knowledge for youth, adult volunteers, and achievement level evaluators. Youth can learn basic care, feeding practices and safety concerns. This one-day event promises to spark an interest in youth to achieve greatness by participating in the 4-H Horse Panorama, competing in a Horse Judging Contest or exhibiting at the District Horse Show. Registration is available at https://www.kansas4-h.org/events/index.html and closes October 15. Cost per person $20. Overnight lodging available at an additional cost. More information at: https://www.kansas4-h.org/events-activities/conferences-events/horse/index.html.

CELEBRATE YOUR PASSION FOR 4-H ON SOCIAL MEDIA DURING NATIONAL 4-H WEEK OCTOBER 6 – 12

National 4-H Week provides the opportunity to promote and share the far reaching and life-long impact of 4-H on youth and their families. Post Rock District 4-H is encouraging parents, leaders, members, alumni and supporters to share your passion for 4-H and 4-H experiences through social media accounts during National 4-H Week, October 6 – 12. Encourage your 4-H friends and family to do the same and consider sharing a photo or story during the week that highlights how 4-H has impacted your life. Let’s show our pride nationwide and get that clover out there for the world to see. Please engage with your personal social media (Facebook, Snapchat, Twitter or Instagram). Each day of National 4-H Week has a daily theme. Refer to the infographic (included in this newsletter) with the theme for each day. Use the hashtags #InspireKidstoDo and #KS4H when sharing your memories through social media.

Visit https://www.kansas4-h.org/resources/marketing/national4hweek.html for resources including a Facebook profile frame, Facebook and Instagram graphics and sample social media messaging. Let’s have some fun and spread the word about the incredible experiences and fun through 4-H for youth and families!
**SHOOTING SPORTS FEES**

4-H members who enroll in the Shooting Sports project will need to pay a $10 operating fee. It is one fee per person regardless of how many phases of Shooting Sports disciplines a youth is enrolled in. This fee should be paid to the local 4-H Council. On November 1, deadline for enrollment in 4HONLINE, each 4-H Council will submit payment to the Post Rock Sharp Shooters. Remember, a member must be 8 years of age by January 1, 2020 to participate in Shooting Sports.

**TRACTOR SUPPLY AND 4-H**

Each spring and fall, Tractor Supply helps raise money for 4-H programs through the sale of Paper Clovers in their stores. In the most recent campaign, we raised more than $1 million nationwide. 90% of funds raised go back to state and local 4-H programs to support scholarships for camp and leadership activities. Dates for the 2019 Campaigns are: **Fall: 10/9/19 – 10/20/19.** Learn more about 4-H’s partnership with Tractor Supply, including how to win incentives and year-round fundraising opportunities, at: [WWW.TRACTORSUPPLY.COM/4-H](http://WWW.TRACTORSUPPLY.COM/4-H).

DeGroot is proud to partner with 4-H this Fall to support youth and encourage communities to Plant with Purpose. 4-H programs provide youth across the country with the right exposure to tools and opportunities, helping them to grow to their full potential and bloom. Plant with purpose today and help 4-H grow tomorrow’s leaders. Visit any of our participating Tractor Supply Company stores to purchase DeGroot bulbs between September 13 and October 31, 2019, and help **Inspire all Kids to Do** through 4-H. **Plant Now for Spring Blooms! #InspireKidsToDo #DeGroot #TSC #4Hplantwithpurpose.**

**HEAD, HEART, HANDS, HEALTH T-SHIRTS**

The new T Shirt sold at state fair are available for order through November 25 and will be shipped December 16. Perfect for your 4-H Clubs, Ambassadors and anyone who wants to spread the 4-H message. Perfect uniform for a 4-H Day skit, song or act. Perfect for Holiday gifts. Orders go directly to NZone, but proceeds will benefit the Kansas 4-H Youth Leadership Council. These were the same ones that were sold at the Kansas State Fair. To order the shirts, go to: [https://www.kansas4-h.org/docs/4-H%20yd%20Flyer%202019.pdf](https://www.kansas4-h.org/docs/4-H%20yd%20Flyer%202019.pdf).

**BEST WISHES ALIESA!**

Aliesa Woods will soon be embarking on a new adventure with K-State Research and Extension as the Regional Local Unit Extension Director for Northwest and North Central Kansas. Please help us thank Aliesa for her years of service to the Post Rock District! See the invitation for details. **THANK YOU ALIESA!!** We appreciate all you have done for us.
Join the Post Rock District 4-H Social Media Challenge
October 6-12, 2019

Celebrate National 4-H Week with us by uploading pictures and sharing your 4-H story on Facebook, Snapchat, Instagram, or Twitter and use the hashtags #InspireKidstoDo and #KS4H

Sunday, October 6
Sunday - Tell us your 4-H beginning

Monday, October 7
Motivation Monday - Highlight your shining 4-H moment

Tuesday, October 8
Spirit Tuesday - Model your favorite 4-H t-shirt and 4-H gear

Wednesday, October 9
What’s Your Project Wednesday - Spotlight your favorite project

Thursday, October 10
Thankful Thursday - Thank others who have helped you in 4-H

Friday, October 11
Family Friday - Recognize your 4-H Family

Saturday, October 12
Service Saturday - Share how you are making a difference
**FAMILY FUN DAY**

This year’s Family Fun Day will be a Halloween Costume Party Carnival at the Mankato City Building (Armory). Webber Wide Awake Club is responsible for the supper menu and grocery list. The Mankato Eager Beavers club is responsible for the games, game prizes, and the grand prizes. The date will be Sunday, October 27 from 11:00-2:00. Everyone is invited to come in costume!!

**4HOnline ENROLLMENT**

4HOnline will be open to process enrollments on Tuesday, October 1. This is the date when EVERYONE, enrolls for the new 4-H year. All returning 4-H families be SURE to choose 'a local sponsor has agreed to pay my fees' in the payment option. Jewell County 4-H Council will be responsible for paying this fee. All new 4-H families will pay the fee, but you will receive credit at the 4-H food stand in the summer if you are current 4-H members. You will not be asked to pay a fee for Cloverbuds. If you have any questions, please call the extension office at 785-378-3174. Everyone should be enrolled before November 1.

**STATE FAIR PROJECTS**

Congratulations to all State Fair exhibitors. Please stop by the office and pick up your projects, ribbons and comment sheets. We will contact you when we have your premium money.

**SAVE THE DATE: NOVEMBER 3RD ACHIEVEMENT PROGRAM**

This year’s Achievement Program will be November 3rd at 5:00 p.m. at the Webber United Methodist Church. The 4-H Council will supply the meat, drinks, and table service and the 4-H families are asked to bring a side dish or dessert. Awards will be handed out following the meal.

4-H Proclamation signing for National 4-H Week with 4-H youth and the Jewell County Commissioners: Keith Roe, Blaine Frost, Waysen Colson, Steve Greene, Haylee Bledsoe, Jayce Cady, and Mark Fleming.

**4-H COUNCIL OFFICERS**

President: Sam Underwood  
Vice President: Katie Reinert  
Secretary: Lacey Langer  
Treasurer: Jake Underwood
4-H ENROLLMENT

4-H enrollment will be done again this year by using 4-H Online beginning on October 1st. 4-H Online allows families to manage their enrollment using a web-based system.

November 1st is the deadline to enroll. An email message with instructions on how to enroll was sent to all 4-H families. A 4-H member must re-enroll each year using 4-H Online. If you need help navigating the system, please contact the Office.

ACHIEVEMENT CEREMONY

The Lincoln & Mitchell County 4-H Achievement Ceremony has been cancelled for this year.

All awards will be distributed to Club Leaders along with a complete list of all winners. Celebrations are encouraged at the club meeting when the leaders hand out and recognize the 4-H members. Club leaders will be notified when the awards are ready to be picked up.

STATE FAIR PROJECTS

Congratulations to all State Fair exhibitors. Please stop by the office and pick up your projects, ribbons and comment sheets. We will contact you when we have your premium money.

NEW CLUB OFFICERS

Club leaders please submit your newly elected 4-H club officers and your program book to the Extension Office. This will assist our office in getting organized for the new 4-H year.

MITCHELL COUNTY 4-H COUNCIL

The next Mitchell County 4-H Council meeting will be held on Monday, October 21st at 7:00 p.m. at the First Bank of Beloit Meeting Room. This is an important meeting and we need all the representatives from the clubs to attend. We will be electing new officers and making plans for the upcoming year.

Bethany Jordan volunteering in the clothing department at the Kansas State Fair.

Addison Emmot, Xander Elam, Aliesa Woods, and Jamie Sporleder with mums the Jr. Leaders sold as a fund raiser.
KANSAS 4HONLINE REENROLLMENT AND ENROLLMENT FOR THE 2019-2020 4-H YEAR

4HONLINE opens at 8am on Tuesday, October 1st for online reenrollment for existing members and enrollment for new members. Make sure to reenroll members and volunteers during the month of October!

YOUR HELP IS NEEDED FOR COMMUNITY SERVICE PROJECT

The Osborne County 4-H Council “Grow Your Plate” program held Spring 2019 included a community service component. Wednesday After Class participants planted a flower bed on the east side of the Osborne County Courthouse. Due to the success of that particular project, we were encouraged to take on a larger beautification project in the flower beds on the north side of the Osborne County Courthouse. As you can see in the picture below on the right, the area could use some beautification. We are encouraging all Osborne County 4-H members to help in preparing the beds for planting perennials and creating a stained concrete walking path through the center of the area. Please text or email Kim of dates and times you are available to assist.

SHARE YOUR LOVE FOR 4-H THROUGH SOCIAL MEDIA DURING NATIONAL 4-H WEEK

National 4-H Week is October 6 – 12, 2019. This week provides 4-H members, families and 4-H alumni the opportunity to promote and share the far reaching and life-long impact of 4-H on youth and their families. Please engage with your personal social media (Facebook, Snapchat, Twitter or Instagram). Each day of National 4-H Week has a daily theme. Refer to the news item in the district portion of the newsletter.

SAVE THE DATE – OCTOBER 27, 4:30pm
Osborne County 4-H Achievement Celebration, Scout Cabin, Osborne

Fun, Food, Recognition and More
Hayrack Ride, Fun, Games & Friends

Bring a dish to share.
4-H Council will provide hot dogs, buns, drinks, paper goods and s’mores.

How are you promoting Osborne County 4-H during 2019 National 4-H Week? Here are some easy ideas:
Invite friends to your next club meeting
Share about 4-H in the school announcements
Handout 4-H invites to elementary students
Record public service announcements for local radio stations
Prepare a window display at a local business

TUESDAY, OCTOBER 8TH
SPIRIT DAY!
4-H Members, Leaders, Adults & Alumni are encouraged to wear 4-H T-Shirts to show our 4-H Pride!

Good luck to Shooting Sports Shotgun members headed to State competition October 5th!

Fall Dog Project meetings start October 6th! Are you ready?


Eager Beavers enjoyed root beer floats at their last club meeting.
**Smith County News**

**“Inspire Kids to Do” | NATIONAL 4-H WEEK | October 6-12**

**October 7th - 4-H Presentations at Thunder Ridge Elementary School**
**October 11th - 4-H Presentations at Smith Center Elementary 1:30-2:30 pm**
**October 25th - 4-H Promotional Night at Smith Center Home Football Game!**

We will need representation from Heart of America and Solomon Valley to throw 4-H footballs and give halftime announcement.

**October 11th - 4-H Promotional Night at Thunder Ridge Home Football Game!**

We will need representation from Busy Bees to throw 4-H footballs and give halftime announcement.

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**Kansas 4-H Enrollment and Reenrollment Begins October 1st**

New and returning 4-H members will be able to access their [www.ks.4honline.com](http://www.ks.4honline.com) online enrollment account beginning October 1, to enroll for the 2019-2020 program year. If your child(ren) belonged to 4-H this year, you already have a family account. **Do NOT use the “I need to set up a profile” link, this will create a new account.**

If you have troubles accessing your account, please contact the Extension Office at 282-6823.

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**State Fair Results:**

- **Kaden Baetz**
  - Woodwork - White
- **Kensley Blank**
  - Photography - Blue
- **TyLynn Blank**
  - Photography - Blue
- **Ean Doane**
  - Woodwork - Red
- **Reed Doane**
  - Woodwork - Red
- **Jasmine Ferguson**
  - Horticulture Perennial - Red
- **Jonathan Ferguson**
  - Horticulture Perennial - Blue
- **Abigail Schlatter**
  - Photography - Red
- **Lexi Rust**
  - Photography - Blue
- **Sydni Rust**
  - Photography - Blue
- **Abigail Schlatter**
  - Food & Nutrition - Blue
- **Tristen Rohan**
  - Photography - Red
- **Kaitlynn Godsey**
  - Commercial Breeding Ewe – 6th
- **Kalyn Ifland**
  - Commercial Breeding Doe – 5th
- **Addison Green Russell**
  - Commercial Breeding Ewe – 5th

**Horticulture Perennial**

- **Sierra Kingsbury**
  - Photography - Blue
- **Taylor Lealdee**
  - Photography - Blue
- **Hannah Nelson**
  - Fiber Arts - Blue
- **Food & Nutrition - Purple**
- **Ruby Ustheff**
  - Photography - Blue
- **Lexi Rust**
  - Photography - Red
- **Lexi Rust**
  - Photography - Blue
- **Abigail Schlatter**
  - Food & Nutrition - Blue
- **Nathan Schlatter**
  - Horticulture - Large Vegetable - Blue

**Entomology - Red**

- **Kaylee Shaffer**
  - Entomology - Red

**Food and Nutrition - Blue**

- **Lamdan Dennenberg**
  - Crossbred Breeding Gilt - 3rd

**Hampshire Market Lamb**

- **Addison Green Russell**
  - Commercial Breeding Ewe – 12th
- **Kenya Godsey**
  - Crossbred Market Lamb – 8th
- **Kalyn Ifland**
  - Market Meat Goat – 5th

**Commercial Breeding Gilt – 6th**

- **Tristen Rohan**
  - Photography - Red
- **Lexi Rust**
  - Photography - Blue
- **Sydni Rust**
  - Photography - Blue
- **Abigail Schlatter**
  - Food & Nutrition - Blue
- **Jonathan Schlatter**
  - Photography - Red
- **Nathan Schlatter**
  - Entomology - Red

**Horticulture - Large Vegetable - Blue**

- **Kaylee Shaffer**
  - Food and Nutrition - Blue

**Crossbred Breeding Gilt – 3rd**

- **Tristen Rohan**
  - Photography - Red
- **Lexi Rust**
  - Photography - Blue
- **Sydni Rust**
  - Photography - Blue
- **Abigail Schlatter**
  - Food & Nutrition - Blue
- **Nathan Schlatter**
  - Entomology - Red

**Kaylee Shaffer**

- **Crossbred Breeding Gilt – 6th**

**Commercial Breeding Ewe – 4th**

- **Kaitlynn Godsey**
  - Crossbred Market Lamb – 7th
- **Kalyn Ifland**
  - Commercial Breeding Gilt – 2nd
- **Addison Green Russell**
  - Commercial Breeding Ewe – 5th

**Organic Breeding Heifer – 4th**

- **Addison Green Russell**
  - Commercial Breeding Ewe – 12th
- **Kenya Godsey**
  - Crossbred Market Lamb – 8th
- **Kalyn Ifland**
  - Market Meat Goat – 5th

**Commercial Breeding Doe – 9th**

- **Kaylee Shaffer**
  - Food and Nutrition - Blue
- **Lamdan Dennenberg**
  - Crossbred Breeding Gilt - 3rd

**Smith County 4-H Council**

**Sunday, October 20th | Smith Center Courthouse Basement Meeting Room | 2:00 p.m.**

**ACHIEVEMENT CELEBRATION**

**Sunday | November 3rd | 4:00 P.M. | Srader Center | Smith Center**

Heart of America-Greeters | Busy Bees-Décor | Solomon Valley-Food/Drink

Please be in contact with your Club Leader for your specific responsibilities.

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**Heart of America Change**

Leader is Laura Kingsbury and meetings are 2nd Sunday of the month at 5:00 p.m.

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**Sandra Wick 30 years of “Inspiring Kids to Do!”**
**Dates to Remember**

October 1: 4HOnline Enrollment/Re-enrollment begins
October 6-12: National 4-H Week
October 12-13: 48 Hours of 4-H
October 15: KYLF & KVF Leadership Weekend early bird registration
October 19-20: Kansas 4-H Dog Conference & Quiz Bowl, Rock Springs 4-H Center
November 1: Deadline for 4HOnline Enrollment/Reenrollment
          4-H Shooting Sports project fee due
November 23-24: KYLF & KVF Leadership Weekend, Rock Springs 4-H Center
November 25: Head, Heart, Hands, Health T-shirt orders due to NZone
June 1-4: Great Northwest Camp dates, Rock Springs 4-H Camp

**Post Rock District 4-H Program Coordinators**

**Risa Overmiller**  
P.O. Box 287  
Smith Center, KS  66967  
785-282-6823  
overmiller@ksu.edu

**Daphne Manning**  
307 N. Commercial St.  
Mankato, KS  66956  
785-378-3174  
dmannin@ksu.edu

**Kim Naber**  
113 North 1st St.  
Osborne, KS  67473  
785-346-2521  
kimn@ksu.edu