State & District 4-H News

4-H QUIZ BOWL STUDY RESOURCES
Post Rock District is having a virtual 4-H Quiz Bowl on Saturday, January 2. If you registered to participate, important event details were sent to your email. You can find study resources at the Post Rock District’s website > 4-H Youth Experience > Quiz Bowl Resources.

4-H PROGRAMMING DURING COVID-19 PANDEMIC - UPDATE
The Post Rock District Executive Board determined that all Post Rock District affiliated 4-H clubs, councils and related 4-H meetings and activities will take place in a virtual or distance learning format from December 9, 2020 through January 31, 2021. The decision by the District Board has been made in response to new protocol from K-State Research and Extension in regards to how extension programming is implemented during the covid-19 pandemic. KSRE is committed to doing our part to help our communities manage the many risks of this pandemic so our health systems can adequately provide for all. The Post Rock District Board will reassess 4-H meetings and activities at the January Board Meeting based on K-State Research and Extension (KSRE) and local public health recommendations. To assist with programmatic decision-making, please provide feedback by January 11 through the Post Rock District 4-H Covid-19 January Feedback Form at http://bit.ly/prd4hjan21.

4-H DAYS– VIRTUAL EXPERIENCE
We have made the tough decision to transition 2021 4-H Day to a virtual experience. This year, 4-H Day will ONLY consist of individual contest areas. There will be no group entries allowed. We will look for opportunities to have group communications entries later in the 4-H year. Registration deadline is February 4, 2021. Register online at http://bit.ly/2021PRD4-HDay. If you cannot register online, call your local Post Rock District Office and we will complete your online registration on your behalf during a phone conversation. Find complete details about 4-H Day contest areas, registration and expectations for your virtual entries at the Post Rock District’s website > 4-H Youth Experience > Communications Resources.
SHOOTING SPORTS—DISTRICT REORGANIZATIONAL MEETING

Engagement in the 4-H shooting sports project has unique expectations in relation to other project areas. Nora Rhoades, Youth Development Agent, is working to reorganize the Post Rock District’s Shooting Sports Program to properly align with Kansas 4-H policies and best practices. There will be a virtual planning meeting on January 6, 2021 from 6:00 to 7:00pm. To participate via Zoom, email Nora at nrhoades@ksu.edu.

POST ROCK DISTRICT JOB OPPORTUNITIES

The Post Rock District is hiring! You can find our current job opportunities, position descriptions and application procedures on the Post Rock District website, postrock.ksu.edu. Thanks for helping us recruit great talent!

CITIZENSHIP IN ACTION—FEBRUARY 14 & 15

Citizenship in Action will be a virtual event February 14 and 15, 2021. The experience is for Kansas youth to learn how the state legislative process works and how their voice and participation in decision-making can make a difference in their communities. Any youth 13-18 years old before January 1, 2021 can participate. Registration will open in early January and will be due Monday, February 1. Let your 4-H Program Coordinator know if you want to participate, so registration and additional details can be shared with you as they become available!

4-H PROGRAM DEVELOPMENT MEETINGS

The local extension program in Post Rock District is a partnership of K-State Research and Extension and residents of the county/district. Residents can become active partners by serving as members of a program development committee, or PDC. The members of the 4-H Youth Development PDC work together with Post Rock District professionals to develop local extension programming. Some specific things we focus on are assessing needs and issues of communities, families and youth; identifying new local audiences; developing proactive plans to expand the scope of extension programming; and exploring how we can more effectively utilize extension resources to meet local needs. If you are an adult or youth looking for an opportunity to get more involved in the Post Rock District’s comprehensive 4-H Youth Development Program, reach out to your 4-H Program Coordinator or Nora Rhoades, Youth Development Agent, at nrhoades@ksu.edu. There will be 45 minute virtual 4-H PDC meetings on January 6 at 8:30am, Noon, 3:00pm, and 7:00pm (participant chooses one to attend). We will share meeting connection and details with those interested.

K-STATE JUNIOR SWINE PRODUCER WEEK

February 15-20 is virtual Kansas Junior Swine Producer Week. This educational event will span a week of sessions during which youth, parents, swine project leaders, and adults can increase their knowledge of swine production and management practices. Online registration is due February 8. The flier with details is available at the K-State Youth Livestock Program website. All participants are required to register at https://bit.ly/KSUJrSwineWeek.
AVAILABLE BY APPOINTMENT – CALL BEFORE VISITING a POST ROCK DISTRICT OFFICE

If you need assistance from the Post Rock District Team, please call any local office to schedule an appointment, before making a visit. Staff are working in a blended — remote and in-office format— to help slow the spread of the coronavirus in our communities. By calling our offices to schedule an appointment, we can make sure the right team member and resources are available to best meet your needs. Visit our website for Post Rock District Contact Information and Post Rock District COVID-19 Updates.

STATE HORSE QUIZ BOWL & HIPPOLOGY UPDATE

Due to Rock Spring’s current closure, the Horse Panorama will not be held in January. Instead, the Horse Action Team will host Hippology, Public Speaking, Demonstrations/Talks, Photography, Logo, Poster, PowerPoint, Ad Layout, and Model Horse Show virtually in 2021. The exact dates are yet to be determined. In addition, Quiz Bowl will join Horse Judging and be hosted with our Kansas Horse Council partners at Equifest March 5-7 in Salina. This plan will be tentative as the public health situation is closely monitored. If covid-19 restrictions prevent Kansas 4-H from hosting these contests in the spring, the Horse Action Team is exploring virtual options. If you are interested in participating in any of these experiences, please notify your 4-H Program Coordinator and we will connect you with details as they become available.

VIRTUAL MEETING ASSISTANCE!

The Post Rock District Team is committed to assisting you with implementing an effective virtual and/or distance learning meeting or activity. Please reach out to your 4-H Program Coordinator for assistance with Zoom and online meeting facilitation as well as exploring virtual and distance engagement activities. Thank you for your efforts to continue to extend the mission of Kansas 4-H during these unprecedented times.

KANSAS 4-H SCHOLARSHIPS

The application process for 2021 Kansas 4-H Scholarships and Vanier Scholarships is now available on the Kansas 4-H website > 4-H Library > Awards and Recognition > Scholarships. All applications and supporting documents will be collected online as no paper submissions will be accepted. Read details outlined on the website closely so you have all components prepared prior to beginning the online submission process. The deadline is March 1, 2021.

LIVESTOCK PROJECT YQCA TRAINING REQUIREMENTS

Youth for the Quality Care of Animals (YQCA) is a national, multi-species youth livestock quality assurance program. It is an annual training open to youth and focuses on food safety, animal well-being, and life skill development. A YQCA certification is valid for one year, so youth need to re-certify annually. YQCA is required to participate in the Kansas State Fair Grand Drive and Kansas Junior Livestock Show. YQCA is recommended for all youth in livestock projects regardless of level of competition. It is a great learning opportunity. YQCA can be completed online, or contact your 4-H Program Coordinator to see if in-person classes are available. Learn more at the K-State Youth Livestock webpage.

SHOOTING SPORTS PROJECT SIGN-UP

Contact your 4-H Program Coordinator to make sure you are signed up for your desired shooting sports disciplines. We now have instructors certified in archery, shotgun and rifle. Instructor courses will be shared with youth enrolled in the respective discipline through emails listed in 4-H Online. You must be 8 years old before January 1 of the current 4-H year to be able to enroll in any shooting sports project. Remember a $10.00 shooting sports fee is due for each youth in at least one shooting sports discipline.
NEW YEAR GOAL SETTING
Now that you have selected your 4-H projects for the year, it is important to plan out what you would like to learn and accomplish. What new skills would you like to gain? Who is going to help you along the way? Setting measurable goals will help guide you through positive 4-H project learning experiences. Kansas 4-H has a great resource to help, Setting 4-H Project Goals.

BOHNERT FAMILY RECOGNIZED FOR EXTENSION CONTRIBUTIONS
The K-State Research and Extension Appreciation Award is a special award selected by the Post Rock District Executive Board to recognize volunteers who help us extend the Extension mission into our communities. Post Rock District presented the 2020 Appreciation Award to Calvin and Peggy Bohnert of Jewell to honor their outstanding contributions to Extension programs. The Bohnerts volunteer their time and acreage in support of local wheat demonstration test plots. Calvin Bohnert began cooperating with Extension to provide demonstration plots around 1977 and is still actively involved today. We thank the Bohnerts for helping our area producers make informed wheat seed decisions based on the reliable and local data Post Rock Extension District test plots provide. K-State Research and Extension works in the community and with the community to help make better lives for all people.

CONGRATULATIONS
POST ROCK 4-HER'S...
ANNA FELDKAMP
BRODY LITTON
ZANE BETZOLD
2nd in the Intermediate Division at K-State's Crop Identification Contest!
4-H COUNCIL MEETING
The next 4-H Council meeting will be held on January 25, 2021 at 7:00 p.m. It will be a Zoom meeting.

ANIMAL WEIGH-IN/TAGGING DATES
Market Beef weigh-in and tagging will be Sunday, February 14th, 2:00 p.m. at the Mankato Sale Barn. The small animal (bucket calves, goats, sheep & swine) weigh in and tagging will be April 18th, 2:00 p.m. at the fairgrounds. Swine will not be weighed in. Breeding beef can be tagged on either date. Please let the extension office know if you cannot make it to either date.

DROP BOX AT THE COURTHOUSE
There is a Drop Box at the Courthouse that can be used for any item that needs to be brought into the extension office. It will be checked daily at 4:00 p.m. If you bring anything that has a deadline, make sure to get it in the drop box before 4:00 p.m. or just bring it into the office.

LOST & FOUND FROM THIS SUMMER’S FAIR
We have a livestock comb, a small brown leather western belt and 3 blue 4-H ribbons. If these items are yours, you can claim them at the extension office. Articles not claimed by January 31st will be donated.
Lincoln County News

January 2021

Bullfoot Creek Sylvan Hustlers
Hometown Helpers

Hunter Huntsman
Jr. Sunflowers
Salt Creek

LINCOLN CO. 4-H
Making the best better!

4-H SCHOLARSHIPS
Attention Seniors!
Information for the State 4-H Scholarships are available at:
https://tinyurl.com/ybkx4akn
Deadline is March 1, 2021

BEEF WEIGH-IN
Saturday, February 27th
9-11am
Watch for additional information coming soon!

4-H Council
4-H Council met December 21, at noon. There was discussion on looking into hosting a livestock/fcs judging clinic. The following committees were formed: Constitution/Bylaws and Fair Planning. The Council approved the purchase of 4-H Honor cords for all Lincoln Co. 4-H Seniors to wear at their Commencement ceremony.

CONGRATULATIONS
Anna Feldkamp participated in the 2020 Kansas State 4-H Virtual Crops Identification Contest. She was given fifty pictures of both plants and seeds to identify through multiple-choice in a set time limit. Anna and along with two other Post Rock 4-Her’s placed 2nd in the Intermediate division!! Congrats Anna!!

Tell me and I forget, Teach me and I remember, Involve me and I learn. Ben Franklin
January 2021

Mitchell County 4-H
Asherville Achievers
Tipton
West Beloit

Making the best better!

In This Issue

Attention Seniors!

Kansas State 4-H Scholarship information is available at this link:
https://tinyurl.com/ybkx4akn
Due date is March 1, 2021

Beef Weigh-In:
Wed. February 24
Watch your email for more information

4-H Council Meeting:
January 18, 7pm

CONGRATULATIONS

Brody Litton participated in the 2020 Kansas State 4-H Virtual Crops Identification Contest. He was given fifty pictures of both plants and seeds and had to identify through multiple choice. Thirty minutes was given for each test. Brody placed 5th out of all intermediates in the State! Congratulations, Brody!!

Covid Update
The Nebraska fight song has a line that says, “we'll all stick together in all kinds of weather.” Since most of you know that I’m from Nebraska I thought it'd be okay to share that. :) Even though we have been asked to return to virtual programming I want you to know your local Extension office is here to support you. If you need assistance with setting up Zoom meetings and recording 4-H Days entries, please reach out and let us help! We have resources to help you continue to stay involved in 4-H activities. Before we know it, we’ll be back together, learning, growing, and making the best better!

Tell me and I forget, Teach me and I remember, Involve me and I learn. Ben Franklin
2021 VIRTUAL POST ROCK DISTRICT 4-H DAY INFO

- Read District Newsletter for complete details
- New in 2021 Public Service Announcement contest area
- Three options for submission - video saved on USB port, video saved to a google drive, or schedule an appointment to record at Osborne office
- Entries for dance, music and drama are eligible for virtual entries in 2021
- Registration online due February 4, 2021
- Entry submission deadline February 15, 2021

SAVE THE DATE
2021 MARKET BEEF WEIGH-IN
February 27, Osborne Sale Barn
9:00am - 11:00 am

OSBORNE COUNTY 4-H COUNCIL NEWS
January 25, 2021
- Rules Committee Zoom, 6:30PM
- Council Meeting Zoom, 7:30PM

2021 OSBORNE COUNTY FAIR
July 28 - 31, 2020
"Summer Days and Country Ways"

EAGER BEAVERS CREATE FUN WHILE CRAFTING ORNAMENTS FOR NATOMA ANGEL TREE
Eager Beaver 4-H Club members have been busy at home during the month of December crafting home-made Christmas ornaments for the Natoma Angel Tree gifts.
Smith County News

Smith County 4-H Council
Sunday, January 10th | Zoom | 2:30 p.m. meeting

January 31st – Valentine Cookie Sales Due to Office

Valentine Cookie Sales ~ $5.00 for 1 X-Large Cookie ~ order via a 4-Her or call the extension office at 282-6823. Order forms will be available in office or on the webpage.

February 4th – 4-H Day Entries Due online!
February 15th – Entry Submission Due for Club Days
February 27th – Beef Tagging and Weigh-in: Smith Center Vet Clinic 9-11 a.m.

4-H Online VERSION 2.0 Reenrollment Tips
Enrollment Opens October 1

- New Website Address -https://v2.4honline.com
- Use your existing 4-H Online email address and password. DO NOT create a new account!
- If you forgot your email address for 4-H Online, contact your local Extension Office for assistance.
- If you forgot your password, click "Reset Password?" to receive an email with a link to set a new password.
- Follow the 4-H Online Version 2.0 instructions which were sent to you in an email.
- Members reenrolling will not have their club or projects automatically repopulated this year. Returning members will need to add their club and projects this year.

K-STATE Research and Extension

Valentine's Day Cookie Sale

TO: ____________________________
FROM: ____________________________
CARD MESSAGE:
________________________________________
________________________________________
DELIVER TO: Location or Address: ____________________________ Phone: ____________________________

Choose a message to be written on the cookie:
Please circle one: LOVE BE MINE I LOVE YOU! XOXO HAPPY HEART DAY THANK YOU! LOVE U
Dates to Remember

January 2:  Post Rock District Quiz Bowl
January 6:  Programming Meetings & Shooting Sports Reorganizational Meeting, virtual
February 3:  Virtual 4-H Day registration deadline
February 14-15:  Citizenship in Action
February 15-20:  Junior Swine Producer Week
March 15-20:  Junior Meat Goat Producer Week
June 8:  Great Northwest 4-H Camp Counselor Training, Rock Springs
June 9-12:  Great Northwest 4-H Camp, Rock Springs
June 27-30:  Campference, Rock Springs

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