**State & District 4-H News**

**REMINDERS!!**

**4-H Day Entry Deadline:** Entries for 4-H Day in Osborne are due February 22. The entry forms and guidelines were in the December newsletter and are also posted on our website at [http://www.postrock.k-state.edu/4-h/postrock-district-events/index.html](http://www.postrock.k-state.edu/4-h/postrock-district-events/index.html).

**Citizenship in Action** will be held February 17-18 in Topeka. **Enrollments are due ONLINE** by February 1. Payment of $175 must be turned in to your local extension office by February 1. For more information, check the web site: [http://www.kansas4-h.org/p.aspx?tabid=420](http://www.kansas4-h.org/p.aspx?tabid=420) or call your local extension office.

**Kansas 4-H Ambassador Training** will be February 22-23 at the Rock Springs 4-H Center near Junction City. Full details are posted on the Kansas 4-H website, [http://www.kansas4-h.org/events-activities/conferences-events/ambassador-training/index.html](http://www.kansas4-h.org/events-activities/conferences-events/ambassador-training/index.html). Cost is $115. Registration will close on Sunday, February 10, 11:59 p.m.

**2019 YQCA REQUIREMENT FOR STATE SHOWS**

Youth for the Quality Care of Animals (YQCA) is a new, national, multi-species, youth livestock quality assurance program. It focuses on food safety, animal well-being, and character development, through age-appropriate educational curriculum for youth 8-21 years of age. This program is an annual certification that grows with a young person, so the learning modules are different every year. **ALL exhibitors are required to be YQCA certified in order to participate in the 2019 Kansas State Fair Grand Drive and/or Kansas Junior Livestock Show (KJLS).** Youth may obtain their YQCA certification using one of the following methods: Instructor-led Training - $3/child; Online Course - $12/child; or Test-Out Option – only 12 & 15 year olds eligible; online only; cost varies. For more information, go to: [www.yqca.org](http://www.yqca.org) or [https://www.asi.k-state.edu/research-and-extension/youth-programs/YQCA.html](https://www.asi.k-state.edu/research-and-extension/youth-programs/YQCA.html).

**SUPER 4-H SATURDAY**

Super 4-H Saturday is March 23rd in Hays at Fort Hays State University. There are 6 judging contests (livestock, horticulture, lifeskills, photography, crops, and entomology) and 6 workshops ((Bread Sculpting, Creative Magnet Calendar, Meat Goats, Photography, Plant Detectives, and Junk Drawer Robotics). There is a sack lunch choice available on the registration form. For more information, go to: [https://cottonwood.k-state.edu/ellis-county4h/4-hevents/nw4hevents/2019SuperSaturdayJudgingInfo2.pdf](https://cottonwood.k-state.edu/ellis-county4h/4-hevents/nw4hevents/2019SuperSaturdayJudgingInfo2.pdf).
4-H CAMPFERENCE 2019

4-H Camference is for youth ages 12-14 (before January 1, 2019), and will be held June 23-26 at Rock Springs 4-H Center. Participants will experience the feel of a conference, while enjoying the 'camp' activities Rock Springs 4-H Center has to offer. This is a great transitional opportunity, as tweens go from being a camper to attending educational conferences. 4-H Camference will feature workshops about opportunities in the 4-H program and how to better interact with others. Registration and detailed information will be the State 4-H Website in March. Register early as the space will fill on a first come basis, and Camference was full the last five years! Register online by May 15 (or earlier; it will close when it is full) and payment must be in the local Extension Offices by May 15.

DISCOVERY DAYS CHANGE & REGISTRATION

Discovery Days 2019 - Discover Your Spotlight will be May 29-31, 2019. This year the Discovery Days Task Force has made the decision to have Discovery Days become a 3 day, 2 night event. Make sure to check out the website for Discovery Days at http://www.kansas4-h.org/events-activities/conferences-events/discovery-days/index.html. Discovery Days registration for "Discover Your Spotlight" will be opening on March 1 and will close April 15 at midnight.

KANSAS KID WIND CHALLENGE

In 2019, the Kansas Energy Program within K-State Engineering is hosting the ultimate wind energy learning experience, where teams of students design, build and test their own wind turbines in a 48" x 48" wind tunnel at a wind speed of approximately 3.5 m/s. There are two divisions - 4-8 grade and 9-12 grade. Any student group is welcome to participate, including, but not limited to public school, homeschool, 4-H, after-school clubs, Boy Scouts, and Girl Scouts. The Northwest area testing day is March 7th in Oakley at Northwest Kansas Educational Service Center. For more information, go to: www.kansasenergyprogram.org.

AMERICA’S FARMERS GROW AG LEADERS SCHOLARSHIP DUE FEBRUARY 6

Each year, the America’s Farmers Grow Ag Leaders scholarship program awards more than $500,000 to eligible students pursuing ag-related studies. The application period ends February 6. For more information, go to: http://bit.ly/2FU6zSi. If you’ve been asked to endorse a student, please submit your endorsement by February 13 following the instructions given to you by the student or calling 1-855-332-2577.

JUNIOR PRODUCER DAYS

Kansas State University will host two junior producer days to help youth increase their knowledge about livestock production and management. The Junior Swine Producer day is set for March 9, and the Junior Meat Goat Producer day will be March 30. Both events will be held in Weber Arena on the K-State campus. The events are hosted by the K-State Youth Livestock program, K-State Research and Extension and the K-State Department of Animal Sciences and Industry. The cost for each event is $15, or $20 if you register late. The early registration deadline for the Junior Swine Producer day is Feb. 15 and the early deadline for the Junior Meat Goat day is March 11. To register, complete the flyer located at http://bit.ly/ksujrproducerdays, or complete the online form at http://bit.ly/ksuasiregister.

2019 NORTH CENTRAL KANSAS LIVESTOCK CIRCUIT DATES

May 4th: Kick Off Classic, Russell
May 5th: Ellis County Spring Show
May 25th: Smith County Spring Show
May 26th: Rooks County Spring Show
June 1st: Get Your Shine On, Graham County

For more information on the NCKLC shows, like and follow the North Central Kansas Livestock Circuit.
KANSAS 4-H DOG CONFERENCE THEME LOGO DESIGN CONTEST

The Kansas 4-H Dog Conference logo design contest is open to all dog project members. Designs are needed for the 2019 theme “Rock Star 4-H Dogs.” Designs must reflect this dog rock star theme and be submitted electronically in a JPG format. PDF submissions will not be accepted. The winning logo design, with professional modifications, will be used for promotional efforts including t-shirts. The winning entry will receive a complimentary registration to the 2019 Kansas 4-H Dog Conference, October 19-20, 2019, Rock Springs 4-H Center. There is no cash value. Entries must be received electronically by Friday, March 15. Questions may be directed to Deryl Waldren at dwaldren@ksu.edu, or 785-462-6281.

Win $1,500 for YOUR LOCAL FOOD BANK!

NEIGHBOR to NEIGHBOR STATEWIDE FOOD DRIVE CHALLENGE

Please join the Kansas Department of Agriculture in celebrating Kansas Ag Month in March with the Neighbor to Neighbor Food Drive. The Kansas ag community is celebrating Kansas Ag Month by helping neighbors in need through the Neighbor to Neighbor statewide food drive. The food drive is jointly hosted by the Kansas Department of Agriculture, Dillons Food Stores, Harvesters–The Community Food Bank, the Kansas Food Bank, the Second Harvest Community Food Bank and the Kansas agricultural community. Collected food items stay in the areas from which they are donated. Who can win? Any 4-H or youth organization within the state of Kansas can win the $1,500 Dillons grocery voucher for their local food bank. There will be one winner selected for each of the four extension districts. Visit agriculture.ks.gov/ksagday for full details.

4-H FABRIC AT JOANN

Add some clovers to your upcoming sewing and craft projects with new 4-H fabrics available at JOANN! Starting in mid-January, several 4-H fabrics will be available in 500 JOANN stores for purchase and online.

APPLICATIONS DUE TO HOST STATES’ 4-H SUMMER EXCHANGES

Families wishing to host a Norwegian or Costa Rican 4-H teen this summer need to have approved applications by March 1. This is an online application which can be accessed from the Kansas 4-H webpage https://www.kansas4-h.org/events-activities/global-citizenship/host-family-information/ through a link to the Electronic On Line Application Process on States’ 4-H International Exchange Programs’ site. We will follow up to arrange for required host family screening procedures. The same process will be used for hosting a younger teen from Japan. Completing the application is the first step, but it does not assure a placement. If a family applies for a States’ 4-H hosting program and is not selected, they can be considered for hosting an IFYE for 2-3 weeks during the summer. Contact Mary Kay Munson at 785-238-3631 (leave a message) or munson@ksbroadband.net to discuss hosting options and applying to host. She can refer families to the Japan Inbound and/or the IFYE coordinators.

4-H DAY

The schedules for 4-H Day in Beloit have been posted to our website. You can view the schedule at http://www.postrock.k-state.edu/4-h/postrock-district-events/index.html Please contact the office if you need to cancel your presentation. Make sure you double check for your 4-H Club Room Monitor responsibilities. Entries for the 4-H Day in Osborne on March 18th are due to your local office by February 22nd.

HAZARDOUS OCCUPATION TRAINING

HOT training is coming in March. Dates are unconfirmed as of now. Watch for emails and flyers that will be coming soon.
Food Stand Manager needed for the 2019 Jewell County Fair, July 11 - 14. Please spread the word!! Applicants should apply at the Jewell County extension office, or call 785-378-3174.

**BEEF WEIGH-IN**
Saturday, February 16
1:00 p.m.
Mankato Sale Barn

**ROOM MONITORS FOR DISTRICT 4-H DAY IN BELOIT**
Senior & Junior Demonstrations & Illustrated Talks
Junior & Intermediate Project Talks
Room 207 Room
Monitor: Mankato Eager Beavers

**COOKING WITH KIDS S.P.I.N. CLUB**
Cupcakes in a mug
Ice cream in a bag

**JEWELL COUNTY FAIR THEME**
At the next 4-H Council meeting the theme for the 2019 Jewell County Fair will be decided. If you have a fabulous idea for the theme, please contact a council member or call the extension office at 785-378-3174.

**JEWELL COUNTY 4-H COUNCIL**
The next meeting for Jewell County 4-H Council will be March 18th at 7:00 in the courthouse meeting room. Please bring fair theme ideas with you.

**POST ROCK DISTRICT QUIZ BOWL**
4-H DAY
The schedules for 4-H Day in Beloit have been posted to our website. You can view the schedule at [http://www.postrock.k-state.edu/4-h/postrock-district-events/index.html](http://www.postrock.k-state.edu/4-h/postrock-district-events/index.html). Please contact the office if you need to cancel your presentation. Make sure you double check for your 4-H Club Room Monitor responsibilities.
Entries for the 4-H Day in Osborne on March 18th are due to your local office by February 22nd.

JUNIOR LEADER CONTRACTS
The contracts for our trip this summer to Wichita have been mailed to you. The contracts were due on January 28th. If you plan to go on the trip and did not get yours turned in please contact Aliesa ASAP.

BEEF WEIGH-IN

<table>
<thead>
<tr>
<th>Lincoln County</th>
<th>Mitchell County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, February 20th</td>
<td>Wednesday, February 20th</td>
</tr>
<tr>
<td>4:00-5:00 p.m.</td>
<td>5:00-6:00 p.m.</td>
</tr>
<tr>
<td>Sylvan Sales Commission</td>
<td>Solomon Valley Vet</td>
</tr>
</tbody>
</table>
OSBORNE COUNTY ANIMAL TAGGING DATES

Beef (Steers & Commercial Heifers) | February 23rd | 9:00 – 11:00 A.M. | Osborne Sale Barn
Beef EID Tag prices $3.50 each. If you have questions, contact Kim.

Small Animal (Swine, Sheep, Goats, Bucket Calves) | April 27th | 9:00 – 11:00 A.M. | Osborne County Fair-grounds
Rabbits must be owned & tattooed by May 1 (We will be tattooing rabbits at Small Animal Tagging)

POST ROCK DISTRICT 4-H DAY #2
March 18th | 4:30 p.m. | Osborne High School
Entry Deadline | February 22nd | Osborne Extension Office
Entry Forms & Guidelines in December newsletter and posted on Post Rock District website
http://www.postrock.k-state.edu/4-h/postrock-district-events/index.html.

SAVE THESE DATES
June 20 – 23, 2019 | Great NW Camp | Rock Springs 4-H Center, Junction City, Kansas
July 24 – 27, 2019 | 2018 Osborne County Fair | “Party til the Cows Come Home”

4-H INSPIRED CREATIVITY AT THE JANUARY VISUAL ARTS PROJECT MEETING

OSBORNE COUNTY 4-H COUNCIL AWARDED GRANT FOR “GROW YOUR PLATE” PROGRAMMING
Osborne County 4-H Council submitted an application this past fall for an Osborne County Community Foundation Grant. We received news that we were awarded a grant! The funds we received are being used to present a six-week program called “Grow Your Plate” at the Osborne Public Library. It will be part of the Wednesday After Class program starting March 20th. Volunteers are needed to help. Please contact Kim if you can assist. Follow our program on the Post Rock District Facebook page as we explore the Plant Science project.
SMITH COUNTY 4-H COUNCIL
Sunday, March 3rd | Smith Center Courthouse Basement Meeting Room | 2:30 p.m.
Bake cookies the 3rd and decorate the 10th.

4-H FOODS & NUTRITION GROUP
~ February 7, 2019 ~ 4:30-5:30 ~ The United Church in Kensington
~ February 27, 2019 ~ 3:30-5 or 5:30 ~ Smith Center High School FACS Room
RSVP: Please register at the Post Rock Extension District office in Smith Center at 785-282-6823 or email overmiller@ksu.edu.

VALENTINE COOKIE SALES
$5.00 for 1 X-Large Cookie ~ order via a 4-Her or call the extension office at 282-6823. Order forms will be available in office or on the webpage.

SAVE THE DATE
Beef Tagging and Weigh-IN | Smith Center Vet Clinic | March 2nd 9-11 a.m.
Registration Deadline for Club Days in Smith Center | February 9th
County Club Day | Osborne High School | March 18th
Super 4-H Saturday | Hays, KS | March 23rd

FOODS and NUTRITION CLASS & BOWLING PICTURES

NEEDED:
The 4-H Council is looking for a manager for the 2019 Smith County Fair 4-H Food Stand. If interested, please contact the extension office at 282-6823.
Dates to Remember

February 1: State 4-H Scholarships due in Manhattan by 5:00
Promotional Videos due, local office
February 9: 4-H Day, Beloit
February 10: Ambassador Training registration due
February 17-18: Citizenship in Action, Topeka
February 22: State Horse Judging Contest, Topeka
February 22-23: 4-H Ambassador Training, Rock Springs 4-H Center
March 9: Kansas Junior Swine Producer Day, Manhattan
March 18: 4-H Day, Osborne
March 30: Kansas Junior Meat Goat Producer Day, Manhattan
April 15: Discovery Days registration due
May 15: Campference registration due
May 29-31: Discovery Days, Manhattan
June 4-6: Jr. Leader Trip, Wichita
June 20-23: Great Northwest Camp, Rock Springs 4-H Center
June 23-26: Campference, Rock Springs 4-H Center
August 17: State 4-H Horticulture Judging Contest, Manhattan

Post Rock District 4-H Program Coordinators

Risa Overmiller
P.O. Box 287
Smith Center, KS 66967
785-282-6823
overmiller@ksu.edu

Daphne Manning
307 N. Commercial St.
Mankato, KS 66956
785-378-3174
dmannin@ksu.edu

Kim Naber
113 North 1st St.
Osborne, KS 67473
785-346-2521
kimn@ksu.edu