4-H ENROLLMENT IS OPEN!

4-H members need to enroll in 4-H Online for the 2021-2022 program year! Cloverbuds, new members, renewing members, and volunteers need to enroll. The Post Rock District enrollment period is October 1-November 1. You will pay your annual participation fee directly to the Kansas State 4-H Office. Please check with your club leader to see if your fee is sponsored locally. Contact a Post Rock District Office if you have any questions or to schedule an appointment to complete enrollment at an office. Enrollment resources are available on the Kansas 4-H Website > 4-H Online Resources.

ROCK SPRINGS 4-H CAMP: PRIORITY ENROLLMENT OPEN FOR 2022

Kansas 4-H Camp at Rock Springs is expanding to involve more opportunities for youth. Starting in 2022, 4-H Camp will be open to all youth ages 8-18 with both three-night and six-night options. Youth can register for any session of interest; the historical camp groupings are discontinued. 4-H membership is not required to attend.

Registration and payment will take place directly with Rock Springs Ranch at rockspringsranch4hcamp.org. Early bird registration will be open until October 31. 4-H members who register during the early bird window will receive a 10% discount. It is recommended to register early, as camp sessions will fill on a first-come-first-serve basis. You can schedule an appointment if you would like the Post Rock District Team to assist you with the new online registration process.

There will continue to be opportunities to earn a financial scholarship through many county-level councils and clubs in Post Rock District, but they will likely be issued differently this year. You’ll get updates about these opportunities from your 4-H Council representatives, at 4-H Club meetings, and through your county’s page of 4-H newsletters. You can find more information about the expanded Kansas 4-H Camp experience at the Post Rock District website > 4-H Youth Experience > Events & Activities.
SPARK CHALLENGE DURING NATIONAL 4-H WEEK

National 4-H Week is October 3 – 9th. We invite you to complete the 4-H Spark Challenge! Email Shannon Rogers, Communications Manager, at shrogers@ksu.edu if you want us to help share your love of 4-H!

48 HOURS OF 4-H SERVICE WEEKEND

The weekend after National 4-H Week, October 9-10, is the perfect opportunity to engage in a service project. Invite your friends, clubs, adult volunteers, potential members, and 4-H alums, too! It’s time to make plans for your club to participate. Visit the 48 Hours of 4-H website for a helpful guide, to register your projects(s), and submit your impact report!

PROJECT LEADER TRAINING SERIES

Project leaders play a valuable role in the 4-H experience. Project leaders provide education and support to youth related to a specific 4-H project of interest. Adults serving as project leaders need to complete the Kansas 4-H volunteer registration and screening through 4-H Online. Older youth serving as project leaders need to be actively enrolled as a 4-H member.

Kansas 4-H is offering a training series to support project leaders with tangible ideas and resources you can use to engage 4-H Youth. All sessions are free and will be recorded. The sessions are scheduled to start at 6:30PM CST. You do not have to attend all sessions, but registration is required to participate live or receive the recording. Register online at: 4-H Volunteer Project Leader Training Series Registration.

If you are interested in serving as a Post Rock District 4-H Project Leader, please reach out to Nora Rhoades at nrhoades@ksu.edu to discuss, plan and promote experiential learning experiences to youth across the District.

Oct. 5 – Service Learning
Oct. 7 – Creative Arts – Visual Arts – Barn Quilts
Oct. 12 – Financial Literacy
Oct. 14 – Ag & Nat Resources – Wildlife
OFFICER TRAINING

Join Post Rock District in Mankato at Rock Hills High School for Officer Training on Saturday, November 6! Youth and adults are welcome to learn about their important 4-H Club role and develop leadership skills. Youth participants will leave with a packet of helpful resources. Officer Training will begin at 10:00AM, ending by Noon. Registration due by October 29, 2021. Resources are available on the Post Rock District website > 4-H Youth Experience > Officer Resources. Sign up at https://bit.ly/PRD4-HOfficerTraining.

4-H QUIZ BOWL

Test your 4-H knowledge at the Post Rock District Quiz Bowl in Mankato on Saturday, November 6! Quiz Bowl will take place at Rock Hills High School beginning at 1:00PM. There will be a Junior Division (7-12 years) and Senior Division (13 and older), according to your 4-H age before January 1, 2022. You can sign up as a team of four or as an individual. Team members can be from any Post Rock District club or county. You will compete in the division of the oldest team member. Individual entries will be grouped to form teams before the event. Registration due by October 29, 2021. Study resources are available on the Post Rock District website > 4-H Youth Experience > Quiz Bowl Resources. Sign-up at https://bit.ly/PRD4-HQuizBowl.

DOG PROJECT INFORMATIONAL & PROJECT MEETING

District 4-H Dog Project Leader, Kelli Burrus, invites all youth and parents interested in learning more about the 4-H Dog Project to attend an informational Dog Project meeting on Sunday, October 10th at 2PM at the Osborne County Fairgrounds in Osborne. Dog Project members will also be learning about Dog Agility and what all is needed to be able to participate with your canine companion in this fun dog activity. Ten to fifteen minutes a day spent working with your dog is a small-time investment to have a well-trained, well behaved canine companion that your family can enjoy. Kelli is also planning on a Dog Project meeting on Sunday, October 24th, 2PM, Osborne County Fairgrounds. To sign up email Kim Naber at kimn@ksu.edu.

STATE 4-H DOG CONFERENCE AND QUIZ BOWL

The 2021 Kansas 4-H Dog Conference and Quiz Bowl theme is Surviving and Thriving with K9’s! It will take place October 23-24, 2021 at Rock Springs 4-H Center. The educational sessions are open to youth and adults interested in the Kansas 4-H Dog project. Registration is required by October 8. Registration and Details can be found on the Kansas 4-H website under 2021 Kansas 4-H Dog Conference and Quiz Bowl.
KANSAS 4-H PROJECT RESOURCES

Visit your project’s website at Kansas 4-H to connect to a wide variety of resources such as curriculum, exhibiting expectations, leader resources, and more. If you are looking for guidance or new ideas in a project area, reach out to your local office and we’ll help direct you to resources that will assist with finding your spark!

DISTRICT 4-H SHOOTING SPORTS

4-H members can enroll in shooting sports if his/her 4-H age is 8 or older and if Post Rock District has a certified instructor in the discipline area. For the 2021-2022 year, youth should enroll in a community club in their respective county and then engage in the district-wide shooting sports project meetings for each respective discipline. Independent 4-H members cannot enroll in shooting sports projects. Post Rock District does not have a chartered project club specifically for shooting sports at this time. Due to the enrollment limitations and special requirements associated with being able to offer shooting sports, no discipline of shooting sports should be selected by a community club to be a “club project” of focus throughout the year.

Each youth enrolling in at least one shooting sports discipline will owe a special project fee of $10.00 to their respective 4-H Council. This fee covers unique expenses for Post Rock District to remain eligible to offer shooting sports (insurance, instructor re-certification, etc.). All live-fire discipline meetings/practices must take place under the direct supervision and leadership of the certified instructor, and youth only become eligible to compete once they have completed an instructor’s required practices. Post Rock District has certified instructors for archery, shotgun, bb gun, and air rifle. If you try to enroll for any disciplines we do not have an instructor for, you will be notified by our staff regarding an incomplete and incorrect enrollment.

FALL ARCHERY 4-H PROJECT MEETINGS

Tommie Berger will be hosting 4-H Shooting Sports Archery project meetings each weekend in October. Tommie is leaning toward Sunday afternoons, but is flexible based on majority opinion of those wanting to participate in the project meetings. If you are interested in participating, contact Tommie at bergkwf@wtciweb.com or 785-524-6112. You must be at least 8 years old (4-H age) and enrolled through 4-H Online in the appropriate discipline for the 2021-2022 4-H year.
STATE 4-H SHOOTING SPORTS INSTRUCTOR & COORDINATOR TRAINING PLANNED

The 4-H Shooting Sports Advisory and State 4-H Office are planning for Level 1 Shooting Sports Instructor training to be held March 25 - 27th, 2022, at Rock Springs 4-H Center. Training for Coordinators and each of the Shooting Sports Disciplines will be offered. It is their intention to offer training for any discipline that has registered participants. Additional information and registration details will be communicated at a later date. There will not be a training offered this fall.

If you are an adult interested in becoming a registered Kansas 4-H volunteer and shooting sports instructor for one of the state’s offered disciplines, contact Nora Rhoades at nrhoades@ksu.edu. Instructors can host meetings/practices at an approved location of their choosing; however, all instructors are expected to openly promote educational opportunities to all Post Rock District youth enrolled in the relevant shooting sports discipline.

Post Rock District is required to have a registered and certified volunteer Shooting Sports Coordinator. This position is currently vacant, and we are allowed to operate on an interim basis with Nora Rhoades, District Youth Development Agent, acting as the Coordinator because she has completed the required certification. However, this allowance is not long-term, so if you are interested in becoming the Post Rock District Shooting Sports Coordinator (or Co-Coordinators) please reach out to Nora so training expectations and responsibilities can be shared.

KANSAS YOUTH LEADERSHIP FORUM (KYLF)

The Kansas Youth Leadership Forum (KYLF) is planned for November 20-21, 2021 at Rock Springs 4-H Center. KYLF is for youth ages 14-18 before January 1, 2022. KYLF will feature leadership workshops, Youth Council Elections, and opportunities to learn and have fun. Registration is due by November 1. Contact your local office if you want to attend so we can share registration information once it becomes available. Post Rock District staff will provide a chaperone for this personal development event. Transportation will be available through the Post Rock District.
KANSAS 4-H T-SHIRTS
Did you miss getting a Kansas 4-H “Find Your Spark” t-shirt during the Kansas State Fair? You can purchase until November 24 through the online order system on the Kansas 4-H website. Proceeds of t-shirt sales benefit the Kansas 4-H Youth Leadership Council.

CLUB REPORTER OPPORTUNITY
We hope 4-H Club Reporters will consider sharing with Post Rock District 4-H many highlights of club meetings, community service, educational activities, and fun! We are excited to brag about your club on the Post Rock District 4-H social media platforms, and we are more than happy to assist with developing newspaper articles. Email Shannon Rogers, Communications Manager, at shrogers@ksu.edu.

4-H AT HOME
4-H at Home provides learning resources for kids, teens and families to enjoy from home (or anywhere!). Explore National 4-H’s 4-H at Home website to receive hands-on, educational activities, including activity guides and curriculum to help explore your spark!

SEWING CLASSES OFFERED
There will be a Sewing Class in Smith Center at the High School. The focus will be making Table Runners. Classes will be late afternoon, November 1 & 8 and December 6 & 13 with a limit of 10 youth per class. The cost is $20.00. Call the Post Rock District - Smith Center Office to RSVP: 785-282-6823.

enroll in the new 4-H year now!
postrock.ksu.edu/4-h/join
Post Rock District 4-H Spark Challenge

October 3 - 10, 2021

Join us in celebrating National 4-H Week 2021. Show your 4-H Spark through sharing photos and your 4-H story for the daily theme on Facebook, Snapchat, Instagram, Twitter, etc.

- **Shine On Sunday**
  - October 3
  - Share a photo of the 4-H accomplishment you are most proud of.

- **Make the Best Better Monday**
  - October 4
  - Share a photo of yourself leading/teaching others.

- **4-H Spirit Tuesday**
  - October 5
  - Wear your favorite 4-H t-shirt/4-H gear to school/work and share a photo.

- **Wacky Wednesday**
  - October 6
  - Share photos having fun with 4-H friends.

- **Transformation Thursday**
  - October 7
  - Share photos of your early 4-H years and current 4-H year.

- **Feel Good Friday**
  - October 8
  - Share photos of 4-H helping you lead a healthy and active life.

- **Service Saturday**
  - October 9
  - Share photos putting your hands to larger service.
Calling young leaders committed to making a difference! Leadership Summit will provide you with an interactive experience focused on developing communication skills necessary to become the effective leaders of tomorrow. Topics such as empathy, active listening, and communication styles are explored to give you a wide variety of tools to use when practicing leadership. Additionally, you will engage in the hands-on ICDD Facilitator Training focused on skills to effectively facilitate difficult conversations. You will be able to understand the importance of the principles of civic discourse, identify ways of de-escalating conflict, and be able to create a safe space for others to share their stories and experiences.

or call the Post Rock Extension District at 785-378-3174.

All teens currently in 7-12th grades are invited to participate. A $5.00 participation fee is due to a Post Rock District Office. Lunch is provided. Space is limited. Register by October 22.

Questions? Contact Nora Rhoades, Post Rock District Youth Development Extension Agent at nrhoades@ksu.edu.
4-H Online Enrollment

4-H Online will be open to process enrollments on Friday, October 1st. This is the date when everyone enrolls for the new 4-H year. All returning 4-H families be SURE to choose CHECK in the payment option. Jewell County 4-H Council will be responsible for paying this fee. All new 4-H families will pay the fee, but you will receive credit at the 4-H food stand in the summer if you are a current 4-H member. You will not be asked to pay a fee for Cloverbuds. If you have any questions, please call the extension office at 785-378-3174. Everyone should be enrolled before November 1.

Family Fun Day

2021 Family Fun Day will be on Sunday, October 31 from 11:00AM to 2:00PM at Mankato City Building. Please come dressed in your Halloween costume.

Achievement Celebration

This year’s Achievement Celebration will be November 7, 2021 at 4:00PM at the Jewell Community Center in Jewell. There will be a potluck meal. All 4-H families are encouraged to attend.

4-H Council Officers

President: Jacob Underwood
Vice President: Faith Reinert
Secretary: Jayce Cady
Treasurer: Lenden Worm

Congratulations to all State Fair exhibitors!
County Service Project

4-H members and families are asked to help at the fairgrounds on Saturday, October 9 from 8AM-??. Thanks to 4-H Council and Fairboard for organizing this 48 Hours of 4-H project. Wear work clothes. We will be painting and cleaning up the fairgrounds. Fairboard will provide paint, but if you have other tools that would be useful please bring them.

4-H Registration Fees to be Paid

Due to the generosity of the Lincoln County 4-H Boosters, all registration fees will be paid in 2021-22 by that organization. Instructions will be sent prior to registration on how to complete your online registration to get your fees paid. Watch your e-mail!

Achievement Celebration

The Achievement Celebration will be held on October 23rd at the Hunter Community Building. The award ceremony will begin at 6:30PM with an ice cream social and dance to follow. Please bring a snack to share and join us for an evening of fun and celebration!

4-H Council Meeting Dates for 2021-22

The Lincoln County 4-H Council set the following dates for the next program year: December 29th at Noon, February 21st at 6:30PM, April 11th at 6:30PM, June 13th at 6:30PM, August 8th at 6:30PM, and September 26th at 6:30PM. All meetings will be held at the Lincoln Senior Center. The December meeting will be a pizza celebration.

2021-22 Club Officers

Don’t forget to send your newly elected officers and council names to the Lincoln Extension Office. We need them for Council meeting agenda and sign-in.

Lincoln County Fair

The Lincoln County Fair will be held July 20 through 23. The Ranch Rodeo will be on July 22nd and the Demolition Derby will be held on July 23rd. Please mark your calendars!

Fair Results

Watch the Lincoln Sentinel-Republican and the Lucas-Sylvan News for all of the fair results. Congratulations to all of our youth that participated in both the County and State Fair. We are so proud of your accomplishments.
2021 Achievement Banquet
Sunday, October 24th, 2021 at 5:30PM
Zion Lutheran Church Basement
LET'S CELEBRATE OUR 4-HER'S ACHIEVEMENTS!!

STATE FAIR PROJECTS
Congratulations to all State Fair exhibitors. We saw lots of great projects submitted this year. Great job!

NEW CLUB OFFICERS
Club leaders please submit your newly elected 4-H club officers and your program book to the Extension Office. This will assist our office in getting organized for the new 4-H year.

Next 4-H Council Meeting:
Monday, October 18, 2021
at 7:00PM
1st National Bank-Beloit
This is an important meeting and we need all the representatives from the clubs to attend. We will be electing new officers and making plans for the upcoming year.
**NATIONAL 4-H WEEK - OCTOBER 3 - 9**
Show others your 4-H pride by participating in the Post Rock District 4-H Spark Challenge. Be sure to wear your favorite 4-H t-shirt to school and work on Tuesday, October 5. See the main portion of newsletter for more information on daily themes.

**ENROLL/RE-ENROLL IN 4-H ONLINE**
- 4-H Online opens for the new 4-H year Friday, October 1.
- Enroll new members, re-enroll existing youth and volunteers.
- 4-H Online website - https://v2.4honline.com.
- Check your email inbox for re-enrollment instructions.
- Log in to your existing 4-H Online account. DO NOT create a new account.
- Need assistance? Contact the Osborne Extension Office.

**OSBORNE COUNTY "4-H CLubs Grow CONTEST"**
4-H Council will award a Pizza Party to the club which grows its membership the greatest percentage for new enrollments during the month of October. October is the perfect time to invite friends to go to a club meeting. Help your club and get others involved in 4-H!

**FALL DOG PROJECT MEETINGS**
Kelli Burrus will be holding Dog Project meetings this fall. The first meeting is scheduled for Sunday, October 10th, 2:00PM, at the Osborne County Fairgrounds.

**JOIN US FOR THE 2021 OSBORNE COUNTY 48 HOURS OF 4-H WORK DAY OCTOBER 10**
All Osborne County 4-H members and families are encouraged to join in our county-wide service project at the Osborne County fairgrounds on Sunday, October 10th at 1PM. Wear work clothes. We will be painting and cleaning up the fairgrounds. Paint and brushes will be supplied.

**OCTOBER 4-H COUNCIL MEETING**
October Council Meeting Date: Monday, October 25, 2021
Osborne Extension Office, 7:30PM. Election of Officers
** October 1st - Enrollment Opens and Pin and Project applications due to the office.  
** October 6th at 4PM Courthouse Meeting room  
4-H Visual Arts - General Craft Class - Fall Art Painting -  
Call office to register.  
** October 15th 4-H presentations at Smith Center Grade School  
** October 17th at 2:30PM 4-H Council Meeting at  
Courthouse Meeting room  
** October 31st  Achievement Celebration and 4-H Fall Fun Party - Open to all, 2:30-5PM @ SC Fairgrounds -  
Pumpkin Carving Team of 4 Competition, Costume Contest, Corn Hole, Mummy decorating, and more. Hot Dogs and S'mores for all, families bring a side dish or finger food, & chairs. RSVP to Risa or the office by Oct. 25th so we have a general # idea.  

** Sewing Class - Table Runners -- Nov. 1 & 8, Dec. 6 & 13 --  
Smith Co. youth FREE. Limit 10 per class. Call office to RSVP.  

Congratulations to all the State Fair participants and 4-H Day participants!
UPCOMING EVENTS

September 1- October 31: Rock Springs 4-H Camp Early Bird Enrollment for 2022 Camp Season
October 1-November 1: 4-H Online Enrollment
October 1: Deadline to apply for State Youth Council & National Conference
October 1 & 2: Northwest Kansas Team Building Workshop
October 3-9: National 4-H Week
October 5-14: Project Leader Training Series, virtual
October 9-10: 48 Hours of 4-H Service Weekend
October 10 & 24: Dog Project Meetings, Osborne County Fairground
October 23-24: State 4-H Dog Conference & Quiz Bowl, Rock Springs 4-H Center
October 30: NCK Leadership Summit, Beloit
November 1 & 8: Sewing Project Classes, Smith Center
November 6: Post Rock District Officer Training, Mankato
November 20-21: Kansas Youth Leadership Forum, Rock Springs 4-H Center
November 24: Deadline for ordering Kansas State Fair 4-H T-shirt
December 6 & 13: Sewing Project Classes, Smith Center
March 25-27: State Shooting Sports Instructor Training, Rock Springs 4-H Center