**IMPORTANT DEADLINE ON OCTOBER 3**

At the end of the 4-H year, members must apply to be considered to earn membership or project recognition. The deadline to submit all applications and records to be evaluated for a 2021-2022 4-H year award is October 3 by end of office hours at your local office. Visit: [www.postrock.k-state.edu/4-h/awards-and-recognition](http://www.postrock.k-state.edu/4-h/awards-and-recognition).

**CELEBRATE NATIONAL 4-H WEEK OCTOBER 2-8**

National 4-H Week is October 2-8! The fall is a great time for your club to share the many opportunities 4-H offers. Give announcements during school. Decorate windows downtown. Display projects in a business or library. Wear your favorite 4-H shirt. Invite a friend to a club activity. Ride a float in a parade. There are many great ways to share your club’s exciting and impactful work while encouraging new members to join!

**48 HOURS OF 4-H - INSPIRE KIDS TO DO**

4-H members have long been known for their involvement in community service. 48 Hours of 4-H allows us to focus on one weekend of service across our state on October 8-9. It is a perfect opportunity to set up a Service Project. For more information, go to: [Register 48 Hours of 4-H project website](#).

**DISTRICT OFFICER TRAINING**

Save the date for Post Rock District’s Officer Training on Saturday morning, November 5 in Lincoln! Youth and adults are welcome to learn about their important 4-H Club role and develop leadership skills! Complete details will be released in the October 4-H Newsletter.

**KANSAS STATE FAIR**

The Kansas State Fair takes place September 9-18 in Hutchinson! 4-H members planning to exhibit received emails regarding your project. It is great fun to visit the State Fair, and you can learn a lot from watching other youth show livestock, showcase exhibits, and compete in contests. We wish all Post Rock District exhibitors good luck!

For Kansas State Fair results, go to: [https://www.kansas4-h.org/](https://www.kansas4-h.org/).
ACHIEVEMENT PINS
Achievement pins recognize 4-H members as they reach milestones throughout their 4-H journey. As the 4-H journey progresses, the achievement pin requirements expand to challenge individuals to explore and engage in more opportunities to develop life skills. Members need to engage in face-to-face, hybrid, virtual, and distance learning opportunities in order to meet the requirements of the respective award. You can attach a supplemental document sharing two ways you adapted, adjusted or substituted an experience in order to remain active, as the year was once again impacted by pandemic restrictions. Permanent record, project record, and club meeting requirements cannot be waived with a substitute activity. You can find the pin applications on the Kansas 4-H website for Member Achievement Pins.

KANSAS 4-H KEY AWARD
The Kansas Key Award is one of the highest honors awarded to 4-H members across Kansas. As a 4-H award, the applicant needs to highlight 4-H related events, activities and achievements accomplished within the 4-H club, county/district, region, or state. The 4-H Key Award can be submitted using the original application or the alternative application, as posted on the Kansas 4-H website for the Key Award.

PROJECT RECORD BOOKS
Record Keeping and Project Reporting are valuable skills taught to members of the Kansas 4-H program. To help you through this process, refer to the Guide to Kansas 4-H Project Recognition. The state-level record books (Kansas 4-H Project Record Reports and Permanent Records) are the ONLY version available for project recognition as all previous versions have been discontinued. Kansas 4-H has printable forms, pdf editable forms, and a new online platform called ZBooks. If you want to improve your success with the Kansas 4-H Project Records, reach out to set up an appointment with our Post Rock District Team. We are happy to help!

THE 4-H PERMANENT RECORD
The Permanent Record is a complete compilation of a member’s activities, both 4-H and non-4-H. This record grows with the 4-H member, as you add on to it year after year. Many graduates say it can be very helpful with award and scholarship applications. This record is available as a fillable Microsoft Word document on the Kansas 4-H website.
CLUB SEAL RECOGNITION
We know your 4-H clubs are doing great work! Apply for a Club Seal and be recognized for your success! ALL Post Rock District 4-H Clubs are eligible! The Club Seal is awarded at the conclusion of each participation year. A 4-H Club may try for any seal without regard to the seals previously received. Applications are due October 3 (because Oct 1 is not a business day). Find the application and other details on the Post Rock District’s Club Seal webpage.

SPORTFISHING TOURNAMENT
Do you enjoy the outdoors? Looking for an activity that can be done at your own pace throughout the year? The Kansas 4-H Sportfishing Tournament is open to all 4-H members! The contest runs throughout the year and ends September 15. Participants can enter in any species/categories that they catch fish – go fishing and have fun! Find more information at the Sportfishing Project’s webpage.

ANIMAL SCIENCE & EQUINE WEBINAR SERIES
Kansas 4-H is hosting a monthly webinar series focused on equine-related knowledge and skills as well as a series focused on all things animal science and livestock. Register and learn more at the Animal Science event’s webpage and the Equine event’s webpage.

REGIONAL LEADERSHIP EVENTS
Kansas 4-H has a number of 4-H educational opportunities planned for this fall focused on leadership. Youth 12-18 years of age before January 1, 2023 can attend any regional leadership event! Registration is due September 23. Details are at the Regional Leadership Events webpage.

- Saturday, October 8 - Eastern Regional Leadership Forum - Rock Springs Ranch
- Saturday, October 22 - Central Leadership Forum - K-State Campus - Salina
- Saturday, November 5 - Western Leadership Forum - Scott City
KANSAS YOUTH LEADERSHIP FORUM
Kick off the new 4-H year at Leadership Weekend! November 19-20 at Rock Springs 4-H Ranch, the Kansas Youth Leadership Forum and the Kansas Volunteer Leader Forum will be held for youth ages 14-18 before January 1, 2023. Registration deadline is November 1. Registration will open mid-October. For more information, go to: Kansas Youth Leadership Forum website.

SERVE ON KANSAS YOUTH LEADERSHIP COUNCIL
The Kansas 4-H Youth Leadership Council Application and National 4-H Conference Application will be combined again this year, with applicants indicating if they are applying for one or both opportunities. Any Kansas 4-H member between the ages of 14 and 18 before January 1, 2023 may apply as a Council Rep and those 15-18 before January 1, 2023 may apply for National Conference. The deadline to apply will be October 1, 2022.

This year’s KYLF delegation will elect representatives from the four extension program areas (NE, NW, SE, SW) for one year terms on Council. Up to 6 National Conference Delegates will be selected through an interview process and they serve a two year term on Council.

DOG CONFERENCE
The Kansas 4-H Dog Conference and Quiz Bowl will be October 22-23 at Rock Springs 4-H Center. It is open to all Kansas 4-H members, accompanying parents, volunteer 4-H leaders and KSRE staff. The year’s theme is Doggie Olympics. Registration will be open soon on the event website. Deadline is October 1.

OUTBOUND EXCHANGES FOR 2023
By mid-September, there will be a link to the States’ 4-H International Exchange Programs Outbound Application posted to the Kansas State 4-H webpage. Outbound destinations are expected to be in Costa Rica, Japan, South Korea and Taiwan. Additional countries may be added.
CLUB LEADER NOTICE

4-H Club Leaders in Post Rock District will receive a letter by standard mail mid-September. The letter will outline responsibilities such as the annual financial review, volunteer registration, and more. The tasks will need to be completed for each 4-H Club to remain active and in good standing. If your club leadership is changing, please notify your local Extension Office so correspondence can reach the correct people. Thank you, Club Leaders! Your efforts to support our 4-H Clubs do not go unnoticed, and you really do make a positive impact in the lives of our youth!

CAREER OPPORTUNITIES WITH POST ROCK DISTRICT

Family and Community Wellness Extension Agent
Lead dynamic individual, family, and community wellness Extension programs! KSRE is hiring an Extension Agent to serve Post Rock District! The Family and Community Wellness Extension Agent will have a primary office in Lincoln, KS. See www.ksre.ksu.edu/jobs for responsibilities, qualifications, and application procedure. Application deadline is 9/14/22.

Office Professional
Post Rock District is taking applications for an Office Professional to be located in the Lincoln, KS Office. The Office Professional provides general administrative support to the local K-State Research and Extension educational program. This position is preferred full-time, with part-time consideration available for the right candidate. See www.postrock.ksu.edu/staff for position description and application procedure.

4-H Program Coordinator
Post Rock District is taking applications for a 4-H Program Coordinator. This position is full-time. The professional's home office will be in Lincoln, KS with some responsibilities across the five-county district. The 4-H Program Coordinator is expected to support and enhance the Post Rock District’s comprehensive 4-H Youth Development Program with the District 4-H Youth Development Agent and other team members. See www.postrock.ksu.edu/staff for position description and application procedure.

K-State Research and Extension is an EOE of individuals with disabilities and protected veterans. Background check required.
Build Life Skills with the 4-H Project Report

Purpose of 4-H Records and Reports

- To learn how to set goals, how to make plans for action, and how to decide how well you did.
- To learn the skills of record keeping and organization to use now and in the future. (examples: scholarships, finances, taxes, health, careers, scheduling, farming, etc.)
- To learn to communicate, prioritize, and summarize your project mastery and experiences.
- To practice responsibility by completing a task.

Tips for County Level Project Record Judging

What should I include in my Project Record Report for county level evaluation? For ALL age divisions there are 4 items to submit. Check you have them all!
1. Record Check Sheet
2. Personal Information Page
3. Kansas 4-H Project Report
4. Permanent Record

How many Project Record Reports do I have to do?
That is up to you! We encourage you to pick at least one project area. It is a great way to practice your record keeping skills! If you decide to compete in more, you only need to submit #1, #2, and #4 once. We can duplicate at the office as needed!

Handwriting or typing is acceptable. Please write legibly! Adults can only help type verbatim what the youth has recorded.
Many forms have fillable pdf options. Read the special instructions at Kansas4H.org so these save properly!

Don’t give up. Reach out for help if you are confused! And, don’t fib. If you don’t have an experience to log in a section, leave it blank. That is part of the learning process, and maybe it will help you set a future goal!

Use the Project Record Report for your 4-H age division. As each level advances, so does what is requested on the forms!
Junior = 7 - 9
Intermediate = 10 - 13
Senior = 14 - 18

Try the New Online Record Book
ZBooks is an online record keeping option available for Kansas 4-H. It is best to begin using ZBooks at the start of a 4-H year. After creating an account, you can regularly update your project records from a device! Then, at the end of the 4-H year, you will merge it into the Kansas 4-H forms used to compete at the county, regional and state level.

Explore the Kansas 4-H Record Book Resources and How-to Videos!
https://www.kansas4-h.org/resources/awards-and-recognition/ProjectRecognition.html
Huge Thank You!
A huge thank you goes to all the wonderful volunteers who helped at the 2022 Jewell County Fair! We truly appreciate your help.

October 1st Reminder
4-H Enrollment begins on October 1st. All record books and applications are due to the Extension Office no later than close of business on October 3, 2022.

2022 Kansas State Fair
2022 Kansas State Fair is September 9-18. Kansas State Fair entries of horticulture, floriculture, and foods can be brought to the Mankato office on September 6, 2022 at 8:30a.m.

Jewell County 4-H Council
Next 4-H Council meeting is Tuesday, September 27, 2022 at 7:00p.m.

Kansas 4-H Record Keeping & Project Reports
Kansas 4-H Record Keeping & Project Reports are due to the Mankato Office on October 3 by the end of business day. All Project Reports are available as form fillable PDF’s from www.postrock.k-state.edu/4-h/awards-and-recognition/project-recognition/.

Kansas 4-H Record Book contains 4 parts:
1. Record Check sheet
2. Personal Information Page
3. Kansas 4-H Project Report(s) - (one report per project)
4. Permanent Record

Lost and Found
We have a number of items that were found at the Jewell County Fair: 2 toy trucks, 2 caps, fair shirt, 2 hooded jackets, tennis shoes, hand towel, sunglasses, insulated cup, livestock shampoo, K-State lanyard, and a compass keychain. Claim your items at the Extension Office.

48 Hours - Inspire Kids To Do
4-H members have long been known for their involvement in community service. 48 Hours of 4-H allows us to focus on one weekend of service across our state. It is a perfect opportunity to setup a service project. For more information go to www.kansas4-h.org/events-activities/conferences-events/48-hours-of-4-h/.
Thank you to all who helped make Lincoln County Fair a success! Remember to pick up your ribbon premium checks from the Extension Office.

4-H Enrollment Opens October 1!
The 4-H Boosters have graciously agreed to cover the enrollment cost of ALL Lincoln County youth! An email will be sent as October 1 nears with specific instructions on how to enroll with the coupon.

Awards and Recognition Deadline October 3
4-H families received an email in August with helpful information related to 4-H awards and recognition. Different from past years in Lincoln County, ALL completed project record reports and pin applications can be submitted to the office for county-level judging. This will provide all youth with an opportunity to be evaluated by a judge and receive feedback to improve record keeping skills. If you have any questions please reach out! Options are available to set up a time to meet one-on-one (in-person or virtually). Remember October 3 is the deadline to submit required materials to the office.

Apply for Event Scholarships by October 3
Each year the Lincoln County 4-H Boosters offer event scholarships to help members attend Kansas 4-H events! The deadline to submit an event scholarship application to the office is October 3. The application is posted at: www.postrock.k-state.edu/4-h/awards-and-recognition/event-scholarships/

Lincoln Office Hours
Melody continues to keep the office open regularly from 8:00 a.m. to 12:30 p.m. during the week. Call the office and she will help address your needs! We strive to have staff in Lincoln to remain open in the afternoons, yet it is a good idea to call before travelling over just to double check!

September 26 ... 4-H Council Meeting (6:30 p.m. @ Senior Center!)
October 2-8 ... National 4-H Week (Share how awesome 4-H is!)
October 8-9 ... 48 Hours of 4-H (Complete a service project!)
November 5 ... District 4-H Officer Training (Happening in Lincoln!)
November 12 ... Achievement Celebration (Plans are in progress!)

Connect with us at postrock.ksu.edu

We Are Hiring

K-State Research and Extension is an equal opportunity provider and employer.

Family & Community Wellness Agent
Office Professional
4-H Program Coordinator

Postrock.KSU.EDU
This year’s Mitchell County Fair was made possible by so many great people! A huge thank you to all of our fair volunteers and superintendents!

2022 ACHIEVEMENT BANQUET

Date: October 23
Time: 5:30 p.m.
Place: Beloit First United Methodist Church

A few reminders:

- **Sept 6**: bring flower and food entries to Extension office for transport to State Fair by **10:00 a.m.**
- **Oct 1**: next year’s 4-H enrollment begins
- **Oct 3**: club seals, pin applications, and project records due to Extension office by **5:00 p.m.**
- **Nov 5**: officer training in Lincoln

**Tonia Underwood**, 4-H Coordinator in the Post Rock District, will work in the Beloit Extension office on Tuesdays and Thursdays and help with all things Mitchell County 4-H going forward. Feel free to stop in and see her!
A SHOUT OUT TO ALL OSBORNE COUNTY 4-H FAMILIES, MEMBERS AND VOLUNTEERS WHO HELPED MAKE THE 2022 OSBORNE COUNTY FAIR A SUCCESS!  

KANSAS STATE FAIR SEPTEMBER 9 -18  
If you have a chance to visit the Kansas State Fair, be sure to check out the 4-H Building to see some awesome exhibits. Grand Drive livestock competitions are Friday, September 9 - 11 and 4-H Horse Show is September 16 - 17. We have a number of Osborne County youth participating with static projects, livestock and poultry! Good Luck!

PROJECT RECORDS/PIN APPLICATIONS DUE  
Project Records and Pin Applications are due in the Osborne Extension Office on **Monday, October 3 by 5:00 p.m.** Resources for the applications are available at: www.postrock.k-state.edu/4-h/awards-and-recognition/project-recognition/.

SAVE THIS DATE  
**SUNDAY, OCTOBER 16**  
Osborne County 4-H Council will hold a Fall Party/Achievement Celebration at the Scout Cabin in Osborne at 3:00 p.m. Fun games, pumpkin decorating and good food will be on the agenda. Additional information will be shared soon. All 4-H families are encouraged to attend!

NEW 4-H YEAR STARTS  
**OCTOBER 1**  
The new 4-H year will begin on October 1. Watch for emails and Post Rock District Insider Experience Facebook group for important information on re-enrollment for the new 4-H year.

**Congratulations to Osborne County 4-H Member State Qualifiers**  
Osborne County 4-H members Milo Schreuder and Chris Heise qualified for State 4-H Shooting Sports competitions. Milo qualified in Archery and Chris in Shotgun. Good Luck!

4-H Horse Members Ride in Alton Jubilee Parade  
Osborne County 4-H Horse Project members enjoyed riding in the August 27th Alton Jubilee parade and were winners of the Best Animal entry in this year’s parade!
Important Dates:

- September 2 - Nonperishable State Fair entries due to the office by Noon
- September 6 - Perishable State Fair entries due to the office by 10 a.m.
- September 25 - Smith Co. 4-H Council, 2:30 p.m., Courthouse
- Oct. 2-8 - National 4-H Week
- Oct. 3 - Pin Application and Record Books due to the office by 5 p.m.
- October 17 - All 4-H Club financials due to the Extension Office

THANK YOU:
Thank you to all who volunteered, worked, and helped to make the 2022 Smith Co. Free Fair a Success.

Important sites to help you:

PIN APPLICATIONS
https://www.kansas4-h.org/resources/awards-and-recognition/index.html

RECORD BOOKS
https://www.kansas4-h.org/resources/awards-and-recognition/ProjectRecognition.html

START YOUR RECORD BOOKS
Record keeping and project reporting are valuable skills taught to members of the Kansas 4-H program. A new way to do record books is in ZBooks. If you are interested visit the Kansas 4-H ZBooks webpage for details and account sign-up steps.
UPCOMING EVENTS

September 15: Sportfishing Tournament ends
September 9-18: Kansas State Fair
September 30-Oct. 2: Kansas Junior Livestock Show
October 2-8: National 4-H Week
October 3: 4-H awards applications and records reports due
October 8: Eastern Regional Leadership Forum, Rock Springs Ranch
October 8-9: 48 Hours of 4-H
October 22: Central Leadership Forum, K-State Salina campus
October 22-23: Kansas 4-H Dog Conference, Rock Springs Ranch
November 5: Post Rock District Officer Training, Lincoln
November 5: Western Leadership Forum, Scott City
November 19-20: Kansas Youth Leadership Forum, Rock Springs Ranch

K-STATE RESEARCH AND EXTENSION IS COMMITTED TO PROVIDING EQUAL OPPORTUNITY FOR PARTICIPATION IN ALL PROGRAMS, SERVICES AND ACTIVITIES. ACCOMMODATIONS FOR PERSONS WITH DISABILITIES MAY BE REQUESTED BY CONTACTING THE EVENT CONTACT TWO WEEKS PRIOR TO THE START OF THE EVENT. CONTACT INFORMATION FOR THE POST ROCK DISTRICT IS AVAILABLE AT POSTROCK.KSU.EDU. REQUESTS RECEIVED AFTER THIS DATE WILL BE HONORED WHEN IT IS FEASIBLE TO DO SO.

KANSAS STATE UNIVERSITY AGRICULTURAL EXPERIMENT STATION AND COOPERATIVE EXTENSION SERVICE K-STATE RESEARCH AND EXTENSION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.