EVENTS AND DEADLINES AT A GLANCE

Sept. 8-17: Kansas State Fair
Sept. 29-Oct. 1: Kansas Junior Livestock Show
Oct. 1-7: National 4-H Week
Oct. 1: 4-H Online Enrollment begins
Oct. 2: Project Records, Achievement Pins, Club Seals due
Oct. 7-8: 48 Hours of 4-H
Oct. 21-22: Kansas Dog Conference & Quiz Bowl
Oct. 22: Mitchell Co. Achievement Celebration, Tipton
Oct. 22: Osborne County 4-H Year Kickoff at 4pm
Nov. 4: Post Rock District Officer Training, Osborne County
Nov. 5: Jewell Co. Achievement/ Skating Party, Formoso Skating Rink, 2pm
Nov. 5: Lincoln Co. Achievement Celebration, Vesper Community Center, 4pm
Nov. 18-19: Kansas Youth Leadership Forum
Nov. 18-19: Kansas Volunteer Leadership Forum
Feb. 10: 4-H Day #1
Mar. 4: 4-H Day #2

KANSAS 4-H MASTER CALENDAR
Kansas 4-H has a state and regional events master calendar. It is a living document with regular additions. Access the latest version at www.kansas4-h.org/events-activities/.
**It is that time of Year! 4-H Record Books!**

You set your goals at the beginning of October 2022. Now it is time to do your Record Book!

Your 4-H and Project Record Books and are due to the Extension Office by October 2 before the end of the business day at 4:30 p.m.!

Use the code to get to the website for Member Achievement Pins. Refer to page 3 of the newsletter for more information.

Follow the code to get to the Project Record Recognition website. Refer to page 4 of the newsletter for more information.

If you have questions or need help with record books and achievement pin please call (785) 378-3174 or email Tonia at tiunderw@ksu.edu.

**4-H Council Meeting**

The next Jewell County 4-H Council Meeting is Monday, October 16 at the Mankato Courthouse starting at 7:00 p.m. Your new club representatives will need to attend.

**Kansas State Fair**

Kansas State Fair is September 8 - 17!

2023 State Fair entries should be delivered to the Mankato Extension Office already as they were due August 28. **Except** for Food and Plant Science (horticulture and floriculture) entries which may be brought by **9:00a.m. on Wednesday, September 6.**
4-H COUNCIL

Premiums are now available in the office.
Thank you cards are also available to send to anyone who sponsored your fair prize.
Have a prize you want to see awarded? Unhappy with what you received? The 4-H Council developed a Prize Committee that is now taking ideas for the 2024 fair. Please contact Melody at the office for any ideas you might have on great prizes.

RECORD BOOKS AND ACHIEVEMENT PIN APPLICATIONS

Melody is available to help with record books, and achievement pin applications. She is willing to meet you after school, Saturdays or Sundays!
Please don’t hesitate to call and make an appointment!
All record books and pin applications are due in the office no later than noon on Monday, October 2nd.

48 HOURS OF 4-H SERVICE

October 7th and 8th are our opportunity to give back. Plan a service project. Invite your coordinator to help. Make sure you take pictures so we can share them throughout the District. Have fun while making someone else happy! Let’s see how many creative ways we can have fun and make a difference in Lincoln County!

4-H COUNCIL

The next 4-H Council meeting is Wednesday, September 20th, at 7:00 p.m. at the Lincoln Senior Center. Officers for the 2023-24 years will be elected. Want to participate in the County decisions? Volunteer with your local club to be a part of the Lincoln County Council.

OFFICER TRAINING

Officer training will be on November 4th at the Osborne High School. If you are an officer of your club or the 4-H Council, this is your opportunity to learn new skills or refresh the skills you already have. Please plan to attend!
Mitchell County Fair
We would like to thank everyone for all the hard work you did to make this year’s fair go so well. Thank you!

Solomon Valley Bank
Solomon Valley Bank gave Mitchell County 4-H Council $1,000 for their 10 months of giving.

Highlights from them Mitchell County Fair

It is that time of Year!
4-H Record Books!
You set your goals at the beginning of October 2022. Now it is time to do your Record Book!
Your 4-H and Project Record Books and are due to the Extension Office by October 2 before the end of the business day at 4:30 p.m.!

Use the code to get to the website for Member Achievement Pins. Refer to page 3 of the newsletter for more information.

Follow the code to get to the Project Record Recognition website. Refer to page 4 of the newsletter for more information.

If you have questions or need help with record books, and achievement pin please call (785) 738-3597 or email me at tiunderw@ksu.edu.

4-H Council Meeting & Achievement
Mitchell County 4-H Council will meet on Sunday, October 22, after the Achievement Celebration at 5:30 p.m. in Tipton. New club representatives should plan to attend!

Kansas State Fair
Kansas State Fair is September 8 - 17!
2023 State Fair entries should be delivered to the Beloit Extension Office already as they were due August 28. Except for Food and Plant Science (horticulture and floriculture) entries which may be brought by 9:00a.m. on Wednesday, September 6.
Thanks to all Osborne County 4-H families, members and volunteers who helped make the 2023 Osborne County Fair a success. There were lots of great exhibits in the 4-H Building and livestock barns! Congratulations on a job well done! Watch the Osborne County newspapers for a complete listing of fair results and photos of grand champions at the end of August.

**Kansas State Fair**
The Kansas State Fair is September 8 - 17 in Hutchinson. Osborne County will be represented in the 4-H Building with static exhibits. Stop by the 4-H Building to check out all the exhibits. All state fair bound exhibits are due in the Osborne Extension office on Monday, August 28 except for food entries which are due in the office on Wednesday, September 6th by 9:00 a.m.

**New 4-H Year**
The new 4-H year begins on October 1, 2023. Watch your email and the Post Rock District 4-H Facebook Insider Experience for important information on enrollment for the new year.

**Save the Date for Officer Training November 4**
Osborne County will be hosting the District Officer Training on Saturday, November 4 at the Osborne High School. The event will be in the morning. This will be a great opportunity for club officers and council reps as well as adult leaders to attend.

**Project Records and Pin Applications**
It's time to wrap up the 2022 - 2023 4-H year by completing project records and pin applications. Both are due in the Osborne Extension Office on Monday, October 2nd by 5:00p.m.

For resources on Project Records, scan the QR code on the left or access this website [www.postrock.k-state.edu/4-h/awards-and-recognition/project-recognition/](http://www.postrock.k-state.edu/4-h/awards-and-recognition/project-recognition/). Refer to page 4 of this newsletter!

For resources on Pin Applications, scan the QR code to the right or access this website [www.postrock.k-state.edu/4-h/awards-and-recognition/member-achievement/](http://www.postrock.k-state.edu/4-h/awards-and-recognition/member-achievement/). Refer to page 3 of this newsletter!

Contact Kim if you are needing help with pin applications or record books.

**4-H Council September Meeting**
The Osborne County 4-H Council will meet on Monday, September 25, at 7:30 p.m. at the Osborne Extension Office.

**Congratulations to State Shooting Sport Qualifiers**
Congratulations to Colson Cline and Webb Schreuder for qualifying for the 4-H State Shooting Sports match in Archery. Congratulations to Chris Heise for qualifying in shotgun.
Learning by Doing! And helping each other be their best -- what 4-H is all about!

Pin Applications and Projects Awards
These are due by the close of business on Oct. 2nd to the Extension Office. Here are the links to access the pages. You can also do Project Awards through the Zsuite app.

Read pages 3 & 4 of this newsletter for details.
Pin applications: www.kansas4-h.org/resources/awards-and-recognition/
Project awards: www.kansas4-h.org/resources/awards-and-recognition/LocalRecordKeeping

NEW 4-H CLUB
Lebanon will once again have a 4-H Club. 4-Oaks will have these leaders Brooke Warner and Deb Hanson.

Important Dates:
September 8-17 ~ Kansas State Fair
September 17 ~ Smith Co. 4-H Council 2:00 p.m.
September 19 - 4:00 - 5:00 p.m. Record book help and Pin Application help at the Extension Office.
Oct. 1-7 National 4-H Week
Oct. 1 Enrollment opens
Oct. 2 – Project Awards and Pin Applications due to the Extension Office by 5:00 p.m.
Nov. 4 - Officer Training - Osborne, KS morning

HOA and Council at Smith Co. Fun Fair on August 5
KANSAS STATE FAIR

The Kansas State Fair is September 8 - 17 in Hutchinson. It is a great state fair with something for everyone to enjoy!

- State fair website: www.kansasstatefair.com
- Schedule and information for the 4-H/FFA Grand Drive: https://bit.ly/KSFGD
- Schedule and information for 4-H judging and events: https://bit.ly/KSF4HEvents

Volunteers are always needed to help at the state fair. Contact your local Extension Office if you would like to volunteer.

Exhibitor Tickets are awarded to all youth who will exhibit a project at the state fair this year. Tickets are available at your local Extension Office.

Static exhibits that were pre-entered after qualifying at your county fair must be brought to your local Extension Office before the deadline set in your county or you'll miss the opportunity to be judged at state. Check the Kansas 4-H State Fair Book before turning your items in to the Extension Office to make sure you are ready to exhibit. Make sure all materials used to safely transport your exhibits are well marked if you want them back after the fair.

Results will be posted online once available after the judging days have finished. After the fair concludes, static exhibits will be transported back to your local office. We'll email you once items and awards are ready for you to be picked up after fair.

Grand Drive highlights will be shared throughout the fair on the Facebook page for "The Grand Drive". Follow the shows if you cannot attend in-person to support our Post Rock District 4-H youth showing their livestock.

Photos are welcome of 4-H members having a great time exhibiting and participating in the Kansas State Fair. Email photos to your 4-H Program Coordinator!

CELEBRATE NATIONAL 4-H WEEK

October 1 – 7 is National 4-H Week! Mark the dates on your calendar. Be thinking about how you want to recognize 4-H week because the celebration will sneak up on you after the Kansas State Fair! Give announcements during school. Decorate windows downtown. Display projects in a business or library. Wear your favorite 4-H shirt. Invite a friend to a club activity. Ride a float in a parade. The fall is a great time for your club to share the many opportunities 4-H offers.
48 HOURS OF 4-H IS OCTOBER 7-8

4-H members are proud of the communities we call home. We make our communities better year round. 48 Hours of 4-H is a challenge to explore our service capabilities — “To Make the Best Better”. We hope every Post Rock District 4-H member will join in giving back to our communities! October 7 - 8, the weekend after National 4-H Week, is 48 Hours of 4-H. A service project can be done as individuals or groups (clubs, families, etc.). Invite your friends, clubs, adult volunteers and 4-H alumni to join in! The project does not need to last all weekend — any project during these 48 hours is great. Can’t do your project that weekend? Schedule a project any time in October. Please register your project at the 48 Hours of 4-H website.

AWARD DEADLINE IS QUICKLY APPROACHING

We are happy to help you understand the many award opportunities with Kansas 4-H. We can help you learn how to complete the applications and record books. Do not hesitate to reach out to your 4-H Club Leader or your local Extension Office with your questions.

MEMBER ACHIEVEMENT PINS DUE OCTOBER 2

It is time to apply for 4-H member awards. This is a great opportunity to be recognized for your hard work and activities throughout the 2022-2023 4-H year! Applications, with all required signatures, are due to your local Post Rock District office no later than close of business on Monday, October 2. Please plan ahead so all signatories can review your application and assist with any questions or concerns.

Download the Member Achievement Pin and Key Award applications from the Kansas 4-H website at www.kansas4-h.org/resources/awards-and-recognition. If you are not sure what awards you are eligible for, please email your 4-H Coordinator or call the Extension Office. Post Rock District has helpful information to assist you with completing your applications at www.postrock.k-state.edu/4-h/awards-and-recognition.
RECORD BOOKS DUE OCTOBER 2

The final phase of your project work is to complete your record books. The deadline to submit your record books to your local Post Rock District Extension Office is Monday, October 2 by the close of the business day.

Permanent Record: Every 4-H member should complete the 4-H permanent record. This is an ongoing record of your involvement and it is required to be eligible for many awards. It can be a really helpful tool when it comes time to apply for scholarships and a great summary of your 4-H journey!
- Download the Permanent Record at www.kansas4-h.org/resources/awards-and-recognition/LocalRecordKeeping.

Personal Page: The personal page is a document that accompanies your record books each year. It is a quick reference for review committees as they consider your record books and other applications for recognition.
- Download the Personal Page at www.kansas4-h.org/resources/awards-and-recognition/LocalRecordKeeping.

Project Record: It is recommended that each 4-H member complete a Project Record Report for one (1) project you focused on during 2022-2023 4-H year. You can complete more project records if you’d like, yet focusing on at least one gives you the opportunity to build important life skills related to records and reporting.
- Download the Project Record Reports at www.kansas4-h.org/resources/awards-and-recognition/LocalRecordKeeping.
- ZBooks is an online platform to complete your 4-H record books. Details are at www.kansas4-h.org/resources/awards-and-recognition/ZBooks.
- Use the Project Recognition Check Sheet to help you meet all requirements.

We have a lot of helpful information about the Project Record Recognition opportunity on our Post Rock District 4-H webpage at www.postrock.k-state.edu/4-h/awards-and-recognition/project-recognition.
Kansas 4-H is looking for committed, enthusiastic members to serve on the 2024 state-level Kansas 4-H Youth Leadership Council, and we think that you might fit that description! Through one application you can apply to be a National 4-H Conference Delegate and/or Kansas 4-H Youth Leadership Council Representative. Both groups serve on the State 4-H Youth Leadership Council. We are confident that, if selected (National Conference Delegate) or elected (Council Representative), you will acquire many valuable, life-building skills through your Youth Council experiences. Any Kansas 4-H member between the ages of 14 and 18 before January 1, 2024, may apply as a Council Representative and those 15-18 before January 1, 2024, may apply for National Conference Delegate. This year’s Kansas Youth Leadership Forum (KYLF) delegation will elect representatives from the four extension program areas (NE, NW, SE, SW) for one year terms on Council. Up to 6 National Conference Delegates will be selected through an interview process at KYLF and they serve a two-year term on Council. Application and information for State 4-H Youth Leadership Council and National Conference is available now at the Kansas 4-H Youth Leadership Council website! The application deadline is October 2.

ACHIEVEMENT CELEBRATION

Each county will be hosting an Achievement Celebration this fall to kick off the new 4-H year and celebrate the successes of last year. Many awards and recognition will be announced at the celebration. Please plan to represent your 4-H club! This is a wonderful opportunity to invite new members to start making 4-H friends and memories. Check your county’s newsletter page for dates and more details in this newsletter or next month’s newsletter as available.

OFFICER TRAINING

Save the date for Post Rock District’s Officer Training in the fall. The leadership training is for all 4-H members interested in building skills to support you as an officer, committee member, and active club member. It will take place the morning of Saturday, November 4 in Osborne. Registration will be in the October Newsletter. We’re looking for some adults and teen members to help present about the skills needed to be an officer. If you are interested in helping, please email kimn@ksu.edu.

STATE 4-H YOUTH LEADERSHIP COUNCIL OPPORTUNITY

4-H Online will be closed from September 20 - 30 to prepare for the new program year. Enrollment for the 2023 - 2024 4-H year will begin October 1. There will be some small changes to how Kansas 4-H requests enrollment within 4-H Online. An email with specific steps will be shared as the date approaches. If you know of a family wanting to join, please share their email and phone number with your local Extension Office so they don’t miss out on any information!
KANSAS YOUTH LEADERSHIP FORUM (KYLF)

*Lights, Camera, Action, and Leadership* is the theme for the 2023 Kansas Youth Leadership Forum set to take place on Saturday/Sunday, November 18 - 19 at Rock Springs 4-H Center. Youth 14-18 years of age before January 1, 2024 are invited to the state-level personal development event focused on helping you build your leadership skills and potential through workshops, consulting groups, inspirational speakers and more! Post Rock District will provide a chaperone and transportation to and from the event. Details are available at the KYLF website. Check with your local Extension Office about 4-H event scholarships prior to registering. Registration will open soon and is due by Monday, October 16.

VOLUNTEER LEADERS FORUM

The 2023 Kansas Volunteer Leaders Forum is an opportunity for volunteers from around the state to learn together while building a network of likeminded, passionate adults. Participants will have the opportunity to dive into interactive content they can use to engage their youth members, connect with state and local Extension staff to learn about new and exciting 4-H happenings, and engage with the Kansas Association of 4-H Volunteers as a support system for volunteering efforts throughout the year. The 4-H Volunteer Leader Forum will be held concurrently with KYLF November 18 - 19 at Rock Springs 4-H Center. Post Rock District will provide transportation to and from the event. Event details and registration will be available soon at the VLF website. Check with your local 4-H Club and 4-H Council about financial support to attend. Registration will be due by October 16.

STATE 4-H DOG CONFERENCE AND QUIZ BOWL

The Kansas 4-H Dog Conference and Quiz Bowl is October 21 - 22 at Rock Spring 4-H Center. The theme of the state-level dog project event is "Dogz of Oz." Registration will open September 15 and closes October 1. The educational sessions, such as disaster preparedness with your dog, are open to youth and adults interested in the dog project. 4-H enrollment is required to participate in the quiz bowl and public speaking contests. Details, including the schedule and registration, are on the event's website.

CLUB SEAL APPLICATIONS DUE OCTOBER 2

All 4-H clubs have an approaching deadline to submit their club’s application to be recognized with a Club Seal award. The Club Seal award is a district-wide opportunity to recognize achievements of the 4-H community clubs within Post Rock District. Each earned seal can be attached to your club charter or other memento to display your club’s achievements over time. Applications need to be submitted to your local Extension Office by close of business on Monday, October 2. Download the application at www.postrock.k-state.edu/4-h/awards-and-recognition/club-seal.

WANT TO EXPAND A PROJECT?

If you are interested in expanding the hands-on learning experiences related to a 4-H project area, please reach out to Nora at nrhoades@ksu.edu. Volunteers (like you!) are needed to make educational project experiences happen, and it would be great to provide many great opportunities during the new 4-H year!
The Post Rock District 4-H Shooting Sports program is growing! Our certified instructors and active youth have secured donations to help grow the program, and there is an increasing number of youth interested in getting involved. In order to make sure our program aligns with Kansas 4-H requirements, we plan to establish a Shooting Sports Advisory of committed youth and adults to help guide the program in collaboration with our certified instructors. If you are interested in being involved, please email Tonia at tiunderw@ksu.edu. We're planning to have an in-person meeting this fall.

SHOOTING SPORTS INSTRUCTOR TRAINING

Kansas 4-H Shooting Sports will be having a Level 1 Shooting Sports Instructor training on October 20 - 22 in Cimarron, KS. New instructors must be screened and registered as a 4-H volunteer which includes enrolling in 4-H Online, completing a background check, completing an orientation, and being approved by the Post Rock District. You must also complete the National 4-H Shooting Sports online modules before attending the in-person Instructor Training. You can be trained in one discipline at the training - rifle, archery, pistol, hunting skills, shotgun, muzzleloader, or coordinator. You must be certified to be able to instruct youth in the 4-H Shooting Sports Program. As our program grows, we are in great need of more certified instructors! Contact Tonia Underwood at tiunderw@ksu.edu before September 15 so we can get the process started for you to become a certified instructor!

SHOOTING SPORTS PROJECT

In the new year of 4-H, all youth 8 years old before January 1, 2024 can participate in 4-H Shooting Sports. You MUST be actively enrolled in Shooting Sports via 4-H Online to be able to attend any practice or activity. In Post Rock District, in addition to enrolling in 4-H Online, there is a Shooting Sports project participation fee of $10.00, due to your 4-H Council before you can attend any activity. You can only enroll in a discipline supported by Post Rock District. Tonia Underwood, tiunderw@ksu.edu, serves as our District’s certified Shooting Sports Coordinator. Contact Tonia to learn about fall practices with our instructors, and be sure to get your 4-H Online enrollment completed as soon as October 1 arrives if you plan to participate in fall Shooting Sports activities.

Here are the adult volunteers that are certified by Kansas 4-H.

- Archery Instructors: Tommie Berger / Stede Underwood
- Shotgun Instructors: Dean Heise / Karen Panter
- BB Gun/Air Rifle Instructor: Jeff Cady

CONGRATS STATE SHOOTING SPORTS QUALIFIERS!

Congratulations to Norah Ellenz, Nelson Underwood, Colson Cline, Milo Schreuder, and Jayce Richards for qualifying for the Kansas 4-H State Archery Match on September 30.

Congratulations to Chris Heise, Nelson Underwood, and Brody Sadler for qualifying for the 4-H State Shotgun Match on October 14 and 15.
YOUTH DEVELOPMENT COMMITTEE TO MEET

The local Extension program in Post Rock District is a partnership of KSRE and residents of the district. Residents can become active partners by serving as members of a Program Development Committee, or PDC. The Youth Development PDC provides input and support to assist with assessing needs and issues of our communities, families and youth; identifying new local audiences; developing proactive plans to expand the scope of Extension programming related to youth development; and exploring how we can more effectively utilize extension resources to meet local needs.

There will be a series of virtual opportunities to participate in the Youth Development PDC conversation as we approach the new 4-H year. District 4-H Youth Development Agent, Nora Rhoades, invites 4-H club leaders, council representatives, members, and volunteers to be part of the conversation. You can participate in one or more meetings as your availability allows. The same agenda will guide each meeting time. To access the Zoom link for the meeting, please email Nora Rhoades at nrhoades@ksu.edu.

4-H DAY DATES

Post Rock District will host two 4-H Day events in 2024 to provide youth with an opportunity to showcase your skills in public speaking, music and other talents. Save the dates of February 10 and March 4. More details to come in future newsletters.

KANSAS 4-H JUDGES LIST

Kansas 4-H is looking for passionate people to help kids learn! If you are interested in becoming a 4-H Judge for County Fair, State Fair, and 4-H Day join the Kansas 4-H Judges List. This is a new state-wide database, so if you have already considered yourself an active 4-H judge please also fill out the form to make sure your current contact information remains in the system. Register by September 30 at https://bit.ly/23-24KS4HJudgesList.