EVENTS AND DEADLINES AT A GLANCE

Oct. 1: 4-H Online Enrollment begins
Oct. 1-7: National 4-H Week
Oct. 2: Project Records, Achievement Pins, Club Seals, KS 4-H Youth Council App. due
Oct. 4: 4-H Spirit Day
Oct. 7-8: 48 Hours of 4-H
Oct. 21-22: Kansas Dog Conference & Quiz Bowl
Oct. 22: Mitchell Co. Achievement Celebration, Tipton, 5:30 p.m.
Oct. 22: Osborne County 4-H Year Kickoff, Scout Cabin, Osborne, 4 p.m.
Oct. 28: Shutterbugs at Big Creek, Hays, 8:30 a.m. to Noon
Oct. 29: Smith County Fall Enrollment Drive, Sun Porch, 2 p.m.
Nov. 4: Post Rock District Officer Training, Osborne County, 9 a.m. to Noon
Nov. 4: Shutterbugs at Old Jefferson Town, Oskaloosa, 8:30 a.m. to Noon
Nov. 5: Jewell Co. Achievement/ Skating Party, Formoso Skating Rink, 2 p.m.
Nov. 5: Lincoln Co. Achievement Celebration, Vesper Community Center, 4 p.m.
Nov. 18-19: Kansas Youth Leadership Forum, Rock Springs 4-H Center
Nov. 18-19: Kansas Volunteer Leadership Forum, Rock Springs 4-H Center
Dec. 16: Smith Co. Alumni Banquet & Achievement Awards
Feb. 10: 4-H Day #1
Mar. 4: 4-H Day #2

KANSAS 4-H MASTER CALENDAR

Kansas 4-H has a state and regional events master calendar. It is a living document with regular additions. Access the latest version at www.kansas4-h.org/events-activities/.
4-H Online Enrollment
4-H Online Enrollment website: https://v2.4honline.com

4-H Online will be open to process enrollments on Sunday, October 1. All returning Jewell County 4-H families be SURE to choose COUPON CODE in the payment option, leave blank, and hit apply. Jewell County 4-H Council will be responsible for paying the program fee. All new 4-H families will pay the fee, but you will receive credit at the 4-H food stand in the summer if you are still an active 4-H member. You will not be asked to pay a fee for Cloverbuds. If you have any questions, please call the Extension Office at (785) 378-3174. Everyone needs to enroll before November 15th. See page 2-3 of the newsletter for more information about enrolling.

Congratulations to all the Kansas State Fair exhibitors and KJLS exhibitors.

4-H Officer Training
Officer Training will be on Saturday, November 4, 9:00 a.m. to Noon, at the Osborne High School. Please try to attend.

203 Achievement Celebration
Date: Sunday November 5th
Time: 2:00 p.m.
Place: Formoso Skating Rink
Bring finger foods or snacks!
Also, bring a friend who wants to join 4-H!

4-H Council Meeting
The next Jewell County 4-H Council Meeting is Monday, October 16 at the Mankato Courthouse starting at 7:00 p.m. Your new club representatives will need to attend.

Tell us why you love 4-H......
Please take a couple of minutes and write why you love 4-H. Send it to tiunderw@ksu.edu with your picture. Only use first name and 4-H club. Post Rock District will be posting it on our Facebook and Instagram...
TIME TO ENROLL IN 4-H ONLINE!
It is time to enroll for the upcoming 4-H year. New and returning members and adults need
to enroll during the month of October. Please complete all sections of the enrollment
application. Once again, we are very fortunate that the Booster Club is sponsoring all
application fees for Lincoln County youth. You are welcome to send a thank you note to
the Boosters. Thank you notes can be sent to the office to be shared with the Boosters.
When completing the enrollment form, in the final payment section, please click on the
“Pay with Coupon Code”. Leave the code portion empty and click submit. Please DO NOT
click on pay with check or any other form of payment. When Melody goes in to approve
your enrollment, she will add the coupon code.

48 HOURS OF 4-H SERVICE
October 7th and 8th are our opportunity to give back. Plan a
service project. Invite your 4-H Coordinator to help. Make sure
you take pictures so we can share them throughout the District.
Have fun while making someone else happy! Let’s see how many
creative ways we can have fun and make a difference in Lincoln
County!

OFFICER TRAINING
Officer training will be on November 4th, 9:00 a.m. to Noon at the Osborne High School. If
you are an officer of your club or 4-H Council, this is your opportunity to learn new skills or
refresh the skills you already have. Please plan to attend!

4-H COUNCIL
The next 4-H Council meeting is Friday, December
29th at Noon at the Lincoln Senior Center.

MELODY’S HOURS ARE CHANGING
Melody will be working in the office on Tuesday and Thursday morning from 9:00 a.m. to
noon or by appointment. She will be working remotely the remaining mornings of the week
but is available during the week on her cell phone and e-mail. Don’t hesitate to contact her
if you need help.
4-H Online Enrollment

4-H Online Enrollment website:
https://v2.4honline.com

4-H Online will be open to process enrollments on Sunday, October 1st. Youth and volunteers need to reenroll or enroll for the new 4-H year. If you have questions, please call the Extension Office at (785) 738-3597. Everyone needs to be enrolled before November 15. Tipton 4-H Club members will select ‘pay by coupon’ and your club will pay your program fee. West Beloit and Asherville Achievers 4-H Club members will pay for your enrollment personally. See pages 2-3 for more information about enrollment.

Tonia’s Office Hours

Tonia plans to be in the Beloit Office on Tuesdays each week, or by appointment! If you need something, please call or email!

Congratulations!

Congratulations to all the Kansas State Fair exhibitors and KJLS exhibitors.

4-H Officer Training

Officer Training will be on Saturday, November 4th beginning at 9:00 a.m. to Noon at the Osborne High School. Please try to attend.

2023 Achievement Celebration

Date: Sunday, October 22
Time: 5:30 p.m.
Place: Tipton Community Center

We will be gathering for a meal and the awards ceremony. The meat will be provided, but please bring a side or dessert to share!

RSVP: https://bit.ly/MC4-HAchievement2023

4-H Council Meeting

Mitchell County 4-H Council will meet at the Tipton Community Center on Sunday, October 22, after the Achievement Celebration at 5:30 p.m. New club representatives should plan to attend.

Tell us why you love 4-H.....

Please take a couple of minutes and write why you love 4-H. Send it to tiunderw@ksu.edu with your picture. Include your first name and 4-H club. Post Rock District will be posting it on our Facebook and Instagram...
Osborne County 4-H Kickoff

Osborne County 4-H Council will hold a 4-H Kickoff on Sunday, October 22, 4:00 p.m. at the Scout Cabin in Osborne. Fun games, crafts and good food will be on the agenda. All 4-H families are encouraged to attend. Please bring a snack to share. Invite new families who might be interested in joining 4-H!

Participate in the Post Rock District National 4-H Week Photo challenge. See page 4 in this newsletter for more details. Invite a friend to join 4-H, encourage them to come to an October club meeting or to attend the Osborne County 4-H Kickoff. Wear 4-H gear to school/work on Wednesday, October 4 to show your 4-H pride. Council members will be visiting elementary classrooms to spread the word about 4-H.

Officer Training November 4

Osborne County will be hosting the District Officer Training on Saturday, November 4 at the Osborne High School. The event will be from 9:00 a.m. to Noon. This will be a great opportunity for club officers and council reps as well as adult leaders to attend. Registration is encouraged. See page 5 in this newsletter for registration information.

4-H Council News

October meeting is October 22, 3:15 p.m. at Scout Cabin.

At the September meeting, election of officers was held and discussion on 2024 fair theme and fairground improvements.

48 Hours of 4-H Service Challenge

Clubs are encouraged to put their hands to work in community service projects during the month of October. Share photos with Kim at kimn@ksu.edu.

Tell Us Why You Love 4-H.....

Please take a couple of minutes and write why you love 4-H. Send it to tiunderw@ksu.edu with your picture. Only use first name and 4-H club. Post Rock District will be posting it on our Facebook and Instagram...

Contact Kim if you are needing help to re-enroll or enroll - kimn@ksu.edu
Invite someone to a 4-H activity. On Wednesday, October 4th wear your 4-H shirt. Tell a friend about 4-H and how to get involved!

Important Dates:
- Oct. 1-7 National 4-H Week
- Oct. 1 Enrollment opens
- Oct. 2 Project Awards and Pin Applications due to the Extension Office by 5:00 p.m.
- Oct. 4 Wear a 4-H Shirt to school
- Oct. 15 4-H Council 1:30 p.m.
- Oct. 29 4-H Fall Enrollment Drive
- Nov. 4 Officer Training - Osborne, KS, 9:00 a.m. to Noon
- Dec. 16 4-H Alumni Banquet 6:30 p.m., Achievement Awards 7:00 p.m.

Don’t forget about community service. Share your pictures with us.

4-H Online Enrollment website: https://v2.4honline.com

4-H Online will be open to process enrollment on Sunday, October 1st. Youth and volunteers need to reenroll or enroll for the new 4-H year. If you have questions, please call the Extension Office at (785) 282-6823 or message Risa. If you are from Busy Bee’s or Heart of America select coupon code and Risa will enter the code. Everyone should be enrolled by November 15th.

Congratulations to all exhibitors! We are so proud of you!
4-H members need to enroll via 4-H Online for the 2023-2024 program year! Cloverbuds, new members, renewing members, and volunteers need to complete enrollment. The Post Rock District priority enrollment period is October 1 through November 15. Participation in events, contests, and other activities will be limited until active membership status has been completed and approved, so do not delay getting enrolled! For more information go to www.postrock.k-state.edu/4-h/enroll.

Complete your 4-H Online enrollment from a computer. It is easier to navigate the 4-H Online database from a computer rather than a smart phone. Contact your local Extension Office if you have any questions or to schedule an appointment to complete enrollment at the office or other mutually agreed upon location.

Create a 4-H Online Account: If you or your family have never used 4-H Online, begin by creating an account.
2. Click “Don’t have an account?”
3. Select Kansas from the drop-down menu.
4. Select Kansas 4-H Youth Development as your Institution.
5. Choose your 4-H county.
6. Complete the information.
7. Create a password.
8. Click [Create Account].
9. Enter your Family’s address information.
10. Click [Verify].
11. Continue to Youth Member and Cloverbud Enrollment.

Log in to Your Existing 4-H Online Account: If you are a current 4-H family and have had an account in 4-H Online, renew your enrollment using the same account. Add additional family members under the existing account. Do not create a new account!
2. Enter your email address and password.
3. If you forgot your password, complete the "Reset password?" process.
4. Click [Sign In].
5. Continue to Youth Member and Cloverbud Enrollment.

Review the Family Enrollment Guide for more information about navigating 4-H Online. View the guide at www.kansas4-h.org/resources/4-h-online/.

Before starting your enrollment, review the NEW - Important 4-H Membership Fee Payment Information on the next page of this newsletter!
NEW - Important 4-H Membership Fee Payment Information

Kansas 4-H has changed the way payments are handled for annual 4-H program fee of $15 per member (excluding Cloverbuds). If you are not sure how to pay, select pay by ‘coupon code’ before submitting and your 4-H Program Coordinator can assist on the backside of the database during the approval process. Check your county’s page in this newsletter for more specific payment instructions.

- **Pay by Coupon Code:** This is the payment method to use to ensure all available local county and club sponsorships are applied. When you select this option, Post Rock District staff will enter your sponsorship code on the backside of the database during the approval process. If you are not eligible for a sponsorship, you can still select pay by coupon. Then, we will email you with an invoice so you can submit your membership payment to your County’s 4-H Council.

- **Pay by Cash or Check to your 4-H Council:** Effective this year, DO NOT mail a check to the State 4-H Office. If you want to pay for your 4-H enrollment with a check or with cash, you need to select pay by coupon code in the 4-H Online system. Then, go to your local Extension Office and complete your payment. Please make checks payable to your County’s 4-H Council.

- **Pay by Credit Card:** If there are no county or club sponsorships covering your membership fee, you will be personally responsible to pay your enrollment by November 15. If you do not want to pay by cash or check, you can choose to pay your fee by credit card. Keep in mind, credit card payments are made directly to the Kansas 4-H State Office. Once you select this option, there is a very limited ability to change your payment method or address a mistake.

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**To Pay with a coupon code**

1. Do not put any text in the coupon code box. Leave it blank.
2. Click the [Apply] button.
3. Click [Next].
4. Review the enrollment information.
5. Once you have verified clubs and projects are listed correctly, click [Submit].
6. The local Extension Office staff will apply the coupon code on the backside of the database and approve your enrollment.
7. If a balance is due, your local Extension Office will send you an email with instructions on how to remit payment to your local 4-H Council.

Click this [Apply] button. Leave the code blank. It will be completed by Extension Staff.
CELEBRATE NATIONAL 4-H WEEK OCTOBER 1-7 WITH POST ROCK DISTRICT 4-H!

Photo Challenge: Post Rock District 4-H is having a photo challenge to celebrate 4-H week. Text your photos to 785-282-8131, and each day you submit a photo, you will be entered into a drawing for prizes. Include your first name and club with your text. The photos will be used for media outreach by Post Rock District on Facebook, Instagram and Email.

- MONDAY: Text a picture of you as a baby or younger self in 4-H.
- TUESDAY: Text a picture of you doing something you like to do through 4-H.
- WEDNESDAY: Text a picture of you and your friends showing your 4-H pride wearing a 4-H t-shirt.
- THURSDAY: Text a picture of you and your 4-H pet or animal.

4-H SPIRIT DAY IS WEDNESDAY, OCTOBER 4

Kansas 4-H is celebrating 4-H on Wednesday October 4 by encouraging all 4-H members, families and supporters to wear a 4-H shirt (or anything green!) and share out why you are a fan of 4-H!

TELL US WHY YOU LOVE 4-H!

Please take a couple of minutes and write or draw why you love 4-H. Send it to tiunderw@ksu.edu with your picture. Please include your first name and 4-H club. Post Rock District will be posting it on our Facebook page and Instagram throughout October!

NEWSRELEASES AND SUCCESS STORIES

October is the start of the new 4-H year, and it is a great opportunity for your club to recruit new members, thank the many 4-H supporters in your community, and set goals for the new year. Throughout the year, 4-H club officers are encouraged to share the exciting activities your club is up to by emailing a photo and short success story to your 4-H Program Coordinator. We'll then take these impact stories and share them out on our district social media accounts. While you are sharing your impact, remember to submit news releases about your 4-H club to the local newspaper!

48 HOURS OF 4-H IS OCTOBER 7-8

4-H members are proud of the communities we call home. We make our communities better year round. 48 Hours of 4-H is a challenge to explore our service capabilities — “To Make the Best Better”. October 7 - 8, the weekend at the end of National 4-H Week, is 48 Hours of 4-H. A service project can be done as individuals or groups (clubs, families, etc.). The project does not need to last all weekend — any project during these 48 hours is great. Can’t do your project that weekend? Schedule a project any time in October. Please register your project at the 48 Hours of 4-H website.
Each county will be hosting an Achievement Celebration this fall to kick off the new 4-H year and celebrate the successes of last year. Many awards and recognition will be announced at the celebration. Please plan to represent your 4-H club! This is a wonderful opportunity to invite new members to start making 4-H friends and memories. Check your county’s newsletter page for dates and more details.

OFFICER TRAINING IS SATURDAY, NOVEMBER 4

Officer Training will take place Saturday, November 4 in Osborne at the High School. Training will begin at 9:00 a.m. and conclude by Noon. If you are an officer (or if you’d like to build your skillset to serve as an officer in the future) this is a great interactive training to come participate in! There will also be an opportunity to learn more about member achievement awards, project records, 4-H presentations, the ambassador opportunity, and more. All ages and experience levels of youth are welcome! A schedule and details will be available on the Post Rock District 4-H webpage soon. It is free to attend, but please register by November 1 at https://bit.ly/PRD4HOfficerTraining.

ACHIEVEMENT CELEBRATION

Kansas 4-H has updated the project areas in 4-H Online, and you’ll notice this as you enroll for the new year. Select projects you are interested in exploring during the year. Your project selections can be modified until spring. Contact your 4-H Program Coordinator if you have questions!

4-H PROJECT AREAS

2023/2024 Kansas 4-H Projects

- Animal Science
- Beef
- Dairy Cattle
- Dairy Goats
- Dog
- Horse
- Meat Goats
- Pets
- Poultry
- Rabbits
- Sheep
- Swine
- Veterinary Science

- Communication & Expressive Arts
- Communications
- Performing Arts
- Photography
- Visual Arts

- Consumer & Family Science
- Sewing & Textile Design
- Shopping in Style
- Family Studies
- Fiber Arts
- Foods & Nutrition
- Health & Wellness
- Interior Design & Architecture

- Natural Resources
- Environmental Science
- Geology
- Shooting Sports
- Wildlife

- Leadership & Personal Development
- Civic Engagement
- Leadership
- Reading Adventures
- Self-Determined

- Plant & Environmental Sciences
- Entomology
- Agronomy
- Forestry
- Horticulture & Landscape Design

- Engineering & Technology
- Ag Mechanics Welding
- Building Block Engineering
- Astronomy
- Computer Science
- Electric & Renewable Energy
- Robotics
- Aerospace/Rocketry
- Small Engines
- Uncrewed Aircraft Systems
- Woodworking
CONGRATULATIONS TO ALL STATE FAIR PARTICIPANTS

Congratulations to all members that participated in the Kansas State Fair or Grand Drive! You can find results listed at www.kansas4-h.org/events-activities/fairs/kansas-state-fair/.

4-H SHIRTS AVAILABLE TO ORDER

The "Live, Learn, Serve" and "To Make the Best Better" T-Shirts sold at the 2023 Kansas State Fair are available to order online at https://tinyurl.com/2023KS4HTSHIRT. Share this opportunity at your club meeting and save on shipping with a group order! The proceeds benefit the Kansas 4-H Youth Leadership Council.

KANSAS YOUTH LEADERSHIP FORUM (KYLF)

Lights, Camera, Action, and Leadership is the theme for the 2023 Kansas Youth Leadership Forum set to take place on Saturday/Sunday, November 18 - 19 at Rock Springs 4-H Center. Youth 14-18 years of age before January 1, 2024 are invited to the state-level personal development event focused on helping you build your leadership skills and potential through workshops, consulting groups, inspirational speakers and more! Post Rock District will provide a chaperone and transportation to and from the event. Details are available at the KYLF website. Check with your local Extension Office about 4-H event scholarships prior to registering. Registration is due by October 16.

VOLUNTEER LEADERS FORUM

The 2023 Kansas Volunteer Leaders Forum is an opportunity for volunteers from around the state. Participants will have the opportunity to dive into interactive content they can use to engage their youth members, connect with state and local Extension staff to learn about new and exciting 4-H happenings, and engage with the Kansas Association of 4-H Volunteers as a support system for volunteering efforts throughout the year. The 4-H Volunteer Leader Forum will be held concurrently with KYLF November 18 - 19 at Rock Springs 4-H Center. Post Rock District will provide transportation to and from the event. Event details and registration will be posted at the VLF website. Registration is due by October 16.

KANSAS 4-H PROJECT PARTNERSHIP TEAMS

Kansas 4-H is offering a teen leader and volunteer opportunity to be part of a Kansas 4-H Project Partnership Team. Kansas 4-H Project Partnership Teams (PPT) serve to bring youth, volunteers, and Extension professionals together to: enhance learning through project pathways; provide leadership in the development of a project subject matter; review, recommend, and provide professional development opportunities on curriculum and other resources; and provide leadership in planning and conducting one or more state educational experience. Contact your local Extension Office if you are interested and we can share more details about the application process.
PHOTOGRAPHY SHUTTERBUGS WORKSHOP
Shutterbug events are state-level 4-H photography workshops led by the Kansas 4-H Photography Action Team. Register for a free, fall event by contacting clixbychristy@gbta.net or 785-635-4368. Contact the event contact for more details about the following workshops.
- Shutterbugs at Big Creek in Hays is October 28 from 8:30 a.m. - Noon
- Shutterbugs at Old Jefferson Town in Oskaloosa is November 4 from 8:30 a.m. - Noon

DOG CONFERENCE AND QUIZ BOWL
The Kansas 4-H Dog Conference and Quiz Bowl is October 21 - 22 at Rock Spring 4-H Center. Registration closes October 1. The educational sessions, such as disaster preparedness with your dog, are open to youth and adults interested in the dog project. Details, including the schedule and registration, are on the event’s website.

SHOOTING SPORTS PROJECT IN POST ROCK DISTRICT
In the new year of 4-H, all youth 8 years old before January 1, 2024 can participate in 4-H Shooting Sports. You MUST be actively enrolled in Shooting Sports via 4-H Online to be able to attend any practice or activity. In Post Rock District, in addition to enrolling in 4-H Online, there is a Shooting Sports project participation fee of $10.00, due to your 4-H Council before you can attend any activity. You can only enroll in a discipline supported by Post Rock District. Tonia Underwood, tiunderw@ksu.edu, serves as our District’s certified Shooting Sports Coordinator. Contact Tonia to learn about fall practices with our instructors, and be sure to get your 4-H Online enrollment completed as soon as October 1 arrives if you plan to participate in fall Shooting Sports activities. Here are the adult volunteers that are certified by Kansas 4-H.
- Archery Instructors: Tommie Berger / Stede Underwood
- Shotgun Instructors: Karen Panter / Dean Heise
- BB Gun / Air Rifle Instructor: Jeff Cady

IMPORTANT ITEMS WITH A DEADLINE OF MONDAY, OCTOBER 2
- Achievement Pin and Key Award Applications (www.postrock.k-state.edu/4-h/awards-and-recognition/member-achievement/)
- Project Record Reports and Permanent Record Books (www.postrock.k-state.edu/4-h/awards-and-recognition/project-recognition/)
- Club Seal Applications (www.postrock.k-state.edu/4-h/awards-and-recognition/club-seal/)
- KS 4-H Youth Leadership Council Applications (www.kansas4-h.org/4-h-programs/teen-leadership-opportunities/youth-leadership-council/)