EVENTS AND DEADLINES AT A GLANCE

Feb. 1: Citizenship Washington Focus deadline
Feb. 4: Goats Across Kansas, virtual
Feb. 10: 4-H Day #1, Beloit; 4-H Advisory Meeting; YQCA Training
Feb. 18-19: Citizenship In Action
Feb. 24: 4-H Judges Training, Hays
Feb. 24: Sheep Starter Flock Program deadline
Mar. 1: Kansas 4-H Scholarships due
Mar. 2: Jr. Beef Producer Day, Manhattan
Mar. 4: 4-H Day #2, Smith Center
Mar. 16: Jr. Sheep Producer Day, Manhattan
Mar. 23: Super Saturday, Hays
Mar. 23-24: K-State Alpha of Clovia Hospitality Weekend
Apr. 12: Horse Show Judge Seminar, Colby
May 1: Drop/Add Projects Deadline in 4-H Online
Jun. 5-7: Discovery Days, Manhattan
Jun. 17-28: Citizenship Washington Focus
Jul. 11-14: Jewell County Fair
Jul. 15-20: Lincoln County Fair
Jul. 18-22: Smith County Fair
Jul. 24-28: Osborne County Fair
Jul. 25-27: Mitchell County Fair

KANSAS 4-H MASTER CALENDAR

Kansas 4-H has a state and regional events master calendar. It is a living document with regular additions. Access the latest version at www.kansas4-h.org/events-activities/.
The next Jewell County 4-H Council meeting is Monday, February 19 at the Mankato Courthouse starting at 7:00 p.m.

What is Post Rock District 4-H Day?
Post Rock District 4-H Day is an annual competitive event where 4-H youth can showcase their talents in music, drama, dance, reading, and public speaking. 4-H members have the opportunity to participate in club, individual, and/or team activities. Youth have fun, develop self-confidence, and further their communication skills when they participate. Make plans to participate in Post Rock District 4-H Day in Beloit on February 10 or in Smith Center on March 4!

Family Fun Day
Jewell County 4-H will have Family Fun Day on Sunday, April 14. It will start at 11:00 a.m. and finish at 3:00 p.m.

Every 4-H Club must bring 24 cans of soda pop and 3 dozen individually wrapped treats. Every 4-H family needs to bring 1 dessert and at least 1 cake for the cake walk. Tonia will be working on getting each club a list of places to go to get donations. More information to come!

Webber Wide Awake welcomed new member Roland into the club at the January meeting!
THANK YOU MELODY

Melody Saxton has stepped away from her role as 4-H Program Coordinator to focus on her health. She greatly enjoyed working with the members and families in Lincoln County, and she will be missed. If you would like to send her a thank you and well wishes, please mail a note addressed to her to the Post Rock District - Lincoln Office and we will make sure to get it to her.

Note: Melody’s email is no longer being checked. If you emailed her, it may have been missed during this time of transition. Please call the office for assistance.

LINCOLN OFFICE ADDRESS UPDATE

The Lincoln Office is no longer using a PO Box. To mail something to the office, please use the physical address:

Post Rock District - Lincoln Office
108 W. Lincoln
Lincoln, KS 67455

4-H SUPPORT

If you have a 4-H question or idea, please reach out!
- You can call the Lincoln Office. Shelby, our Lincoln Office Professional, and Jamie, District Extension Agent, are happy to assist you.
- Tonia and Kim, 4-H Program Coordinators, will be helping more with the Lincoln County program during this time of vacancy. Tonia’s email is tiunderw@ksu.edu and Kim’s is kimn@ksu.edu.
- Nora continues to serve as the District 4-H Youth Development Extension Agent. Her email is nrhoades@ksu.edu.

4-H COUNCIL MEETINGS

- Wednesday, February 28 at 6:30 p.m.
- Thursday, March 14 at 4:00 p.m.
- Location is the Lincoln Senior Center.

COUNTY FAIR AND STATE EID TAGS

County fair animal tags are available in the office for purchase and will also be available at weigh-ins. EID tags can NOT be sold over the counter. A Post Rock District staff member must be present and observe all EID tags being placed in the animal’s ear. You can bring ANY animal species needing an EID tag to either the beef or small animal weigh-in for tagging verification.

FAIR County Fair Safari ~ It’s a Jungle Out There!

- Lincoln County Fair week is July 15 - 20!
- Fair planning will be getting more busy as we get into the month of February. Be sure to pay attention to your emails and announcements at your club meetings.
- If there is a project area you are able to volunteer with at the county fair, please call the office and let us know. It takes many volunteers for the fair to be successful and fun!

ANIMAL WEIGH-INS

- Beef Weigh-In will be Saturday, February 24 at the Sylvan Grove Sale Barn beginning at 10:00 a.m. Animals must be in line by 11:30 a.m. to be weighed so we can finish by Noon.
- Small Animal Weigh-In will be Saturday, April 27 beginning at 10:00 a.m. Animals must be in line by 11:30 a.m. to be weighed. This weigh-in is for market sheep, swine, and goats. Bucket calves, etc. can also come to get tagged.
- There is no schedule sign-up this year. If you are in the beef, swine, sheep, or goat project and NOT planning to come to your weigh-in please let the Extension Office know.
Save the Date for Fair!
Mitchell County Fair dates are July 25 - 27, 2024.

Mitchell County 4-H Tags
Tags are available in the office for purchase and will also be available at weigh-ins. Please note that EID tags can no longer be sold over the counter. A Post Rock District staff member must be present and observe all EID tags being placed in the animal’s ear. Mitchell County 4-H tags are free; $3.50 for beef EID tags and $2.75 for small animal EID tags.

Mitchell County Beef Weigh-in
Mitchell County Beef Weigh-in is on Wednesday, February 7 from 4:00 - 6:00 p.m. at the Solomon Valley Veterinary Hospital.

4-H Council Meeting
Mitchell County 4-H Council will meet at First Bank Beloit Meeting Room on Monday, March 25 at 7:00 p.m.

Mitchell County 4-H Council News
Fair Theme: Council representatives will be asking their 4-H clubs for fair theme ideas! Please get your club’s idea turned into Tonia by February 29. Then, a county-wide survey will be emailed out for all Mitchell County members to vote on the 2024 fair theme!

Event Committee: Council members will be asking their 4-H club about teens and adults interested in serving on the committee to plan a Workshop/Day Camp to take place in Beloit this summer. Report committee members to Tonia by March 1!

What is Post Rock District 4-H Day?
Post Rock District 4-H Day is an annual competitive event where 4-H youth can showcase their talents in music, drama, dance, reading, and public speaking. 4-H members have the opportunity to participate in a club, individual, and/or team activities. Youth have fun, develop self-confidence, and further their communication skills when they participate. Make plans to participate in Post Rock District 4-H Day in Beloit on February 10 or in Smith Center on March 4!

Youth For the Quality Care of Animals (YQCA) Class in Beloit February 10
Blaire Todd will be leading an in-person YQCA training in Beloit on Saturday, February 10 at the Beloit Methodist Church. It will begin at the end of 4-H Day. To sign up, members need to log in to their YQCA account, go to “enrolled trainings”, and select the one labeled “Beloit 4-H Day Training”. Online, participants will be able to enroll, pay for the course, and take the required pre-test before the in-person training.

4-H Advisory Meeting
Post Rock District will be having a 4-H Advisory meeting on February 10, 12:30 p.m. at Beloit United Methodist Church. It is an opportunity to share opinions and perspectives related to experiences, opportunities and challenges which face current and future membership, volunteers, and affiliated clubs of the Post Rock District 4-H program.

Tonia’s Office Hours
Tonia will have limited in-office hours in Beloit in February due to lots of programs happening. Please call or email your 4-H questions or to make an appointment.
2024 POST ROCK DISTRICT 4-H DAY INFO AND RESOURCES
Get signed up for your entries in one of the upcoming Post Rock District 4-H Day events.

Saturday, February 10, 8:00 a.m., Beloit United Methodist Church, registration deadline February 1

Monday, March 4, 4:00 p.m., Smith Center High School, registration deadline February 22

Find the 4-H Day Guide, registration link and other helpful resources on the Post Rock website at: https://www.postrock.k-state.edu/4-h/4-hday/

2024 SUPERINTENDENT SIGN-UP
Raise your hand to volunteer as an Osborne County 4-H Adult Superintendent or Junior Superintendent for youth. Volunteering as a superintendent is a great opportunity to get to know other 4-H members and learn more about a specific project. Sign-up opens February 1st.

QR Code for 2024 Osborne County Fair Superintendent Sign-up

VISITING THE OSBORNE OFFICE
The Office Professional position in Osborne is still vacant. Kim is in the office usually on Monday and Tuesday. If you need to visit the office, call ahead to make sure there is someone at the office. Thanks in advance for your understanding.

FEBRUARY 4-H COUNCIL MEETING
Monday, February 19, 2024
7:30 p.m. Extension Office

2024 OSBORNE COUNTY MARKET BEEF WEIGH-IN
Saturday, February 24, 2024
9:00 a.m. - 11:00 a.m.
Osborne Sale Barn
Market Beef Weigh-in is optional but any 4-H/FFA member wishing to participate in the Rate of Gain contest will need to bring their Market Beef on February 24th to get weighed. Bucket calves will be tagged at the Osborne County Small Animal Weigh-in.

2024 OSBORNE COUNTY LIVESTOCK TAGS
County fair livestock tags are available in the office for purchase and will also be available at Osborne County weigh-ins. Please note that EID tags required for livestock projects nominated for the Kansas State Fair Grand Drive shows and/or Kansas Junior Livestock show, can no longer be sold over the counter. A Post Rock District staff member must be present and observe all EID tags being placed in the animal’s ear. Beef EID tags are $3.50 each and small animal EID tags are $2.75 each.

SAVE THE DATE
2024 OSBORNE COUNTY FAIR
July 24 - 28, 2024
Dancing with the Steers
Valentine Cookie Sales

The Smith County 4-H Council holds an annual cookie sale. The Council would like every member to sell 1 cookie. They are $5.00 each. The cookie form is attached in the email or it is on the webpage. We will ask some younger members to come help bake on Feb. 6 and only Council members will decorate on Feb. 11.

Beef Weigh In –
Sat. March 2, 10 - 11 a.m.
Smith Center Vet Clinic

Small Weigh In – Sunday
April 28, 3 - 4 p.m.
Smith Co. Fair Grounds

We have weigh in for beef, sheep, and goat. It is not mandatory. To compete in the rate of gain you must be at a weigh in. Also, if you would like EID tag vs. a County Tag an EID tag must be put in this year with a Post Rock Employee present. New rule by the state to show at State Fair and KJLS. You can show up at a tagging event to have the EID tags put in in presence of employee.

4-H Day

is a great experience for all 4-Her’s. They can compete in music (vocal, piano, and instrumentals), project talks, demonstrations, readings, and more. For more information call the office or here is the link for explanations and resources:

https://www.postrock.k-state.edu/4-h/4-hday/

2024 Smith County Free Fair
July 18-22, 2024
Wild about the Fair

Congratulations to the Busy Bees - Reserve Overall Club at 4-H Quiz Bowl
Kansas 4-H Member Achievement pins are designed to recognize 4-H members as they reach milestones throughout their 4-H journey. The pins are awarded in a series. As a member’s 4-H journey progresses, the achievement pin requirements expand to challenge individuals to explore and engage in more opportunities to develop life skills.

Kansas 4-H has updated the achievement pin applications! Effective with the current 4-H year, youth will use the updated achievement pin applications. There is also now a document that will be used statewide in all local Extension Units so achievement pin recognition is consistent across Kansas. Take time to review the updated pin applications. Make plans to earn your next pin!

Contact your 4-H Program Coordinator if you have any questions, or visit the Post Rock District webpage dedicated to Member Achievement.

4-H Day Guide: The 2024 Post Rock District 4-H Day Guide will help determine what contests to participate in, and it includes the contest rules and other event details. Review the guide at www.postrock.k-state.edu/4-h/4-hday.

Judging Contests: There will be judging contests at 4-H Day related to plant science, photography, and life skills. The same contests will be at both events, and participants will be scored against all Post Rock District participants in the respective age division. Study resources are available online at www.postrock.k-state.edu/4-h/judging-contests/.

Volunteer Sign-Up: Adults and youth volunteers are needed! When you register online, sign-up to volunteer.
MODEL MEETING SUBMISSION AT 4-H DAY
Model meetings will not be performed at 4-H Day. They will be recorded by video with audio and submitted virtually. Refer to Virtual Entry Expectations for details about how to submit and the submission detail. The meeting agenda and secretary’s notes must be submitted along with the recorded meeting. Refer to the Model Meeting Scoresheet for tips, and plan ahead now to get your Model Meeting completed!

YOUTH FOR THE QUALITY CARE OF ANIMALS (YQCA) TRAINING AT 4-H DAY
There will be an in-person YQCA training after 4-H Day in Beloit on February 10. Blaire Todd, Livestock Production Agent, will be leading this training. Email questions to blairet@ksu.edu. Participants need to sign-up in advance. To do so, members need to log into their YQCA account, go to “enrolled training”, and select the course labeled "Beloit 4-H Day Training". Members will be able to enroll and pay for the course online. Participants also need to take a pre-test online before attending the in-person training! YQCA is a livestock quality assurance program that covers food safety, animal well-being, and character development. It is a great learning experience for youth involved in any livestock project! Learn more at our Post Rock District’s YQCA webpage.

4-H ADVISORY MEETINGS
Post Rock District will be having 4-H Advisory meetings to provide an opportunity to share opinions and perspectives related to experiences, opportunities and challenges which face current and future membership, volunteers, and affiliated clubs of the Post Rock District 4-H program. 4-H Club Leaders, 4-H Club Officers, 4-H Council Representatives, and Registered 4-H Volunteers are encouraged to attend a meeting to be part of the discussion. Contact Nora Rhoades, District 4-H Youth Development Agent, if you have questions.

- February 10, 12:30-1:30 p.m., Beloit United Methodist Church
- February 29, 6:30-7:30 p.m., Osborne Extension Office

4-H JUDGES TRAINING - NEW DATE IS FEBRUARY 24
The Northwest 4-H Judges Training was postponed due to inclement weather. The new date is Saturday, February 24 at the K-State Research and Extension Research Center in Hays from 10:30 to 3:00 p.m. Participants can learn more about judging project areas such as photography, clothing and textiles, fashion revue, fiber arts, foods and nutrition, rabbits, horticulture, crops, visual arts, woodworking, wildlife, shooting sports, and STEM. There is a $10 fee due at the door. Lunch is provided. Everyone is asked to register for the new date by February 20. Register at https://kstate.qualtrics.com/jfe/form/SV_5d8cZPUfrrxhYoK.

PROJECT SIGN-UP IN 4-H ONLINE
Log into 4-H Online or contact your local Extension Office to review and update your projects! 4-H project experiences, opportunities and reminders are communicated to you by local and state 4-H staff based on your project enrollment and contact information in 4-H Online.
K-State Junior Beef Producer Day is Saturday, March 2 in Weber Arena on the K-State campus in Manhattan. This one-day educational event is devoted to the selection and management of youth beef projects. Speakers will cover topics including selection, meat science, reproduction, health, nutrition, hair care, grooming, fitting, and showmanship. All ages and knowledge levels can attend! Registration and a cost of $20 per person is due by February 12. Register and pay online at http://bit.ly/ksuasiregister.

K-State Junior Sheep Producer Day will be hosted on Saturday, March 16, in Weber Arena on the K-State campus in Manhattan. This one-day educational event is devoted to the selection and management of youth sheep projects. Speakers will cover topics including selection, meat science, nutrition, reproduction, the starter flock program, wool, health and wellness, facilities and equipment, clipping and grooming, and showmanship. All ages and knowledge levels are invited, but you must register. The cost is $20 per person, due by February 26. Register at http://bit.ly/ksuasiregister.

The Kansas Sheep Association (KSA) Starter Flock Program was initiated with the intent to encourage and assist young people to enter the sheep and wool industries and help sustain this important food and fiber industry and our American culture. It can be a good fit with 4-H members looking to start their own flock. Applications are due by February 24. For complete details about this opportunity and to get an application form contact Joe Hobbs, 402-278-0202 or hobsshowlambs@yahoo.com.
The Northwest 4-H Judging Event, "Super Saturday" will be March 23 in Hays. There will be judging contests for livestock, entomology, photography, crops, life skills, and horticulture. Project workshops will also be available. Save the date for this fun event, and watch for more details to be released in the coming weeks.

**SUPER SATURDAY JUDGING EVENT IS MARCH 23 IN HAYS**

The Northwest 4-H Judging Event, "Super Saturday" will be March 23 in Hays. There will be judging contests for livestock, entomology, photography, crops, life skills, and horticulture. Project workshops will also be available. Save the date for this fun event, and watch for more details to be released in the coming weeks.

**K-STATE ALPHA OF CLOVIA HOSPITALITY WEEKEND IS MARCH 23 & 24**

Clovia is a 4-H Cooperative Leadership House located near Kansas State University in Manhattan. Alpha of Clovia is looking to connect with girls with any 4-H, FFA, or leadership experience in general. Living at Clovia is a great opportunity as it is one of the only ways to live off campus freshman year at K-State. It provides girls with a community of caring friends, accountability and fun. Clovia will have a hospitality weekend, March 23 and 24, where high school girls of all grade levels can come spend the weekend and learn more about what it would be like to experience Clovia! Learn more and register at [https://www.alphaofclovia.org/](https://www.alphaofclovia.org/).

**INTERNATIONAL EXCHANGE HOSTS NEEDED**

Looking for fun and excitement this summer? Host a new friend from Japan in your home this summer, July 23 – August 15. Kansas 4-H International Exchange Programs are offering hosting opportunities. Host families are needed who would be willing to host a Japanese boy or girl. The Japanese youth will be between the ages of 12 - 16. Any Kansas family with children aged 10-17, who is interested in the Japanese culture, may host. A separate bed is required, but not necessarily a separate room from the host sibling. Delegates are 100 percent medically covered with 4-H insurance and bring their own spending money. They can go on host family vacations, camping trips, or join their host sibling for summer camps and the county fair. The focus is everyday family life. Interested families can complete the application at [https://www.states4hexchange.org/apply/host/](https://www.states4hexchange.org/apply/host/). Direct questions to Pam Van Horn at pvanhorn@ksu.edu.

**4-H AMBASSADOR OPPORTUNITY**

4-H Ambassadors are 4-H members recognized for exceptional efforts to promote the Post Rock District 4-H program throughout their community, county, and beyond. A Post Rock District 4-H member can strive to achieve 4-H Ambassador recognition. Requirements are outlined on the application available at [www.postrock.k-state.edu/4-h/awards-and-recognition/ambassadors/](http://www.postrock.k-state.edu/4-h/awards-and-recognition/ambassadors/).
LIVESTOCK TAGGING (EID) FOR STATE NOMINATIONS
Post Rock District will no longer sell Kansas 4-H EID tags over-the-counter at our Extension Offices. The state requires our staff to approve all State Nominations for livestock, and part of that approval process is confirming that we have physically seen each Kansas 4-H EID tag in your livestock animal’s ear at tagging time (photos and over-the-counter sales do not qualify). Please plan to attend your county’s tagging and verification event (i.e. weigh-in) for beef, swine, sheep, and goats - these dates will be shared on your county’s page. While you must attend your county’s weigh-in for your respective county fair’s rate-of-gain contest, any Post Rock District event can be attended to verify tagging of state-level EID tagging for the nomination process. Contact your Extension Office if you have questions.

WEIGH-IN/VERIFICATION EVENTS AND LIVESTOCK RATE-OF-GAIN AT COUNTY FAIR
Rate-of-gain contests are managed differently in each county and it is an optional experience. Any livestock not weighed-in and tagged with the county’s official 4-H tag (or the state Kansas 4-H EID tag) at the designated event are not eligible for the county fair’s 4-H rate-of-gain contest. The determination of what livestock are eligible for rate-of-gain is the decision of the county body which manages the experience in the respective county (4-H Council or Fair board). Watch your county’s 4-H Newsletter page for information about weigh-in and verification events! If you are enrolled in a livestock project, it is HIGHLY RECOMMENDED to bring your animal to these events because attending can assure you are understanding of and ready to meet all exhibition requirements (so you won’t be disqualified at fair); you can connect with other adults and youth in the project for support, encouragement, and assistance throughout the year; and you can get many of your questions answered.

SPRING SHOWS AND YOUTH LIVESTOCK OPPORTUNITIES
The K-State Youth Livestock Program has a website dedicated to sharing youth livestock events (i.e spring shows, showmanship clinics, skillathons, field days, etc.). It is for informational purposes only; no endorsement or support by KSU is implied. Any educational opportunity open to kids outside of the hosting county is invited to share information with adhayes@ksu.edu. You can also find opportunities that have been shared with our local unit on the Post Rock District 4-H events webpage. Remember to direct questions to each listed event contact.

PREMIUM AUCTION AND PROJECT SALE AT COUNTY FAIR
Post Rock District is not responsible for the planning and facilitation of a county-level premium auction or project sale, nor serve as the fiscal managers of such an event. Each county has a unique process and team in place to oversee this experience. Post Rock District will enforce that Kansas 4-H policies and code of conduct are followed at these activities because 4-H members are the target audience of such experiences. Beginning with the current 4-H year, Kansas 4-H Policy no longer has a policy relating to the sale of 4-H exhibits/projects at a county fair. Kansas State Fair and Kansas Junior Livestock Show will refer to each county-level governance. There may not be changes in your county. If there are any changes to your county’s rules, they will be shared on your county’s 4-H Newsletter page once information is available.
FFA PARTICIPATION AT POST ROCK DISTRICT COUNTY FAIRS IN 4-H DIVISION

Post Rock District supports FFA member participation in the 4-H division of the county fair. The Kansas 4-H Policy relating to Dual Enrollment of 4-H and FFA Members will be followed. All 4-H participation deadlines will apply to FFA Chapters and members, including but not limited to tagging and verification expectations, weigh-ins, project drop/add deadline, fair entry deadlines and fees, dress code, code of conduct, etc.

To meet the Post Rock District’s project enrollment drop/add deadline, FFA members need to identify what project areas they will be participating in by May 1, 2024. They will also share important contact information to assist the Post Rock District with providing communication to and supporting the youth in their participation. The earlier FFA members sign up, the more they can be included in communication about upcoming weigh-ins, deadlines, etc. Sign up by completing the online form at https://bit.ly/FFAParticipationIn4HDivisionAtCountyFair.

Are you currently enrolled in Post Rock District 4-H, but also want to exhibit FFA at the same county fair? You do not need to fill out this online form. You can select all of your 4-H AND FFA project areas in 4-H Online. Then, when you submit your entries by your county’s pre-fair/other entry deadlines you will clarify which project areas are to be in 4-H and which ones are to be in FFA. The form is a way to gather information from youth only representing FFA at the county fair.

FUNDRAISERS FOR 4-H

Many 4-H Clubs and Councils are busy raising money to support your educational experiences in 4-H. Remember to communicate with your local Extension Office in the early planning stages of your fundraiser to make sure you meet all Kansas 4-H policies and best practices relating to raising money in the name of 4-H.

4-H BRANDING ON CLOTHING AND AWARDS

The use of the K-State Research and Extension/Kansas 4-H co-wordmark is required on all 4-H print, digital, apparel, and merchandise. This requirement applies to all designs created at the local, county, district, area, and state levels. Communicate with your local Extension Office before ordering any items to ensure your club, council, fair board, etc. are using licensed vendors and that all designs include the required co-wordmark. More details are on our 4-H Branding and Marketing website.

CLUB SEAL RECOGNITION

Your 4-H club deserves to be recognized for the work you are doing in your community! The 2023-2024 Club Seal Application is available at www.postrock.k-state.edu/4-h/awards-and-recognition/club-seal/. Clubs should track progress throughout the year, making notes about each successful activity.