



4-H QUIZ BOWL RULES (2026)

Hosted by Post Rock District

EVENT DETAILS

- Saturday, January 10, 2026
- Sylvan-Lucas Unified High School (504 W 4th St, Sylvan Grove, KS 67481)
- Timeline:
 - Team Registration between 8:45 a.m. - 9:00 a.m.
 - Welcome and rules review at 9:00 a.m.
 - Competition begins immediately after the review of the rules.
- Free to participate.
- No concessions. You are welcome to bring your own snacks and drinks, but please remember to clean up after yourselves.
- There will be some downtime between competition rounds. Bring a game or a deck of cards to quietly play with friends. Youth participants cannot watch other rounds until they have completed the competition.
- This is a regional 4-H competition. Post Rock District is the host extension unit, yet we welcome youth from other extension units to participate.
- Teams are encouraged (not required) to dress up and use a fun, 4-H appropriate team name.
- Questions? Call Tonia at the Post Rock District – Mankato Office, 785-378-3174.
- A study guide is available on the [Post Rock District's Quiz Bowl webpage](#). Answer guides will not be made available until after the Quiz Bowl.
- **Register online by January 5, 2026 at the [Post Rock District's Quiz Bowl webpage](#).**

GENERAL

1. Participants are to be currently enrolled members in Kansas 4-H on 4-H Online.
2. Youth will participate in teams of four. If you don't have a team at registration time, just sign up online, and organizers will combine youth into teams!
3. There are two age divisions based on the age of youth before January 1 of the current 4-H year. Junior Division is 7-12 years old. Senior Division is 13 years and older. No Cloverbuds.
4. The team's age division will be determined by the oldest member of the team. (For example: if a 9, 10, 12, & 13-year-old are on a team they will be in the Senior Division.)
5. All teams must be pre-registered by the deadline. Individuals registering without a team will be combined to form teams.
6. A team can consist of members from different clubs.
7. Substitution from an enrolled 4-H member will be allowed, but the substitute cannot be participating on any other team.
8. Supervision will be expected from parents, sponsors, etc.



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9. Any misbehavior from the audience will not be tolerated. Individuals will get one warning and then be asked to leave. Follow the Kansas 4-H Code of Conduct.
10. If a team receives a BYE in the bracket, the team will still play a round of questions. The team will earn a win in the bracket, and they will earn points for any correct answers. This will allow team members to get familiar with the buzzers and for learning to occur.
11. Any exceptions/changes to the rules will be handled by the Quiz Bowl Committee on a case-by-case basis.
12. The Overall Club Champion will be determined by earning points for wins and losses of teams with a youth representing the respective club. A win will be 12 points and a loss will be 8 points. If there is a tie, the total points scored from questions in all rounds will be used to break the tie. When a team has members representing more than one club, the club points will be split in four equal ways. The Overall Club Champion will receive a certificate of recognition and a fun prize for each club member participating in the Quiz Bowl.
13. First, second, and third-place teams are determined by the official bracket. Winners in both the Junior and Senior Divisions will be recognized with a ribbon and a fun prize for each team member. The first-place color is Yellow. The second-place color is Blue. The third-place color is Peach. The ribbon colors selected are designed to be unique and a fun change from other 4-H events and activities.
14. Awards will be presented after the conclusion of the Championship Rounds.
15. DON'T TAKE 4-H QUIZ BOWL TOO SERIOUSLY... HAVE FUN!!!

COMPETITION ROUNDS

16. Volunteers in each competition room will include: 1) Scorekeeper 2) Moderator 3) Reader 4) Judge.
17. A round in the Junior Division will consist of 10 questions. The first 5 questions asked will be worth 10 points and the last 5 questions will be worth 15 points.
18. A round in the Senior Division will consist of 15 questions. The first 10 questions asked will be worth 10 points and the last 5 questions will be worth 15 points.
19. Tiebreaker questions will only be used to determine the winner of a round and no points will be awarded.
20. Participants will each be given a sheet of paper and a pencil that they may use during each round. No other devices or materials are allowed at the competition round.
21. A team member must wait to be recognized before answering. A team member cannot just hit the buzzer and blurt out the answer. If this happens, the team will be warned the first time, and the second time, the other team will get the chance to answer the question.



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22. Once the reader finishes reading the question, teams will have 10 seconds to buzz in. Then, they have 10 additional seconds to answer the question. If no one buzzes after 10 seconds, no points will be awarded and the moderator/reader will proceed to the next question. Some questions will be allowed a longer time (i.e. 30 seconds) to answer. This will be stated before the question is read.
23. Consultation among team members may occur only before they hit the buzzer. Once a team buzzes in, if they continue talking, the first time the team will be warned, and the second time the other team will get a chance to answer the question and receive all the points.
24. Teams may answer a question at any time after the reader begins reading the question, but once the buzzer is sounded by a team, no consultation (spoken, non-verbal, or written) may go on among team members. Consultation among members of the opposing team may continue.
25. After a team member buzzes in, the first answer that comes out of their mouth will be the answer accepted.
26. When a team buzzes in and gives the wrong answer after a question and choices have been fully read, the question will not be repeated for the other team.
27. If the reader is interrupted by a team buzzing in before the question and any choices are read completely, the moderator/reader will state "Interrupt" if a person buzzes in before the question is completely read. The individual can attempt to answer. If correct, they win the question's points. If the individual recognized gives an incorrect answer, the team will lose 5 points for interrupting. The reader will then re-read the question and choices entirely for the other team.
28. Multiple choice questions can be answered with "A, B, C, D" or the "word answer", but if a team member incorrectly pairs the wrong letter "A, B, C, D" with the word answer it will be an incorrect answer.
29. Any objections to the question/answer must be made by the team members and only before the moderator/reader moves on to the next question.
30. Any and all final decisions will be made by the judges during the round.



Extension
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