

POST ROCK DISTRICT 4-H DAY

February 14, 2026

Contests Begin at 8:00 a.m. | Doors open at 7:30 a.m.

First United Methodist Church in Beloit, KS

801 N. Bell Street

Need more event details? Review the **4-H Day Guide** available at postrock.ksu.edu > 4-H > Events > 4-H Day



Kansas 4-H members have been learning communication skills and building confidence for more than 100 years. Through engagement in 4-H, youth will learn to interpret verbal and nonverbal information, develop effective public speaking skills, enhance written and spoken communication, defend a point, design a presentation, and much more!

4-H Day is an opportunity for Post Rock District 4-H members to showcase and further develop communication skills. It's an opportunity to learn and practice skills necessary to clearly organize and present ideas and instructions through a variety of communication and presentation strategies.

Kansas 4-H has many helpful resources to assist you with developing communication skills.

Visit the [Kansas 4-H Communications Project](#) webpage for resources. Learn more about common 4-H presentations in the [Kansas 4-H Presentation Overview](#). If you can't find a resource to meet your needs, please contact your local Post Rock District Office.

K-STATE
Research and Extension



Post Rock
District

Kansas State University Agricultural Experiment Station and Cooperative Extension Service

K-State Research and Extension is an equal opportunity provider and employer.

IMPORTANT INFORMATION!

4-H DAY GUIDE

Refer to the [4-H Day Guide](#) for contest expectations! Failure to follow contest expectations will impact judging. View/Print at postrock.ksu.edu > 4-H Youth Experience > Events > 4-H Day

SCHEDULING

Entries have been assigned a performance time as a guide. If we start running ahead of schedule, we will keep moving forward with entries. If someone is not present at their turn, we will move to the next person. Please plan to arrive early!

AWARDS

Each 4-H member in the Junior, Intermediate and Senior Divisions will be judged based on the contest area's expectations. Written feedback will be provided to each youth along with a white, red, blue, or purple ribbon ranking. In each contest area, one Outstanding Presentation Sensation (OPS) award will be selected from the top purples, if the judge determines there is a deserving entry. **Awards can be picked up once available at the event or from your local Post Rock District Office.**

BE QUIET AND RESPECTFUL

Only enter rooms between entries! No running, extra noise, or crowding in the hallways. You are allowed to watch other presentations. Everyone must follow the Kansas 4-H Code of Conduct.

NO FOOD OR DRINKS

There is to be no food or drinks (except water) in any room. There will not be a concession stand.

STORAGE AND PRACTICE ROOM

A room will be marked to store supplies, coats, posters, etc. There will be a practice room for music.

YQCA COURSE

There will be an in-person YQCA course for youth involved in livestock projects beginning at Noon. **If you want to participate in this class, contact Blaire Todd at blairet@ksu.edu as soon as possible!**

VOLUNTEERS

Thank you for your willingness to help make 4-H Day a success! **If you have not signed up to volunteer and would like to, please call the Beloit Office at 785-738-3597 or email Tammy Neiter at tneiter@ksu.edu as soon as possible!** When you arrive to volunteer, check-in with a Post Rock District staff member. Room Monitor responsibilities:

- Arrive early to make sure your room is ready
- When presenter is ready, close the door and introduce them
- Keep the room quiet at all times
- Keep the room schedule updated by checking off presentations that are completed
- When the judge has finished a category, check that each entry has been placed
- Express appreciation to your judge for being a part of the communications experience

JUDGING CONTESTS

Time: 8:30 a.m. – 11:30 a.m.

Pre-registration was not required to participate in a judging contest. Plan to arrive with enough time to complete one of the available contests! Age divisions and rules will be specific to each contest.

Cloverbuds can practice by participating with an adult. 4-H members will participate individually and at your own pace. All cell phones and other communication devices must be turned off while participating in a contest.

Foods and Nutrition

All ages will compete together. Junior participants will judge a Cookware Identification class and a healthy Breakfast Basics class. Intermediate and Senior participants will judge a Cookware Identification class, a Knife Know-How identification class and Eating Healthy Fast Food. The contest will be the same at both 4-H Day events.

- [Cookware Junior Division](#)
- [Cookware Intermediate and Senior Divisions](#)
- [Knife Know-How intermediate and Senior Division](#)
- [Breakfast Basics Junior Division](#)
- [Guide Tips to Eating Healthy Fast Food Intermediate and Senior Division](#)
- [Better Fast Food Choices Intermediate and Senior Division](#)

Plant Science and Horticulture Judging Contest

All ages will compete together. Participants will identify trees and plants. The contest will be same at both 4-H Day events.

- [Plant List](#)
- [Horticulture Judging Study Guide](#)

Life Skills Judging Contest – Financial Management

All ages will compete together. Junior participants will have a class on Check Writing. Intermediate participants will have a class on Check Writing and Budgeting. Senior participants will have a class on Check Writing and Budgeting . The format will be the same at both 4-H Day events.

- [Check Writing Junior, Intermediate and Senior Divisions](#)
- [Principles of Managing Funds Intermediate and Senior Divisions](#)
- [Budget Basics Intermediate and Senior Divisions](#)
- [Budgeting Advanced Senior Division](#)

Photography Judging Contest

All ages will compete together. Kansas 4-H Photography Project Action Team prepared a photography Judging contest. The contest will be the same at both 4-H Day events.

- [Kansas 4-H State Photography Judging Contest webpage](#)

Animal Science Judging Contest

All ages will compete together. Participants will each identify various Essential Livestock Grooming and Health Equipment. The contest will be the same at both 4-H Day events.

[Essential Livestock Grooming & Health Equipment & Identification](#)

MODEL BUSINESS MEETING

Virtual***

Refer to the [4-H Day Guide](#) for contest expectations! Failure to follow contest expectations will impact judging. Results will be shared with each club when available after 4-H Day.

Club Entries

Hunter Huntsman

West Beloit

PUBLIC SERVICE ANNOUNCEMENT

Virtual***

Sage Cole

PUBLIC PRESENTATION CONTEST AREAS

Location: Second Floor

Refer to the [4-H Day Guide](#) for contest expectations! Failure to follow contest expectations will impact judging.

Remember: A projector, projector screen, computer, easel, and a table will be available in each presentation room. All virtual visual aids must be brought to the presentation on a flash drive by the presenter. Internet is not available. No live shooting or loaded firearms are allowed.

ILLUSTRATED TALKS and PUBLIC SPEAKING

Intermediate Illustrated Talks

- 8:45 Aspen/Asherville Achievers
- 9:00 Bowen/Asherville Achievers
- 9:15 Rebekah/Asherville Achievers
- 9:30 Myka/Webber Wide Awake
- 9:45 Gabriella/Webber Wide Awake

Junior Illustrated Talk

- 10:00 Hazel/Mankato Eager Beavers
- 10:10 Paul/Asherville Achievers
- 10:20 Tenley/Webber Wide Awake
- 10:30 Eli /Asherville Achievers

Senior Illustrated Talks

- 10:45 Haylee/Mankato Eager Beaver

Senior Public Speaking

- 11:00 Kayley/Asherville Achievers
- 11:15 Jayce/Prairie Shooters

Spontaneous Speaking

- Nelson/Prairie Shooters
- 11:30 Draw Topic in Staff Room
- 11:45 Speech Composition
- 12:00 Present to Judge

PROJECT TALKS and DEMONSTRATIONS

Junior Project Talks

- 8:00 Karolyn/Asherville Achievers
- 8:10 Newman/Asherville Achievers

Cloverbuds Project Talks

- 8:20 Adam/Asherville Achievers
- 8:40 Jacinta/Asherville Achievers

Intermediate Project Talks

- 8:50 Isaac/Webber Wide Awake
- 9:05 Emma/Asherville Achievers
- 9:20 Kenton/Asherville Achievers

Club/Group Demon./Illustrated Talks

- 9:50 Webber Wide Awake – Carter, Isaac & Burkley
- 10:05 Bullfoot Creek Sylvan Hustlers – Annie, Macie & Grace

Intermediate Demonstrations

- 10:20 Chiara/Asherville Achievers
- 10:35 Gabriella/Webber Wide Awake
- 10:50 Layne/Bullfoot Creek Sylvan Hustler
- 11:05 Brynlee/Eager Beavers

Junior Demonstrations

- 11:20 Reid/West Beloit
- 11:30 Carter/Webber Wide Awake
- 11:40 Burkley/Webber Wide Awake
- 11:50 Annie/Bullfoot Creek Hustlers
- 12:00 Aiden/Hunter Huntsmen

DRAMATICS CONTEST AND DANCE CONTEST AREAS

Refer to the [4-H Day Guide](#) for contest expectations! Failure to follow contest expectations will impact judging.

READINGS

Location: Second Floor

Remember: No visual aids allowed; however, the participant is to give the presentation with the book/binder of material in-hand. Presentations should begin with a short 15 to 45 second introduction (in addition to reading time). The judge does *not* need a copy of reading for reference.

Senior Readings

8:00 Norah/Tipton 4-H

Junior Readings

8:15 Reid/West Beloit
8:25 Karolyn/Asherville Achievers
8:35 Paul/Asherville Achievers
8:45 Aiden/Hunter Huntsman
8:55 Ryan/ Solomon Valley
9:05 Alice/Prairie Shooters
9:15 Annie/Bullfoot Creek Sylvan Hustlers
9:25 Newman/Asherville Achievers
9:35 Meredith/Prairie Shooters

Intermediate Readings

9:45 Kenton/Asherville Achievers
10:00 Chiara/Asherville Achievers
10:15 Sage/Solomon Valley
10:30 Layne/Bullfoot Creek Sylvan Hustlers
10:45 Kendall/West Beloit
11:00 Emma/Asherville Achievers

Cloverbuds Readings

11:10 Mason/Hunter Huntsman
11:20 Mallory/Prairie Shooters
11:30 Maryn/Asherville Achievers

CREATIVE DRAMATIC OR SKITS

Location: Stage in Fellowship Hall

Remember: Participants are responsible for providing their own props. The judge does *not* need a copy of the script for reference. No speaker system available. No internet available.

Skit Group

8:00 Prairie Shooters 4-H Club

8:15 Lueger Crew /Asherville Achievers

DANCE

Location: Stage in Fellowship Hall

Remember: Participants are responsible for providing their own music and radio. No live music allowed. No speaker system available. No internet available. All dance entries must begin with a 1-minute minimum verbal introduction and not to exceed 2 minutes.

Dance Solo

- 8:00 Ellie/ Solomon Valley
- 8:15 Hayven/Asherville Achievers

MUSIC CONTEST AREAS

Location: Sanctuary

Refer to the [4-H Day Guide](#) for contest expectations! Failure to follow contest expectations will impact judging.

Remember: All musical entries must begin with a one-minute minimum verbal introduction and not to exceed 2 minutes. A copy of the music number to be performed is to be submitted to the judge with measures numbered.

Vocal Ensemble

- 8:00 Rebekah & Chiara/Asherville Achievers

Senior Instrumental Solo

- 8:15 Norah – piano/Tipton 4-H

Intermediate Vocal Solos

- 8:30 Ellie/Solomon Valley
- 8:45 Marissa/West Beloit

Intermediate Instrumental Solos

- 9:00 Lily - Piano/Prairie Shooters
- 9:15 Claire - Piano/Prairie Shooters
- 9:30 Gabriella – Piano/Webber Wide Awake
- 9:45 Ellie - Piano/Solomon Valley
- 10:00 Ellie - Flute/Solomon Valley
- 10:15 Brynlee - Piano/Mankato Eager Beavers
- 10:30 Rebekah - Clarinet/Asherville Achievers
- 10:45 Chiara - Piano/Asherville Achievers

Junior Instrumental Solos

- 11:00 Wyatt - Piano/Prairie Shooters
- 11:10 Ryan - Piano/Solomon Valley
- 11:20 Hazel - Piano/Mankato Eager Beavers
- 11:30 Karolyn - Piano/Asherville Achievers
- 11:40 Macie - Piano/Bullfoot Creek Sylvan Hustlers
- 11:50 Brenna - Viola/West Beloit
- 12:00 Grace - Piano/Bullfoot Creek Sylvan Hustlers

VOLUNTEER SCHEDULE

Room Monitors/Assistants

Music – Sanctuary

8:00 – 9:00 a.m.: Sarah/Austin -Jr Sunflower
9:00 – 10:00 a.m.: Jayce/Prairie Shooters
10:00 – 11:00 a.m.: Brenna/West Beloit
11:00 – 12:00 p.m.: Kendall/West Beloit

Illustrated Talk/Public Speaking Room – Second Floor

8:00 – 9:00 a.m.: Gabriella/Webber W A
9:00 – 10:00 a.m.: Marissa/Alison Jr
Sunflower
10:00 – 11:00 a.m.: Jayce/Prairie Shooters
11:00 – 12:00 p.m.:

Project Talk/Demonstration Room – Second Floor

8:00 – 9:00 a.m.:
9:00 – 10:00 a.m.: Haylee/Mankato Eager B
10:00 – 11:00 a.m.: Nelson/Prairie Shooters
11:00 – 12:00 p.m. Rebekah/Asherville A

Reading Room – Second Floor

8:00 – 9:00 a.m.:
9:00 – 10:00 a.m.: Kayle/Asherville A
10:00 – 11:00 a.m.: Kenton/ Asherville A

Greeter

8:00 – 9:00 a.m.:
9:00 – 10:00 a.m.: Haylee/Mankato Eager B
10:00 – 11:00 a.m.: Jaxson/Huter Huntsman
11:00 – 12:00 p.m.

Judging Contest Assistants

8:00 – 9:00 a.m.: Bowen/Asherville A
9:00 – 10:00 a.m.: Sage/Solomon Valley
10:00 – 11:00 a.m.: Aspen/Asherville A
11:00 – 12:00 p.m.: Paul/Asherville Achievers

Event Clean-Up

8:00 – 9:00 a.m.: Alison/Marissa Jr Sunflower
9:00 – 10:00 a.m.: Sarah/Austin - Jr Sunflower
10:00 – 11:00 a.m.: Jayden/Hunter Huntsman
11:00 – 12:00 p.m.: Chiara/Asherville A