



# POST ROCK DISTRICT 4-H NEWSLETTER APRIL 2024

## EVENTS AND DEADLINES AT A GLANCE

- |              |   |             |  |
|--------------|---|-------------|--|
| Apr. 1       | YQCA Training, Smith Center                         | Jun. 5-8:   | Animal Science Leadership Academy, Manhattan       |
| Apr. 12:     | Horse Show Judge Seminar, Colby                     | Jun. 11-14: | Plant Science Range Camp, Murdock, KS              |
| Apr. 14, 28: | Dog Project Practices, Osborne                      | Jun. 14-16: | Geology Field Trip, Northwest Kansas               |
| Apr. 15:     | Animal Science Leadership Academy app. deadline     | Jun. 15:    | Small Livestock Nomination due & DNA postmarked    |
| Apr. 15:     | Insect Art Contest deadline                         | Jun. 15:    | Commercial Heifer Nominations due                  |
| Apr. 15:     | NW Ag Ambassador Program application deadline       | Jun. 15:    | Registered breeding papers in exhibitor's name     |
| Apr. 15, 18: | Livestock Fair Management Clinics, Virtual          | Jun. 17-28: | Citizenship Washington Focus                       |
| Apr. 20:     | Last day to order Beef DNA Envelopes                | Jun. 21-22: | Insect Spectacular, Hays                           |
| Apr. 20:     | Livestock Clinic, Russell                           | Jun. 22:    | Phillips County Dog Project Workshop, Phillipsburg |
| Apr. 20:     | Math Workshop, Manhattan                            | Jul. 11-14: | Jewell County Fair, Mankato                        |
| Apr. 20:     | Spring into Volunteering 4-H Training, Salina       | Jul. 15:    | Kansas State Fair Grand Drive entry deadline       |
| Apr. 20:     | Safe Tractor & Machinery Operation Training, Beloit | Jul. 16-20: | Lincoln County Fair, Sylvan Grove                  |
| Apr. 21:     | Rock Springs 4-H Camp Open House                    | Jul. 18-22: | Smith County Fair, Smith Center                    |
| Apr. 21-27:  | National Volunteer Week                             | Jul. 21:    | Post Rock District Archery Qualifier, Waconda Lake |
| Apr. 27:     | YQCA Training, Sylvan Grove                         | Jul. 22:    | Post Rock District 4-H Dog Show, Osborne           |
| May 1:       | Drop/Add Projects Deadline in 4-H Online            | Jul. 24-27: | Mitchell County Fair, Beloit                       |
| May 1:       | Market Beef Nominations due & DNA postmarked        | Jul. 24-27: | Osborne County Fair, Osborne                       |
| May 3-5:     | Shooting Sports Instructor Training, Rock Springs   | Aug. 10:    | State Horticulture Judging Contest, Manhattan      |
| May 20-22    | Drone Engineering, Salina                           | Aug. 12:    | Wheat Expo, Manhattan                              |
| Jun. 5:      | Last day to order Small Livestock DNA Envelopes     | Aug. 15     | Kansas Junior Livestock Show entry deadline        |
| Jun. 5-7:    | Discovery Days, Manhattan                           | Aug. 17-18: | Livestock Sweepstakes, Manhattan                   |

## KANSAS 4-H MASTER CALENDAR

Kansas 4-H has a state and regional events master calendar. It is a living document with regular additions. Access the latest version at [www.kansas4-h.org/events-activities/](http://www.kansas4-h.org/events-activities/).



Post Rock 4-H



Kansas 4-H



4-H Online



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# JEWELL COUNTY 4-H

## POST ROCK DISTRICT NEWSLETTER

Tonia Underwood, 4-H Program Coordinator  
(785) 378-3174      tiunderw@ksu.edu



### Jewell County Fair: July 11-14

Pre-Fair Entry Deadline: June 20

Pre-Fair Judging: July 9

### Add/Drop Projects by May 1

The deadline to add/drop projects in 4-H Online is May 1! You can only take exhibits to fair in projects you are enrolled in! Call the office if you need help.



### Jewell County Small Animal Weigh-in

Small animal weigh-in is on Sunday, April 7 at 3:00 p.m. at the Jewell County Fairgrounds.

Jewell County 4-H tags are free; \$3.50 for beef EID tags, and \$2.75 for small animal EID tags. ANY species (market or breeding) can come to weigh-in to be tagged with county or state tags!

### Senior 4-H Scholarships Due April 15

The Jewell County 4-H Education Scholarships are due on April 15. Applications are online at [www.postrock.k-state.edu/4-h/awards-and-recognition/education-scholarships](http://www.postrock.k-state.edu/4-h/awards-and-recognition/education-scholarships).

### 4-H Event Scholarships

Jewell County active 4-H members can get a scholarship to attend a 4-H camp, conference, or other event. This scholarship will pay for 50% of the base price of the activity/event you are applying for. This scholarship is for one activity/event per year per 4-H member. Remember to fill out the application before you register. Applications are at online at [www.postrock.k-state.edu/4-h/awards-and-recognition/event-scholarships/](http://www.postrock.k-state.edu/4-h/awards-and-recognition/event-scholarships/).

### 4-H Council Meeting

Jewell County 4-H Council will meet Monday, April 29 at the Mankato Courthouse starting at 7:00 p.m.

### Family Fun Day

Jewell County 4-H will host Family Fun Day on Sunday, April 14 at the City Building in Mankato. It will start at 11:00 a.m. and finish at 3:00 p.m. Invite friends and family of all ages to come have fun!

**Club Donation:** Every 4-H Club must bring 24 cans of soda pop and 3 dozen individually wrapped treats.

**Family Donation:** Every 4-H family is asked to bring one (1) dessert for the meal and at least one (1) cake for the cake walk.

**Work Schedule:** Sign-up for working the games and kitchen assignments at [bit.ly/24FunDayWorkShifts](https://bit.ly/24FunDayWorkShifts) or you may be assigned a shift.

**Raffle for Grand Prizes:** Each club leader has a packet of raffle tickets for every 4-H family to sell. Checks are payable to the 4-H Council. Return your packets and sold ticket information to the Extension Office.

### Family Fun Day Grand Prizes

1. Duis Meats gift card for \$200.00
2. Blackstone stainless steel propane gas hood, flat griddle grill station for tailgating.
3. JBL Flip 5, Waterproof Portable Bluetooth Speaker, black, with a protection case.

*The money raised at Family Fun Day supports 4-H scholarships to attend 4-H related educational events, conferences, camps, and for college!*



### Jewell County Day Camp



Jewell County Day Camp will be on Wednesday, May 22, 2024. 4-H Council is planning a fun day! The theme is **Wild West!** Save the Date. More information to come.



# LINCOLN COUNTY 4-H

## POST ROCK DISTRICT NEWSLETTER

Tonia Underwood, 4-H Program Coordinator  
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### SMALL ANIMAL WEIGH-IN - APRIL 27

Weigh-in is Saturday, April 27 beginning at 10:00 a.m. at the Fairgrounds in Sylvan Grove. Animals must be in line by 11:30 a.m. to be weighed. This weigh-in is for market sheep, swine, and goats and you must attend to be in the rate-of-gain contest. Bucket calves, dairy goats, dairy cattle, breeding animals, and state nomination (EID verification) animals, etc. can also come to get tagged. If you are NOT planning to come to weigh-in please let the Extension Office know. County Fair Tags = \$1.00; Beef EID Tags = \$3.50; Swine, Goat, Sheep EID Tags = \$2.75. Make checks payable to Lincoln County 4-H Council.



### Saturday, April 27 at 12:30 p.m. at the Sale Barn

All ages of youth in animal projects (beef, sheep, swine, goat, poultry, rabbit, dairy, horse, etc.) are encouraged to attend YQCA training to learn important ways to keep your animal safe and healthy. This is a district-level learning experience for your project records and achievement pins!

- If you want an official certificate you must **register in advance at <https://yqcaprogram.org/> with the course name "Lincoln County Training"**. You need to pay online and complete the pre-test before training! Page 4 of the district news has more information!
- If you do not want a certificate, you can still attend, but please RSVP by calling the Lincoln Extension Office!
- Lincoln County 4-H Council is sponsoring food for participants to kick-off training. Thank you!



### 4-H COUNCIL MEETING

4-H Council will meet Thursday, April 18 at the Lincoln Senior Center beginning at 6:30 p.m.

## FAIR County Fair Safari ~ It's a Jungle Out There!

Lincoln County Fair week is July 15 - 20!

**Superintendent Sign-up Coming Soon:** In the coming weeks, watch your email for an online sign-up! Please select a project area to assist with during fair judging and display set-up. It takes everyone's help to make the fair a success!

**Project Sign-up Due May 1:** Youth MUST be registered in 4-H Online for any project they want to exhibit in the 4-H division of the county fair by May 1. Email Tonia at tiunderw@ksu.edu and she can assist with changes!

**Pre-Fair Entry Deadline is July 1:** Mark your calendars for July 1! This is the deadline to pre-register for county fair entries at the Extension Office.



### 4-H EVENT SCHOLARSHIPS

#### Janice Rahmeier Tucker Memorial Scholarships:

The 4-H Boosters, with support from the family, have expanded the memorial fund's use to provide \$50 toward the registration cost of a 4-H regional, state, or national camp/conference. There is no application to receive this gift; however, an active member may only receive it once per program year. Contact the Lincoln Extension Office if you are planning to register for an event, and we can assist with determining how to apply the award to registration fees due.

**Booster Event Scholarships:** The 4-H Boosters offer scholarships which cover half of the registration expense to attend a state 4-H event. Youth must apply every year by October 1 to be eligible. Winners are announced at the Achievement Celebration.

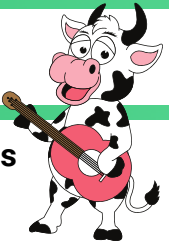
**Self-Determined Scholarships:** The 4-H Boosters offer these scholarships with the purpose of supporting clubs and/or individuals throughout educational and project learning experiences. Scholarships are considered on a case-by-case basis when applications are submitted.



# MITCHELL COUNTY 4-H

## POST ROCK DISTRICT NEWSLETTER

**Tonia Underwood, 4-H Program Coordinator**  
(785) 738-3597      [tiunderw@ksu.edu](mailto:tiunderw@ksu.edu)



### Small Animal Weigh-in

Small animal weigh-in is on Wednesday, April 10 from 4:00 to 6:00 p.m. at the Mitchell County Fairgrounds.



This weigh-in is for market sheep, swine, and goats and you must attend to be in the rate-of-gain contest. Bucket calves, dairy goats, dairy cattle, breeding animals, and state nomination (EID verification) animals, etc. can also come to get tagged. If you are NOT planning to come to weigh-in please let the Extension Office know.

Mitchell County 4-H tags are free; \$3.50 for beef EID tags and \$2.75 for small animal EID tags.

### Senior 4-H Scholarships Due May 1

Graduating seniors are eligible to apply for multiple 4-H scholarships! Find the applications at the Post Rock District 4-H > Awards and Recognition > [Education Scholarship website](#).

### 4-H Council Meeting



Mitchell County 4-H Council will meet at Great Plains R&D Meeting Room in Tipton on Monday, May 20 at 7:00 p.m.

### Day Camp Save the Date

Mitchell County Day Camp is on Tuesday, June 4, from 8:00 a.m. to Noon. 4-H teens are planning a fun day. We can use more volunteers on the committee if you want to get involved. More information to come!

### Tonia's Office Hours

Tonia plans to be in the Beloit Office on most Tuesdays or by appointment! If you need something, please call or email!



## FAIR

### Dancing With The Steers

July 24- 27, 2024



- Pre-Fair Entry Deadline: July 8
- Foods and Visual Arts Judging: July 22 morning
- Sewing and Textile Design and Shopping in Style (previously called construction and buymanship) Judging: July 22 afternoon
- Public Fashion Revue: July 26
- Fair will begin one day earlier than last year. The beef show will be on Wednesday, July 24.
- The full schedule is being finalized, and we'll send an email out when it is complete!

### Project Add/Drop Deadline is May 1



Deadline for enrolling in projects in 4-H Online is May 1. You can only take exhibits to fair in projects you are enrolled in! Email Tonia if you need to change projects or call the Extension Office.

### Premium Auction at County Fair

Mitchell County Premium Auction committee rules have not changed. Market animals sold through the Mitchell County 4-H/FFA Premium Auction will be eligible to be shown at the Kansas State Fair and Kansas Junior Livestock Show.

### 4-H Fair Superintendents Needed

The only way fair is successful is with the help of volunteer superintendents. Tasks vary from project-to-project, yet generally superintendents help with check-in, assist with paperwork, and set-up the displays. Mitchell County is looking for superintendents for Visual Arts, Photography, Horticulture & Landscape Design, Woodworking, Ag Mechanics Welding, and Small Engines. If you would like to be a Superintendent for any of these areas, please call the Extension Office at 785-738-3597 or email Tonia at [tiunderw@ksu.edu](mailto:tiunderw@ksu.edu).



# OSBORNE COUNTY 4-H

## POST ROCK DISTRICT NEWSLETTER

Kim Naber, 4-H Program Coordinator  
(785) 346-2521 kimn@ksu.edu

### 2024 OSBORNE COUNTY SMALL ANIMAL WEIGH-IN & TAGGING



**Sunday, April 28, 2024**  
5:00 - 6:30 p.m.



Osborne County Fairgrounds

Small Animal Weigh-in for swine, sheep and goats is optional. Any 4-H/FFA member wishing to participate in the Rate of Gain contest will need to bring their project to weigh-in.

### OSBORNE COUNTY FAIR AND STATE EID TAGS

County fair livestock tags are available in the office for purchase and will also be available at Osborne County weigh-ins. Please note that EID tags required for livestock projects nominated for the Kansas State Fair Grand Drive shows and/or Kansas Junior Livestock show, can no longer be sold over the counter. A Post Rock District staff member must be present and observe all EID tags being placed in the animal's ear. Beef EID tags are \$3.50 each and small animal EID tags are \$2.75 each.

### 2024 OSBORNE COUNTY FAIR INFO

Get the Fair Dates on your calendar!  
**July 24 - 27, 2024**

Fair Theme - **DANCING WITH THE STEERS**

Deadline for animal and project ownership and Fair Entry registration is **July 8th**.

The schedule for the 2024 Osborne County Fair 4-H events and a draft of the 4-H/FFA division fair book can be found on the Post Rock District website. Here is the link to the fairbook: [www.postrock.k-state.edu/4-h/county-fairs/osbornefair/](http://www.postrock.k-state.edu/4-h/county-fairs/osbornefair/)

### GRAND CHAMPION DONOR COLLECTION

Please work towards collecting all Grand Champion fair award donations by **May 1**. Check with your club leader for details.

**ACT NOW** 

### 4-H PROJECT ENROLLMENT DUE MAY 1 IN 4-H ONLINE

Log into your 4-H Online account to review and update your projects. There were some project name changes so please check these changes to make sure you are enrolled in all the projects you plan to exhibit at the 2024 Osborne County Fair in the 4-H/FFA division. **May 1 is the final date to add projects.** Here is the link to 4-H Online: <https://4honline.com/#/user/sign-in>  
Contact Kim if you need assistance.

### OSBORNE COUNTY 4-H COUNCIL NEWS

#### Upcoming 4-H Council Dates

April 16 | 7:00 p.m. | Osborne Extension Office  
June 3 | 7:00 p.m. | Osborne Extension Office



### UPCOMING OSBORNE COUNTY 4-H COUNCIL DAY CAMP



Osborne County 4-H Council is planning a "Survival" themed Day Camp on Tuesday, **May 28th** at the Osborne Scout Cabin in the morning. This day camp is for elementary aged youth. More information will be shared soon. Watch the [Post Rock District 4-H Insider Experience Facebook page](#) for more details and registration information.

### SHOUT OUT TO OSBORNE COUNTY 4-H VOLUNTEERS



April 21 - 27 is National Volunteer Week. Please make an effort to thank all of the volunteers who give their time and talent to help our 4-H youth grow and shine!

### VISITING THE OSBORNE OFFICE

The Office Professional position in Osborne is still vacant. Please call ahead if you need to visit the office. Thanks in advance for your understanding!



# SMITH COUNTY 4-H

## POST ROCK DISTRICT NEWSLETTER

Risa Overmiller, 4-H Program Coordinator  
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### THANK YOU !

To all the 4-Hers and parents who helped with 4-H Day in Smith Center! We could not host this without your help. We are so proud of how you all did in your talks, musical instruments, skits, and judging.

### Storm Hockey 2024



### Small Weigh In --

Sunday, April 28, 3 - 4 p.m.  
Smith Co. Fairgrounds

We have weigh in for beef, sheep, and goat; however, it is not mandatory. To compete in the rate-of-gain you must be at a weigh in. If you are needing an "EID" tag, these can not be picked up in the Extension Office as a Post Rock employee must see the animal being tagged. This is a new State 4-H policy. You will need to attend one of the district animal ID scheduled events or contact the Extension Office for the EID tags. If you are needing a "county" tag, these can be picked up in the Extension Office and tagged by the member.

**YQCA**  
YOUTH FOR THE QUALITY CARE OF ANIMALS  
April 1, 2024 SC  
Courthouse 1 p.m.



### Important Dates:

April 1 - YQCA at the SC Courthouse 1 p.m.

April 14 - SunPorch Activities 3:30 p.m.

- 4-H Council at 4:30 p.m.

April 28 - Small Animal Weigh-in & tagging 3 - 4 p.m.,  
Fairgrounds

May 1 - Project Drop/Add Deadline in 4-H Online

July 1 - Pre-fair entry deadline, forms due to the office

July 18-22 - Smith Co. Free Fair - Wild About the Fair

\*\*\*\* Please check your email for a list of your child's projects they are enrolled in and update as needed. If you need help contact the Extension Office at 785-282-6823

### Fair Junior Leaders and Ribbon Handlers

Any 4-Her 12 and older can sign up to be a junior leader in any project area at the fair. They will need to be there at judging to help the superintendent and the judge. Any 4-Her can be a ribbon handler for a project area. They will need to be there during and after judging to help handout or put ribbons on projects. Please email Risa to let her know what project area you can help in and what job you would like to have.

### Super Saturday Judging



# POST ROCK DISTRICT 4-H NEWSLETTER

## STATE AND DISTRICT NEWS



### PROJECT ENROLLMENT DUE MAY 1 IN 4-H ONLINE

Log in to [4-H Online](#) or contact your local Extension Office to review and update your projects! 4-H project experiences, opportunities and reminders are communicated to you by local and state 4-H staff based on your project enrollment and contact information in 4-H Online. **May 1 is the final project drop/add deadline if you want to exhibit in a respective project area at the county fair.**

### COMMIT TO FAIR PROJECTS BY MAY 1

In order for high quality project learning to take place through 4-H/FFA, projects (animals and non-animals) are recommended to be owned during the spring (ideally before May 1). This provides the young person a great opportunity to develop valuable life skills through 4-H/FFA project learning experiences in preparation for the county fair's showcase events. All exhibits entered in the 4-H/FFA division of a county fair must be the handiwork of the exhibitor; the grower, where agricultural exhibits are shown; and the owner and feeder, where livestock is entered. All exhibits entered in the 4-H/FFA division of a county fair must be the result of the current program year's work. Ownership is defined so that the project (animal, garden, crop, exhibit creation, sewing, photo, etc.) is under the daily care and supervision of the member; all project-related practices, expenses, and management are the responsibility of the member; and all county fair exhibits should be a planned part of the project.

### PRE-FAIR ENTRY DEADLINE: PROJECT VERIFICATION

Each 4-H Council in the Post Rock District will designate a pre-fair entry deadline. *The pre-fair deadline is when all project exhibits must be designated for the class which will be shown at the county fair.* Entries can be dropped, but not added after the pre-fair deadline. Any project areas not required by 4-H Council to meet the pre-fair entry deadline will submit entry requirements at the project's fair check-in time. The 4-H Council will have an exhibit entry card or form designated in the fair book which will be used to meet the entry requirements for each project area. This will be used to describe the exhibit and articulate class of exhibition.

- Check your county's 4-H newsletter page to find the pre-fair entry deadline set for your respective county fair. This is a very important date to have marked on your calendar if you want to exhibit a 4-H/FFA project (animal and non-animal) at the county fair!

### SET GOALS BY MAY 1

Setting measurable goals helps guide youth through a high quality 4-H project learning experience. If you haven't yet, May 1 is a good deadline to set to make sure you have clear goals for each enrolled 4-H project. This will help you focus your learning during the summer months. Use the [Kansas 4-H Setting 4-H Project Goals](#) resource to help you, or complete the goal section of your [Project Record Report](#) form.

# POST ROCK DISTRICT 4-H NEWSLETTER

## STATE AND DISTRICT NEWS

### SAFE TRACTOR AND MACHINERY OPERATION TRAINING IN BELOIT ON APRIL 20



Register for  
Safety Training  
Today!



The National Safe Tractor and Machinery Operation Program (NSTMOP) is designed for 14- and 15-year-olds seeking employment in production agriculture. Core content areas focused on during the one-day training include: safety basics, agricultural hazards, tractors, connecting and using implements, materials handling, and more! Students are certified after successfully passing a knowledge test at the training and doing both an operating skills test and a driving test administered by the employer.

The cost to participate is \$15 due to your local Extension Office. Prior to the course, each participant needs to pick up a manual from the Extension Office. You will also need to complete a pre-test before attending the training event. Direct questions to Blaire Todd at [blairet@ksu.edu](mailto:blairet@ksu.edu) or 785-738-3597. The flyer is on the [Post Rock District website](#). Register online at <https://bit.ly/2024-tractor-safety> or follow the QR code. The registration deadline is one week before the date you plan to attend. Training dates in the region include:

**April 20** - Beloit at Carrico Implement

**May 4** - Great Bend at KanEquip

**April 27** - Washington at Bruna Implement

**May 23** - Salina at Great Plains Manufacturing

### REGISTER FOR DISCOVERY DAYS

Discovery Days will be June 5-7 at the K-State Campus in Manhattan. The exciting event is for youth ages 13-18 years old. Post Rock District will provide a staff chaperone and transportation to and from Discovery Days. At Discover Days, youth learn new ideas, techniques, and skills they can use personally and in their 4-H clubs or groups and communities. Participants will gain in-depth training through hands-on educational sessions from content and youth development experts. Discovery Days will prepare youth to make informed decisions about their careers and college path, and so much more! Register by May 5. Sign-up early to have the best choice of sessions. Find the schedule, sessions, and online registration link at the [Kansas 4-H Discovery Days website](#). After registering, you will need to pay your local 4-H Council your registration fee.



Register early  
for more class  
selections!

### SPRING SHOWS AND YOUTH LIVESTOCK OPPORTUNITIES

The [K-State Youth Livestock Program's website](#) dedicated to sharing youth livestock events and learning opportunities is [www.asi.k-state.edu/extension/youth-programs/events/](http://www.asi.k-state.edu/extension/youth-programs/events/). Most events are not sponsored by KSRE or 4-H. Contact each listed event contact with your questions.



# POST ROCK DISTRICT 4-H NEWSLETTER

## STATE AND DISTRICT NEWS



### APRIL IN-PERSON TRAININGS IN SMITH CENTER AND SYLVAN GROVE

Youth for the Quality Care of Animals (YQCA) is a national, multi-species youth livestock quality assurance program that covers food safety, animal well-being, and character development. All 4-H and FFA members involved in livestock projects are encouraged to complete YQCA training. All ages are invited!

**Monday, April 1 at 1:00 p.m.**

#### Smith Center

- Location: Courthouse Basement
- Instructor: Risa Overmiller, [overmiller@ksu.edu](mailto:overmiller@ksu.edu)
- YQCA Course Title: Smith Co. YQCA

**Saturday, April 27 at 12:30 p.m.**

#### Sylvan Grove

- Location: Sale Barn
- Instructor: Blaire Todd, [blairet@ksu.edu](mailto:blairet@ksu.edu)
- YQCA Course Title: Lincoln County Training
- Lincoln County 4-H Council is sponsoring food for participants.

**RSVP:** Register in advance of your class at the national YQCA website. Before selecting a class online, you will need to log into a family account. Register at <https://yqcaprogram.org/>



**Cost:** \$3 per child paid online through the national YQCA website

**Pre-Test:** Participants need to complete the pre-test online BEFORE attending class in order to earn a YQCA certificate.

**How-to Tips:** Find a helpful 'how-to-register' guide on our Post Rock District 4-H YQCA page: [www.postrock.k-state.edu/4-h/yqca/](http://www.postrock.k-state.edu/4-h/yqca/)



### LIVESTOCK CLINIC IN RUSSELL ON APRIL 20

Russell County 4-H is hosting a Spring Livestock Clinic on Saturday, April 20. Check in will start at 1:00 p.m. and sessions will be at 1:30 p.m., 2:30 p.m., and 3:30 p.m. The clinic will be held at the Russell 4-H Building (702 Fairway Dr). There are five classes available (beef, sheep, goats, poultry, and rabbits). Participants do not bring animals, all species are provided by presenters. There will be three rotations, with each rotation being one hour long. Each member can attend up to three sessions. This event is free for 4-H members and non-4-H members to attend, but online registration is required by April 14 at [https://kstate.qualtrics.com/jfe/form/SV\\_3ayYEFJ7zH9z0](https://kstate.qualtrics.com/jfe/form/SV_3ayYEFJ7zH9z0). Direct questions to Karrie, [karrievan@ksu.edu](mailto:karrievan@ksu.edu), Midway Extension District.



**Register by April 14!**

### ANIMAL SCIENCE LEADERSHIP ACADEMY: APPLY BY APRIL 15

Applications are now open for the 2024 K-State Animal Science Leadership Academy. The goal of this academy will be to further develop young leaders within the livestock industry and prepare them for a successful future in this field. The four-day experience for selected teens is hosted by the K-State Department of Animal Sciences and Industry. In 2024 the program will be held June 5-8. Applications must be postmarked by April 15. Find all the details at the [KASLA event website](#).

# POST ROCK DISTRICT 4-H NEWSLETTER

## STATE AND DISTRICT NEWS

### NW AG AMBASSADOR PROGRAM: APPLICATION DEADLINE EXTENDED TO APRIL 15

The Northwest Kansas 4-H Agricultural Ambassador Program is continuing to accept applications until April 15 (DEADLINE EXTENDED!). The ambassador program will be a premier leadership opportunity for youth ages 13 to 18 (current 8th grade through Senior in high school) who are passionate about agriculture and are willing to complete a one or two-year term. The program focuses on connecting youth with their local agricultural industries, exploring the richness and diversity of Kansas opportunities, developing ag advocacy skills and fostering educational mindsets, and increasing access to career and post-secondary experiences within the agriscience world. Participation/membership in 4-H is not required.

For more information, a copy of the flyer, and to view the application process, visit the Twin Creeks District website at: <https://www.twincreeks.k-state.edu/youth-ag/index.html>.

For questions about the program, contact Twin Creeks District Youth Agriculture Agent, Jenilee Godsey. (Phone: 785-421-3411, Email: [jenileem@ksu.edu](mailto:jenileem@ksu.edu)).



**DO YOU HAVE A  
PASSION FOR AGRICULTURE?  
ARE YOU AGES 13-18 AND INTERESTED IN  
FURTHERING YOUR LEADERSHIP ABILITIES?**



### LIVESTOCK FAIR MANAGEMENT CLINICS ON APRIL 15 AND 18

The K-State Livestock County Fair Management Clinic will take place virtually on April 15 and April 18. The clinic is designed for county fair board members, superintendents, and volunteers involved in local livestock fair management and leadership. The program consists primarily of an open forum discussion for individuals working with livestock at their local fairs. Although some of the topics can be applied generally to the county fair, this program focuses on the livestock perspective and projects. The clinic has been divided over two evenings, with different topics being covered each night. After kicking off with a general session, we will be breaking out into round table discussions, so it would be advantageous for counties to have several individuals attend. Register for the virtual clinic by April 8 at [https://kstate.qualtrics.com/jfe/form/SV\\_2nLMofH3lkeU182](https://kstate.qualtrics.com/jfe/form/SV_2nLMofH3lkeU182).

### STATE FAIR ANIMALS

Exhibiting an animal beyond the 4-H division at a Post Rock District county fair means that ownership and identification must meet the requirements outlined by the specific show's governing body. The 4-H member is responsible for understanding the deadlines and expectations involved.

- Contact your local Extension Office as soon as possible if you are considering showing at the Kansas State Fair, so we can share resources to help you navigate the process.
- If your animal species doesn't classify for state livestock nomination, visit the [Kansas 4-H State Fairbook](#) for important ownership, verification, and exhibition deadlines and details.

# POST ROCK DISTRICT 4-H NEWSLETTER

## STATE AND DISTRICT NEWS

### STATE LIVESTOCK NOMINATIONS - QUICKLY APPROACHING DEADLINES!

All market animals and commercial females you would like to be eligible for the Kansas State Fair Grand Drive and/or Kansas Junior Livestock Show (KJLS) must be nominated. The [Kansas Youth Livestock Program](#) website outlines the [State Livestock Nomination Process](#) under the "Nomination Information" tab. Families are highly encouraged to use the resources available, especially the [Rookie Guide](#).

The nomination process transitioned to an online system in 2022, so there are no longer physical forms for families to complete and mail. Families will purchase DNA envelopes in advance, submit their animal and exhibitor information online, then mail their completed and signed DNA samples by the deadline. Extension Agents and FFA Advisors will approve nominations online. Exhibitors who nominated animals in past years (2022 or 2023) need to use their existing ShoWorks account. Those who need help accessing their account may request a password reset through ShoWorks or contact the [Kansas Youth Livestock Program](#) for assistance. Returning exhibitors should not create a new account. The ShoWorks website is <https://kansasnom.fairwire.com/>.



**KANSAS  
YOUTH LIVESTOCK  
PROGRAM  
WEBSITE**

#### Grand Drive and KJLS Important Dates:

- April 20: Last Day to Order Beef DNA Envelopes
- May 1: Market Beef Nominations Due & DNA Postmarked
- June 5: Last Day to Order Small Livestock DNA Envelopes
- June 15: Small Livestock Nominations Due & DNA Postmarked
  - Market Swine, Commercial Gilt
  - Market Lamb, Commercial Ewe
  - ALL Meat Goat (Market & Breeding)
- June 15: Commercial Heifer Nominations Due
- June 15: Registered Breeding Heifer Papers in Exhibitor's Name
- June 15: Registered Breeding Gilt Papers in Exhibitor's Name
- July 1: Registered Breeding Ewe Papers in Exhibitor's Name
- July 15: Kansas State Fair Grand Drive Entry Deadline
- July 25: Kansas State Fair Grand Drive Late Entry Deadline
- August 15: KJLS Entry Deadline
- August 25: KJLS Late Entry Deadline
- September 6 - 8: Kansas State Fair Grand Drive
- September 27-29: Kansas Junior Livestock Show

### LIVESTOCK TAGGING (EID) FOR STATE NOMINATIONS

Post Rock District will no longer sell Kansas 4-H EID tags over-the-counter at our Extension Offices. The state requires our staff to approve all State Nominations for livestock, and part of that approval process is confirming that we have physically seen each Kansas 4-H EID tag in your livestock animal's ear at tagging time (photos and over-the-counter sales do not qualify). Plan to attend your county's tagging and verification event (i.e. weigh-in). While you must attend your county's weigh-in for your respective county fair's rate-of-gain contest, any Post Rock District event can be attended to verify tagging of state-level EID tags for the nomination process.

# POST ROCK DISTRICT 4-H NEWSLETTER

## STATE AND DISTRICT NEWS

### STATE 4-H SUMMER ACTIVITIES FOR PROJECT LEARNING

Kansas 4-H is planning a lot of exciting activities across the state to help you dive into project learning. State 4-H events each have a dedicated webpage where the latest information is posted as it becomes available: [www.kansas4-h.org/events-activities/](http://www.kansas4-h.org/events-activities/). It's also recommended to watch the [Kansas 4-H Facebook page](#) for important announcements about state events!

- [Geology Field Trip](#) is June 14-16 in Northwest Kansas
- [Insect Spectacular](#) is June 21-22 in Hays
- [State Horticulture Judging Contest](#) is August 10 in Manhattan
- [Wheat Expo](#) is August 12 in Manhattan
- [Livestock Sweepstakes](#) are August 17-18 in Manhattan

### K-STATE MANHATTAN SUMMER CAMPS

Every summer, K-State hosts summer programs designed to educate and inspire youth in a variety of academic, athletic and extracurricular endeavors. Participants have the opportunity to further their education and skills while experiencing life at K-State. Check out the amazing opportunities at [www.k-state.edu/summer/camps/](http://www.k-state.edu/summer/camps/)... a few are listed below!

- [Vet Med ROCKS Summer Camp](#)
- [Young Writers' Workshop](#)
- [Health Professions Exploration Program](#)
- [Farm to Fashion Camp](#)
- [Feeding Your Future Summer Camp](#)
- [GROW Summer Workshop](#)

### K-STATE SALINA STEM SUMMER CAMPS

Experience the power of K-State Salina when you attend any of our hands-on, interactive summer camps! With topics ranging from unmanned aircraft systems to robotics to aviation, there's something for everyone! Kansas State Aerospace and Technology Campus summer programs are learning based programs for K-12 students. Explore the variety of offerings at [www.salina.k-state.edu/academics/youth-programs/summer/](http://www.salina.k-state.edu/academics/youth-programs/summer/).

### 4-H CAMP AT ROCK SPRINGS RANCH

Explore 2024 Kansas 4-H Camp sessions at [www.rockspringsranch4hcamp.org](http://www.rockspringsranch4hcamp.org). There are overnight camps, leader in training camps, specialty camps, and family camps to explore adding to your summer fun! Register directly with Rock Springs Ranch through the website.

### PLANT SCIENCE RANGE CAMP

The Kansas Range Youth Camp will be June 11-14 for high school youth. Learn range plant identification, plant growth, stocking rate determinations, livestock nutrition, rangeland wildlife management, and much more! Learn more at the [camp's website](#).

### K-STATE LIVESTOCK JUDGING CAMPS

K-State is offering summer judging camps designed for teens who are seriously interested in enhancing their livestock judging and oral communication skills. Workouts will be conducted similar to those at a collegiate level. Details are on the [Champions Livestock Judging Camp website](#).

# POST ROCK DISTRICT 4-H NEWSLETTER

## STATE AND DISTRICT NEWS

### DOG PROJECT PRACTICES

Post Rock District's 4-H Dog Project Leader, Kelli Burrus, will be hosting spring Dog Project meetings on Sundays - April 14 and 28 - at 3:00 p.m. at the Osborne County Fairgrounds covered arena. 4-H members can work with their dog on showmanship, obedience and rally obedience, and/or prepare for the 2024 Post Rock District 4-H Dog Show which will be July 22. There will also be a dog project workshop and state fair 4-H qualifying dog show in Phillips County on June 22 (more details to come). Contact Kim Naber with questions at [kimn@ksu.edu](mailto:kimn@ksu.edu).

### COUNTY FAIR LIVESTOCK WEIGH-IN

If you are enrolled in a livestock project, it is HIGHLY RECOMMENDED to bring your animal to the weigh-in events because attending can assure you are understanding of and ready to meet all exhibition requirements (so you won't be disqualified at fair); you can connect with other adults and youth in the project for support, encouragement, and assistance throughout the year; and you can get many of your questions answered. You must attend weigh-in to participate in your county's rate-of-gain contests for eligible species. Check your county's newsletter page for more details.

### FFA PARTICIPATION AT POST ROCK DISTRICT COUNTY FAIRS IN 4-H DIVISION

Post Rock District supports FFA member participation in the 4-H division of the county fair. To meet the Post Rock District's project enrollment drop/add deadline, FFA members need to identify what project areas they will be participating in by May 1, 2024. They will also share important contact information to assist the Post Rock District with providing communication to and supporting the youth in their participation. The earlier FFA members sign up, the more they can be included in communication about upcoming weigh-ins, deadlines, etc. Sign up by completing the online form at <https://bit.ly/FFAParticipationIn4HDivisionAtCountyFair>.

### CONTINUING EDUCATION SCHOLARSHIP APPLICATIONS DUE MAY 1

If you are continuing your education after high school, there may be a local scholarship opportunity you are eligible for as a 4-H member. Find applications and details on the [Post Rock District's Education Scholarship's website](#). Many of these scholarships have a May 1 deadline!

### SENIOR SHOUT OUTS!

We want to celebrate our graduating high school seniors! We're going to dedicate shout outs to each senior on our [Post Rock District 4-H Facebook page](#). It is optional to be included. If interested, please email Tonia, [tiunderw@ksu.edu](mailto:tiunderw@ksu.edu), the following:

- 1) A photo or two (senior photo, favorite 4-H photo, or throwback childhood photo)
- 2) A quote or message (why you love 4-H, how you have benefited from being involved in 4-H, favorite 4-H memory, or a quote that has guided you through the years)



# POST ROCK DISTRICT 4-H NEWSLETTER

## STATE AND DISTRICT NEWS

### CELEBRATE VOLUNTEERS IN APRIL

National Volunteer Week is April 21-27. This is an excellent opportunity for your family or club to execute a plan to recognize volunteers in your community and county. 4-H is successful because of contributions from our amazing volunteers! Write a special thank you note, put an ad or story in the newspaper, bake a special treat to share, go out of your way to make a personal visit, post a shout out on social media, make an announcement at a ball game, record a radio ad, create a window display, hang gratitude posters throughout town, invite guests to your next meeting, have an appreciation party, etc... there are many unique ways to show caring volunteers they are valued!

#### When should you write a thank-you note?

*If you are unsure of whether or not to write a thank-you note... Write one!*

**Saying *Thanks*  
costs nothing  
yet gives  
everything...**

- After receiving a gift, donation or service
- After attending a job interview
- After someone donates to a cause in your name
- After someone goes above and beyond the expected
- After someone writes a letter of recommendation for you
- After someone helps you with a project or endeavor
- If you want to make a good impression
- If someone deserves recognition for a good deed

**A good thank-you note has seven main components:**

Dear Maxwell Dowley,

Thank you for volunteering as the entomology project leader for the Sunshine 4-H Club. I appreciate learning about insects with you at the meetings. I really like looking at the bug parts under your microscope. I plan to grow a garden this summer. I know my knowledge about insects will help keep my produce healthy. I'm having a blast in 4-H this year. I'm building my leadership skills because I am on the committee planning service activities to help others. Thanks again for sharing your interests and time with my 4-H club.

Sincerely,

Rockie Menderson

**1) A greeting to the recipient.**

**2) The specific reason you are thanking them.**

**3) The reason why you appreciate them.**

**4) How you plan to use the gift or why the act of service was important to you.**

**5) A detail about yourself, an update on your life or a positive comment.**

**6) A repeat of your thank-you.**

**7) A closing and signature of your name.**

Learn more helpful tips at: [\*The Seven Steps to a Great Thank-you Note\*](#) by Michigan State University Extension

# POST ROCK DISTRICT 4-H NEWSLETTER

## STATE AND DISTRICT NEWS

### INSECT ART CONTEST ENTRIES DUE APRIL 15

"Incognito: Insects in Disguise" is the theme of KSU Pesticide Safety and IPM program's annual insect-themed art contest. The entry deadline is April 15. For complete details, visit the [KSU IPM website](#).

### SHOOTING SPORTS PRACTICES AND STATE QUALIFIERS

There are a variety of 4-H shooting sports activities planned for the spring by our Post Rock District certified instructors. Youth properly enrolled in the respective disciplines will receive emails sharing about practices. Youth are required to participate in practices and learning experiences with a certified instructor in order to be eligible to compete. Contact Tonia at [tiunderw@ksu.edu](mailto:tiunderw@ksu.edu) if you have questions.

Post Rock District is organizing an Archery Qualifier to take place at Waconda Lake the morning of Sunday, July 21. There will not be a qualifier as part of the Lincoln County Fair this year. Youth must qualify in shooting sports disciplines in order to attend a state match. Qualifiers scheduled around the state are posted at the [Kansas 4-H Shooting Sports website](#) as information becomes available. Save the date. More details to come.

### SHOOTING SPORTS INSTRUCTOR TRAINING IN MAY

Post Rock District is in need of more certified instructors for our shooting sports program. Kansas 4-H is hosting the required training at Rock Springs Ranch near Junction City on May 3 - 5. If you are interested in instructing 4-H Archery, BB gun, Air Pistol, Air Rifle, Small Bore Rifle, Muzzleloader, or Hunting Skills please contact Tonia Underwood, our certified shooting sports coordinator, at [tiunderw@ksu.edu](mailto:tiunderw@ksu.edu) no later than Noon on April 1, so we can help you through the process.

### VOLUNTEER TRAINING IN SALINA ON APRIL 20

Kansas 4-H is hosting "Spring Into Volunteering" at K-State Salina on Saturday, April 20. This experience is for current and interested club leaders, project leaders, and volunteers. Topics include: Understanding the 4-H Thrive Model, Record Books, Facilitating Sparks in Special Interest Clubs, Hands-on Learning Techniques, and more! Fee is \$20 and includes lunch. Pay your fee to the 4-H Council at your local Extension Office by the registration deadline. April 1 is the deadline to [register online](#). Find details on the [Kansas 4-H event website](#).

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact four weeks prior to the start of the event. Post Rock District staff and office contact information is available at [www.postrock.ksu](http://www.postrock.ksu). Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.

**Kansas State University Agricultural Experiment Station and Cooperative Extension Service**

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